

Citizens Care

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Points of interest

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Citizens  Care

*The Chit Chat Staff
Editor, Jocelyn Silver,
Director of Activities
Additional Support,
Janet McDonald and
Nancy Bennett*

Chit Chat

Volume 92— Issue September 2026

Citizens Care Center A "5 STAR" Facility



Changes of Autumn

*The green of summer fades away,
As crisp, cool breezes start to play.
Golden leaves begin to fall,
While school bells ring and children call.*

*Apples ripen on the bough,
The harvest season meets us now.
Bright reds and oranges fill the view,
Welcoming a season new.*

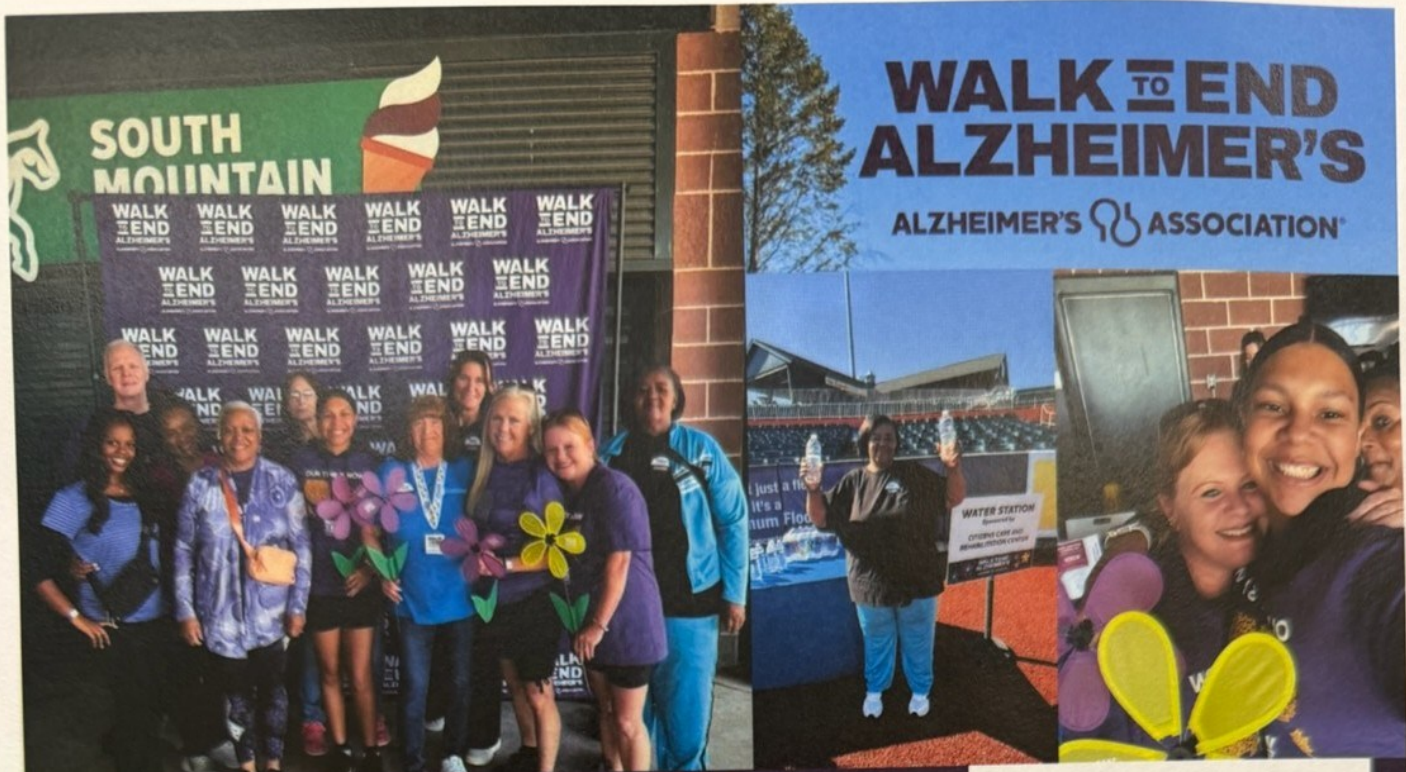
Family and Friends

You are invited to spend the evening with your loved ones for an Autumn Happy Hour on Friday September 18th from 5:00 pm to 7:00 pm. This program will be in the Chesapeake room. There will be live music by the amazing Annie B! Reservations are a must and the limit is three (3) guests per resident.

Please call Jocelyn Silver at 410-942-2126 to make your reservations.



It's Time to start planning and gathering sponsors.



**Join or Support the Citizens
Care and Rehabilitation Walk
to End Alzheimer's Team!**

Register or Donate via the QR Code

Contact Nancy, 410-942-2136

nancy_bennett@citizenscarecenter.com



**Harford/Cecil Walk to End Alzheimer's
Saturday, October 3, 2026**

Ripken Stadium - Aberdeen, MD

Event Site Opens - 9AM, Ceremony and Walk - 10AM



**WALK TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION



August 23—
September 22

The Virgo is creative, bright, adventurous, ambitious and capable. Virgo is also very loyal, witty, helpful and generous. They make the most awesome friends and are a pleasure to be around. They have an artistic eye, are highly accomplished and strive for excellence in all aspect of their lives.



Libra

September 23 –
October 22nd

Libras focus on balance, relationships and beauty.

Diplomatic: *Naturals at resolving conflicts.*

Charming: *Highly social with an easy, magnetic personality.*

Fair-minded:

Governed by justice and a desire for equality.

Idealistic:

Always looking for the best in people and situations.

Indecisive:

Weighing every side can make final choices difficult.



Staff September Birthdays

1. Kimberly M.	Nursing	9/3
2. Rita S.	Dietary	9/4
3. Bonface N.	Nursing	9/5
4. Thomas B.	Med. Dir.	9/8
5. Cathy M.	Nursing	9/8
6. Kylie G.	Security	9/11
7. Nathan K.	Dietary	9/12
8. Melanie W.	Nursing	9/12
9. Tara H.	Nursing	9/14
10. James B.	Dietary	9/15
11. Dana B.	Nursing	9/15
12. Sally W.	Nursing	9/18
13. Rosemond F.	Nursing	9/22
14. Zemirah G.	Nursing	9/25
15. Mamie B.	EVS	9/26
16. Barbara M.	Beauty Shop	9/27

September Residents

1. Diane J.	9/2
2. Ruby G.	9/3
3. Virginia Mc E.	9/9
4. Shirley G.	9/13
5. Martha K.	9/23
6. Virginia B.	9/27
7. William E.	9/27
8. Sharon H.	9/27

The Love Of A Grandparent

*A tiny hand within in my own,
A sudden spark of grace,
The greatest joy I've ever known
Is written on your face.*

*I hold the wisdom of the years,
You bring the world anew,
And all My miles and all my
tears were worth the road to
you.*

*Through gentle hugs and guid-
ing light, A love that knows no
end,*

*I will be a shelter in the night,
your guardian and friend.*

Staff September Anniversaries

1. Mary N.	Nursing	9/30	17 yrs.
2. Casandra E.	Nursing	9/29	6 yrs.
3. James B.	Dietary	9/7	15 yrs.
4. Rosemond F.	Nursing	9/28	10 yrs.
5. Cierra R.	Nursing	9/13	9 yrs.
6. Krista D.	Nursing	9/4	7 yrs.
7. Happiness O.	Nursing	9/25	7 yrs.
8. Laura G.	Nursing	9/22	5 yrs.
9. Kaitlyn H.	Nursing	9/6	3 yrs.
10. Ellen S.	Security	9/1	2 yrs.
11. Sherrita W.	Nursing	9/17	2 yrs.
12. Michelle C.	Nursing	9/30	1 yr.
13. Lisa H.	Dietary	9/30	1 yr.



Sunday,
September 13th



Topics of Interest for Family and Residents

1. This is just a reminder that colder weather is on the way and our residents will be needing sweaters and heavier clothing to keep them comfortable. Please be thinking about taking summer clothing home and switching it out for winter wear. There is only so much room in the closets and to keep everything neat and tidy it would be best to switch their clothing for the colder seasons. Thank you for your consideration concerning this topic.

2. The Resident Council has taken on the task again this year of funding a Christmas gift for each and every resident in our facility. Last year we tried to collect \$30.00 per person which totaled \$3,600. This year, much to our happiness our population has grown to about 140 residents. This means we will need to raise \$4,200 to be able to give each resident a \$30.00 gift. We had our first fund raiser last month and raised a little over \$500.00. This brings our count to \$3,700. 00. It is our hope that you will see how important this is to our residents and be willing to donate funds to help in their cause to make sure that every resident receives a Christmas present. Thank you in advance for your help.

3. Reservations are now being taken for the September 18th Family Happy Hour. There is a limit of 3 guests per resident and reservations are a must. Please pass the word along to other family members if you are the personal representative and cannot make it. Only resident with family members will be able to participate in this activity. Call Jocelyn Silver at 410-322-2126 for reservations and more information.

4. Have you nominated your staff member at Citizens for the CICA awards? See page 8 in this publication for more information. If someone has really gone above and beyond for your loved one please take a few minutes to fill out the paper work so they can be recognized and possibly win the monetary prize. It is a real honor and shouldn't those staff members be recognized over and above their salary. Click on the icon on page 8 for more information.

A Little Joke About Things Then.....and.....Now!

My granddaughter told me she's a "social media influencer" and does "content creation" for a living. Back in my day, taking photos of your dinner and talking to yourself in an empty room didn't buy groceries—it just got you a stern talking to from the Pastor!

Know Your Rights! Resident's have the right to Choose their own forms of entertainment and which activities they participate in or decline.



Just a Couple of Fun Activities enjoyed by our residents in the month of August!

National Pirate Day!

Our Pirate Party was quite the success and just a bit different this year. Our residents were placed into 3 teams and given 20 trivia questions to answer. When the trivia was completed they started on their quest for the treasure. Each clue got them closer and closer to the pirate loot for them to share. They really liked having to work for the treasure rather than it just being given to them. Once the booty was found through the clues they all shared the loot equally (as good pirates should) and shared some “Grog” to wash the treasure down! A good time was had by all!



Thank you to our volunteer Lisa for helping with this really fun event!

National Eat Outside Day Celebrated With A Cook-Out

We rounded the month out with a really nice cook-out and enjoyed the delicious food made by Darrick and his superior dietary staff. The residents enjoyed grilled hamburgers, cheeseburgers and bratwurst. We were celebrating “National Eat Outside Day”. About 32 residents enjoyed the great out doors under our canopy and about 15 stayed inside “enjoying the great indoors” Once again we thank our volunteer Lisa for helping serve the residents and we thank the nursing staff for coming down and helping to transport the residents back when they were called. This writer apologizes that there are no pictures of the event .

Silly Summer Jokes!

- 1. Why don't seashells take baths? Because they just wash up on the beach!*
- 2. How can you tell if the ocean is friendly? It waves!*
- 3. What do you call a snowman in July? A puddle!*

Movie Line Up for SEPTEMBER

SEPTEMBER

1st, Movie, 6:30 pm, *"THE HELP"*—An extraordinary women in the 1960's South who built an unlikely friendship.

2nd, Movie, 6:30 pm, CR *"YOU AGAIN"*—A non stop laugh fest, starring Betty White. It's nice girls vs. mean girls in this hysterical reunion. Sigourney Weaver, and Jamie Lee Curtis.

4th, Movie, 6:30 pm, *"9 to 5"* starring Dolly Parton, Lilly Tomlin and Jane Fonda. These three woman really know how to get back at their egotistical, lying, hypocritical, bigot of a boss.

5th, Movie, 4:30 pm, *"GONE WITH THE WIND"* part 1, This movie needs no introduction but if you haven't seen it for a long time you are in for a treat. See Rhett and Scarlett at their best.

6th, Movie, 4:30 pm, *"GONE WITH THE WIND"* part 2, The drama continues in this epic Oscar winning film.

7th, Movie, 6:30 pm, *"NIKKI & NORA"* A Hallmark mystery original movie. Sister twins are forced to get along because they inherit a detective agency.

8th, Movie, 6:30 pm, *"PREMIUM RUSH"* The Action is inventive in this spellbinding adventure.

9th, Movie, 6:30 pm, CR *"JUST GETTING STARTED"* This star studded film has Morgan Freeman and Tommy Lee Jones vying for the affections of Rene Russo.

11th, Movie, 6:30 pm, *"MR. HOBBS TAKES A VACATION"* This is an old film starring James Stewart and Maureen O'Hara. Enjoy all the antics offered on this not so romantic holiday!

12th, Movie, 4:30 pm, *"ROGUE ONE"* A Star Wars Story, Once again, good is going after evil.

13th, Movie, 4:30 pm, *"Solo Mio"* A wedding disaster leaves Matt stranded in Rome, alone, heartbroken and facing a honeymoon meant for two. Lost in the world's most romantic city.

14th, Movie 6:30 pm *"GHOSTBUSTERS"* This is an all new cast of women as the ghostbusters.

15th, Movie 6:30 pm *"GOD BLESS THE BROKEN ROAD"* No matter where life takes you... faith takes you further. A young mother loses her husband in war and struggles to raise their young daughter on her own.

16th, Movie 6:30 pm CR, *"FINDING NEVERLAND"* This story is the tale of how "Peter Pan" was thought of and created.

18th, Movie 6:30 pm *"Mister Roberts"* Every ship needs a hero. A capable and restless officer trapped far from the front lines under the command of a petty, tyrannical Captain.

19th, Movie 4:30 pm, *"MIDNIGHT SPECIAL"* A boy who is not like us. A suspenseful, beautifully acted supernatural thriller.

20th, Movie 4:30 pm, *"MEET ME IN ST. LOUIS"* This is the charming warm and beguiling musical starring Judy Garland and earned her the 1944's outstanding child actress Oscar.

21st, Movie 6:30 pm, *"MAME"* starring Lucille Ball. You'll have a ball with Lucy in the marvelous movie from the Broadway smash.

22nd, Movie 6:30 pm, *"WHITE BIRD"* A wonder story, Struggling to fit in at his new school Julian is visited by his grandmother and is transformed by her heroic story of her attempts to escape Nazi occupied France during World War II.

23rd, Movie 6:30 pm CR, *"NATIONAL TREASURE"* Go on this thrilling treasure hunt to find a treasure trove like no other.

25th, Movie 6:30 pm, *"IRON MAN 3"* Go along with the Marvel Super Hero Iron Man.

26th, Movie 4:30 pm, *"HARRY AND MEGHAN"* A Royal Romance.

27th, Movie 4:30 pm, *"INVITATION TO A MURDER"* Solve the murder or you'll be next, this is what all the characters are thinking in this movie.

28th, Movie 6:30 pm, *"Reagan"* Dennis Quad portrays Ronald Reagan during his life.

29th, Movie 6:30 pm, *"THE FABLEMANS"* Written and Directed by Steven Spielberg

30th, Movie 6:30 pm CR, *"HORSE DANCER"* A girl, helps a horse camp while finding herself.

Staff News, Achievements & Announcements

Five Star Rating ★★★★★



1st in both
Harford and
Cecil Counties

8th in the
State out
of 204!

Citizens Care

Care begins with compassion.

Ceca Celebrating caregivers *Has a special caregiver
Helped you Bloom?*



The Ceca Award honors care workers for exceptional acts of care. If you know someone who went above and beyond in service of a resident, patient, family member or guest, tell us about it!

Dear Residents, Family Members and Responsible Parties,
Caring for you is our top priority.

We've partnered with Ceca Foundation to help celebrate the exceptional acts of care achievements and successes of our team members in serving you. If anyone on our team made your day a little brighter or had a lasting impact on you or your family, we'd love to hear about it.

All of our team members are eligible to receive the Ceca Award, which includes public recognition and a cash award of \$250. This includes those in both clinical (nurses, physical therapists, etc.) and non clinical (Dining services, Environmental Services, Maintenance Activities, Security and Administrative) roles.

To recognize a caregiver, please follow these simple steps:
1. [Visit CecaAward.org/Guest](http://VisitCecaAward.org/Guest) or download the Ceca Award smartphone app
2. Select our organization
3. Complete the recognition form



We look forward to reading your stories!

Many Thanks,
Ed Walter, Administrator, Citizens Care and Rehabilitation Center



Welcome, Gina
our newest mem-
ber of the Nursing
Office.

And...

Ernestine the new
Supervisor for the
Business Office.

Please take a
moment to meet
these two ladies
and wish them
well in their new
career paths.



Attention all Staff Members

*Now is the time to get
started on your Health
Care Academy In-
Services. Why put it off
till next year when you
can get it done now and
never have to think
about it again. Don't
wait! Make your own
lives easier.*



Thank you to our Board Member Carol Lienhard for the fresh flower arrangement she brings from her own yard. They are absolutely gorgeous and last so long. We are grateful for the beauty of your Flowers Carol. A big Thank you to the Jr. Volunteers, Shamara, Andrew and Tristin that came to help the Activity, Business and Therapy Departments this summer. We are grateful that you chose to give up part of your summer vacation to help us.

The Guild Memorial Fund Received Donations in Memory of

Linda Woods

John Correr

Patricia Marie Scott-Badeker

Ruth Fender Rocky

James K. Lindsey

Welcome to Our Newest Volunteers

Wilbur Jackson: Wilbur is here each Wednesday providing church services with our Volunteer, Pastor Curtis Epps. Welcome Wilbur we are glad you are here.

Dorothy Lowman will be serving in our gift shop on the weekends and assisting with the TAP calls. Thank you for coming back as a volunteer Dorothy.



Wilber

Volunteer Opportunities

- 1. Memory Care Unit, Flexible Days and Hours, this opportunity works hand in hand with the Activity Aide on the unit assisting with planned activities. Other duties consist of sitting or walking with residents and helping to pass out drinks and snacks. Being a friend to the Memory care residents is an invaluable opportunity and extremely enjoyable for the volunteers.*
- 2. Bingo Assistants needed Thursday night at 6:00 pm to help the activities staff with resident bingo. This entails helping to set up and break down the bingo game. Also transporting residents. Helping point out the numbers on the residents cards only after giving them the time to find them on their own.*
- 3. Saturday transportation assistants are needed to help bring the residents down to the activities and visit each residents while delivering daily sheets. On Sundays a volunteer is needed to help serve coffee for those that can have it and hand out daily sheets to each resident. Church attendants and transportation assistants are needed for Sunday afternoons as well.*

For more information for any of these positions. All interested in any volunteer position must submit to having a background check and provide proof that you have had a COVID vaccination.



Citizens and Harford County Helpful People

Citizens is Governed by a Volunteer Board of Directors

Board Members Are:

Wendell G. Baxter

Jacob Bennett

Shobita DuBois

Mary Jones

Alex Lenowitz

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

Who is your Ombudsman???

*The Harford
County
Ombudsman comes
to Citizens when
help is needed. She
helps' work out any
problems that you
may have that you
have told some one
about but the
problem is on
going. If you need
to get in touch with
her, her name is
Sharon Miller and
she can be reached
at the
Office on Aging at
410-638-3025.*

Managers Ready to Help You , Are:

Administrator
Ed Walter

Department
Directors

Activities
Jocelyn Silver, ADC

Admissions
Nancy Bennett

Business Operations
Erin Bennett, CPA

Dietary
Darrick DeBoard Sr.
CDM, CFPP

Environmental
Services
And Laundry
Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources
Diana George

Medical Director

Dr. D. Basu

Nursing
Cassie Evering, RN

Risk Management
Renata Truant, RN

Social Work Dept.
Geraldine Nock

Volunteers / Public
Relations
Janet McDonald

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

Citizens Care and Rehabilitation Center is on Facebook!



**Keep up with all that is going on
at Citizens by following our
Facebook page.**

Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.