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Chit Chat

November 2026

Volume 94

Five Star Rating

★ ★ ★ ★ ★

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Turkey on the table,
Cranberries in a bowl,
Gravy making rivers
As the dinner rolls.
We loosen every button,
Then reach for pie once more,
Thankful for leftovers
Waiting by the door!
After dinner, dishes wait,
While leftovers chill,
We nap beside the pumpkin pie,
And somehow find room still!



The Chit Chat Staff
Editor, Jocelyn Silver,
Director of Activities

Additional Support Staff
Janet McDonald, Nancy Bennett
and Diana George

Birthdays and Anniversaries

Residents Birthdays



1.	Carolyn H.	11/6
2.	Denise R	11/13
3.	Daniel P.	11/14
4.	Rodney J.	11/14
5.	Rosemary S.	11/16
6.	Lorraine C.	11/16
7.	Dorothy Y.	11/17
8.	Jean W.	11/22
9.	Kathleen C.	11/22
10.	Bernice S.	11 /30

Staff Anniversaries

1.	Christie K.	Dietary	11/6	13 yrs
2.	Laura M.	Nursing	11/3	12 yrs
3.	Charles S.	Dietary	11/8	9 yrs
4.	Karen M.	Dietary	11/7	8 yrs
5.	Kimberly M.	Dietary	11/9	8 yrs
6.	Nathan K	Dietary	11/7	8 yrs
7.	Cynthia A.	Acct. Admin .	11/13	7 yrs
8.	Allen B.	Dietary	11/20	7 yrs
9.	Susan G.	Nursing	11/7	3 yrs
10.	Kahayilia B.	Nursing	11/19	2 yrs
11.	Nancy S.	Security	11/4	1 yr
12.	Ashley G.	EVS	11/11	1 yr
13.	Cheyenne W.	GNA Student	11/11	1 yr



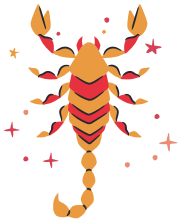
Sagitarius

November 22nd - December 21st

Sagittarius is an extrovert, always optimistic, full of enthusiasm, and ready for change. Sagittarians are on a perpetual quest for knowledge, which makes them incredible storytellers, entertainers, and creatives.

Scorpio

October 23rd -November 22nd



Elusive and mysterious, Scorpio is one of the most misunderstood signs of the zodiac. Scorpio is a water sign that uses emotional energy as fuel, cultivating powerful wisdom through both the physical and unseen realms. In fact Scorpio derives extraordinary courage from it psychic abilities, which is what makes this sign one of the most complicated and dynamic of the zodiac

Staff Birthdays

1.	Susan G.	Nursing	11/2
2.	Gene G.	Central Supply	11/3
3.	Candice S.	Nursing	11/4
4.	Craig P.	Maintenance	11/4
5.	Shantell C.	Nursing	11/5
6.	Nancy B.	Admissions	11/9
7.	Brenda J.	Nursing	11/12
8.	Happiness O.	Nursing	11/14
9.	Shelia K.	Nursing	11/15
10.	James H.	Dietary	11/18
11.	Theresa M.	Nursing	11/19
12.	Rahab M.	Nursing	11/20
13.	Gail S.	EVS	11/22
14.	Donald P	Dietary	11/27
15.	Agatha M.	Nursing	11/30

Staff Recognition



Congratulations to our very own Craig in Maintennance for winning this quarters Ceca Award. Craig is an asset to his department as well as the other dept. he helps out when he can. Our residents just love Craig. When he is going about his normal day doing his duties. He doesn't hesitate to lend a listening ear to a resident. Or, to jump right in and help transport residents back from activities. Pictured above are two of our Board members Caroline H. and who decide who wins from the nominations submitted.



Josette received the Gratitude Gift for nominating the winner and a gift card.



Sally was honorable Mention A and a gift Card. Tiffany from night shift received the second Honorable Mention and a gift card

Ceca Celebrating caregivers

Has a special Caregiver helped you Bloom?



The Ceca Award honors care worker for exceptional acts of care. If you know someone who went above and in service of a resident, patient, family member or guest, tell us about it!

Dear Residents, Family Member and Responsible Parties,

Caring for you is our top priority. We've partnered with the Ceca Foundation to help celebrate the exceptional acts of care achievements and successes of our teeam members in serving you. If any one on our team made your day a little brighter or had a lasting impact on you or your family, we would love to hear about it.

All of our team members are elegible to receive the Ceca Award, which includes public recognition and a cash award of $250. This includes those in both clinical (nurses, physical therapists, etc.) and non clinical (Dining wervices, Enviromental Services, Maintenance, Activities, Security and Administrative roles.

To recogni a caregiver, please follow these simple steps:

1. **Visit Ceca Award.org/Guest or download the Ceca Award smat phone app**
2. **Select our Organization**
3. **Complete the recognition form**

We look forward to reading your stories!

Many Thanks,

Ed Walter, Administrator,

Citizens Care and Rehabilitation Center.

SCAN ME

More Great Happenings at Citizens





Two separate trips were made to down town Havre de Grace for Rolling and Strolling. First we went to the Vintage Cafe for lunch and a delightful trip down memory lane at Bahoukas Antique Shop. Then we went to Coakley's for lunch in their handicapped accessed room. The food and service was fantastic in both establishments. They both welcomed us and accommodated us in everyway they could. A special shout out to Bahoukas, when they found out we were coming in they moved many items to make it handicapped accessible for all twenty of us walking through with wheelchairs. Thank you to all our Havre de Grace establishments for giving us two wonderful experiences.

Halloween Fun with Therapy





Check out the silly AI generated Album Covers and Haloween picture with the therapy staff!
We are greatful for all of them.



So Proud of Our Alzheimers Team

Thank you to our Alzheimer's Walk Team!

Well Done!







We met and passed this years goal. We continue to raise funds through November. Go Team!!!

Staff and Family News

Welcome New Staff Members
We are glad you are here!











From top to bottom, Brock in Dietary, Abigail in EVS, Olivia in Nursing, Kylie in Nursing and Jennifer in EVS
Thank you for Choosing Citizens.

Healthcare Academy®
eLearning and eCompetencies®

Now's the time to get them done!

Attention all Staff Members can you believe we are already in the month of November. That means you only have 7 months left to finish your Health Care Academy In-Services. Now is the time, why wait and have to push to get them done before June 30th. Just do a few a month.

Attention All Family Members

Fall is here and winter is just around the corner. This means the residents clothing needs to be changed out for winter wear. The residents have a limited amount of space to store their clothes. It is our hope that you will take the summer and spring items home to store them there rather than storing all of their clothes in our closet.

Remember Christmas is just around the corner as well and new clothes are a popular gift. Which adds to the amount of clothing they have. Please remember to mark every item with their name and room number. Also ask someone in nursing to provide you with an inventory sheet. Clothing can not be replaced if lost unless it is on the inventory sheet.



Halloween Fun in October






Residents had a lot of fun with Halloween pictures on Tidewater Cove. Here is just a little sample of there work.










Our residents had a blast with their shaving cream hats and cheese ball contest. The resident that had the fewest cheese balls on their head and the most Cheese balls on their apponents head was the winner. Well they were all winners on Trick or Treat Tuesday everybody got candy for their Treat and the the Trick was the Shaving Cream, Cheese Ball Hat.








Justin and 2 apprentices from Integrity Barbering in Bel Air came to give our men a SPA day. Thank you for making our men look great!

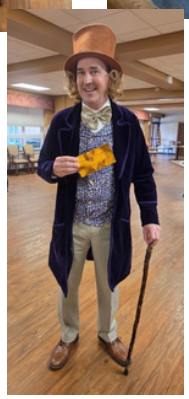
Thank you everyone who participated and made our Halloween celebration more fun!












NOVEMBER

Word Search

AUTUMN
BLACK FRIDAY
CHRYSANTHEMUMS
CINNAMON
CORNUCOPIA
CRANBERRY
CYBER MONDAY
DAYLIGHT SAVING
ELECTION
FAMILY
FIREPLACE
FOOTBALL
FRIENDSGIVING
GRATITUDE
HARVEST
HOT CIDER
NATIVE AMERICANS
PECAN PIE
PILGRIMS
POTATOES
PUMPKIN PIE
SCARVES
SCORPIO

R N Q S E O T A T O P D E H S A M M C H
F C O S W E A T E R S W B P C H D R N E
Z O S I Y A D N O M R E B Y C Y A S C N
R R J C T S T U F F I N G K A N M A R M
S N F Y A C K N N N L M R D B I L G N B
C U R L L R E Z T R X F I E R P T N M F
O C B I Q H V L Q X C R R G E O M I U R
R O V M H F W E E R F R L R P D E V T I
P P T A W T H L S K Y I I A Y L I I U E
I I L F D A X T C D P F Z K Q M P G A N
O A C H R Y S A N T H E M U M S N S Z D
R T D V R J L C B Z F V R Y T G A K W S
P N E G L B R M N N G O C E L Y C N J G
R S E D U T I T A R G Y O I D K E A M I
T T F C L P V M W M N C E T N I P H M V
S W E E T P O T A T O E S K B N C T X I
D A Y L I G H T S A V I N G R A A T T N
T N Y A D S N A R E T E V G B U L M O G
R T P U M P K I N P I E B T B K T L O H
N A T I V E A M E R I C A N S T B V F N



STUFFING
SWEATERS
SWEET POTATOES
THANKSGIVING
TOPAZ
TURKEY
VETERANS DAY

Movie Line Up for November

November

2nd 6:30 pm Movie, CAROLINA MOON, A trip down memory lane that is also a thriller.
3rd 6:30 pm Movie, GI BLUES, This is for all you Elvis fans out there. Listen to you favorite tunes by the King.
4th 6:30 pm CR Movie, HOW TO TRAIN YOUR DRAGON, Watch as a first made animated film turns into a stunning live action spectacle.
6th 6:30 pm Movie, ADOGS PURPOSE, An adorable and heartwarming film.
7th 4:30 pm Movie, THE SON, A troubled youth learns how to love and this film is a cautionary film from the director.
8th 4:30 pm Movie, PLUS ONE AT AN AMISH WEDDING, What happens wen a big city doctor is invited to her boyfriend's families wedding?
9th 6:30 pm Movie, FIELD OF DREAMS, If you believe in the impossible the incredible can come true.
10th 6:30 pm Movie, DR. STRANGE, After the Dr. is in a horrific car accident his hands are rendered useless. He travels to find help and winds up in the ancient arts of sorcery and mysticism. Never to be himself again.
11th 6:30 pm CR Movie, TICKET TO PARADISE, A couple of exes who find themselves on a shared mission: to stop their daughter from making the same mistakes they did.
13th 6:30 pm Movie, THE MONUMENTS MEN, Based on a true story. The film revolves around an unlikely World War II platoon, tasked with saving artistic masterpieces.
14th 4:30 pm Movie, THE TROWBACK, A hilarious journey of a middle aged couple stuck in the routine of raising their kids. Their lives take a wild turn when Mom experiences a post traumatic breakdown, regressing to her college days.
15th 4:30 pm Movie, MULAN, A fearless woman risks everything for her family.
16th 6:30 pm Movie, A WRINKLE IN TIME, This celebrated film follows an ordinary girl's epic adventure and brave journey home.
17th 6:30 pm Movie, WONKA, Discover how Willie became Wonka.
18th 6:30 pm CR Movie, IF, If has a massive heart who is determined to save the If's from being forgotten.
20th 6:30 pm Movie, CONCLAVE, This movie follows one of the most secretive and ancient events selecting a new Pope.
21st 4:30 pm Movie, DR. NO, Pure 007, A James Bond film.
22nd 4:30 pm Movie, IT ENDS WITH US, We break the pattern or the pattern breaks us.
23rd 6:30 pm Movie, CROSSROADS, Ex cowboy, war vet picks up a hitch hiker with trust issues.
24th 6:30 pm Movie, THE INTERNATIONAL, An action thriller for our times.
25th 6:30 pm Movie, LOST ON A MOUNTAIN IN MAINE, A true story about a 12 yr. old boy who separated from his family by a fast moving storm.
26th 6:30 pm Movie, GIVING THANKS, A Thanksgiving story about a widowed mother reuniting her family for Thanksgiving.
27th 6:30 pm Movie, I SAW THE LIGHT, The story of Hank Williams.
28th 4:30 pm Movie, CAPTAIN AMERICA, A Marvel Comic comes to life.
29th 4:30 pm Movie, ALICE THROUGH THE LOOKING GLASS, Alice in Wonderland with Johnny Depp.
30th 6:30 pm Movie, MURDER AT 1600, Tracking a White House homicide to the First Family's front door.



Volunteer News

Help others get ahead. You will always stand taller with someone on your shoulders.

Thank you young at Heart and the CCRC Guild Auxillary for the generous donation for the Bingo quarters.

Because of the all these generous donations we are fortunate to be able to keep up with the monetary bingo prizes given each week. Citizens is grateful for these friends that continue to give so freely.

Thank you volunteers Mike C., Marianne Y., Bill B. and Tom D. for assisting with Rolling and Strolling to Coakley's for lunch with the residents.

Thank you for gift shop donations: Ed W., Theresa G.and Bethany Q.





Volunteer Opportunities

1. ***Telephone Assurance Program (TAP) needs a committed volunteer to help make the calls to check up on those people who need a call each day to make sure everything is going well in their part of the world. Calls are made from the volunteer office between 9:00 am and 11:00 am. Saturday and Sunday. Training is provided.***
2. ***Gift Shop Volunteer is needed. Hours vary and are flexible .***
3. ***We are requesting two volunteers to escort 2 groups of carolers through the facility on December 17th. Report time would be at 6:15 pm at the front entrance. You should be finished by no later than 7:30 pm.***

Any questions pertaining to these volunteer opportunities should be made to Janet McDonald, Volunteer Coordinator, 410-942-2112



Citizens is Governed by a Voulnteer Board of Directors

The Board Membersare:

Wendell G Baxter
Jacob Bennett
Shobita DuBois
Mary Jones
Alex Lenowitz
Carol Lienhard
Rodney Swam
Cath Vincenti
Andrew Young
Kimberly Zavrotny

The Ombudsman in Harford County is...

Sharon Miller and she can be reached at the Office on Aging at 410-638-3025. She is able to help you work out any problems that you may have that you feel are not being addressed by the facility to your liking. She is hear to listen as a friend and make suggestions.

Managers Ready to Help you, are:

Administrator
Ed Water

Department Directors

Activities
Jocelyn Silver, ADC

Admissions
Nancy Bennett

Business Operations
Erin Bennett, CPA

Dietary
Darrick DeBoard Sr. CDM, CFPP

Environmental Services
Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources
Diana George

Medical Director
Dr. D. Basu

Nursing
Cassie Evering, RN

Risk Management
Renata Truant, RN

Social Work Dept.
Geraldine Nock

Volunteers / Public Relations
Janet McDonald

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but with to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 to 11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

Check us out on Facebook

Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.