

Citizens Care

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Points of interest

- *Front page, August Poem and the "Golden Rule"*
- *Pg. 2 Alzheimer's Walk information.*
- *Pg. 3 Birthday and Anniversaries*
- *Pg. 4 August Previews*
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Citizens  Care

*The Chit Chat Staff
Editor, Jocelyn Silver,
Director of Activities
Additional Support,
Janet McDonald and
Nancy Bennett*

Chit Chat

Volume 91— Issue August 2026

Citizens Care Center A "5 STAR" Facility



August

*Lazy summer afternoons,
Walk along the beach,
Balmy evenings, cloudless skies,
Stars just out of reach,
Sailing on a quiet lake,
Hammocks in the shade...
These are the simple treasures
Of which August days are made!*



Do you know the "Golden Rule" ?

Before you speak or act in Haste, Think of the words and time you waste. Put yourself in someone's shoes, and choose the path you'd want to choose.

Do unto others as you'd have them do, Keep it simple, kind and true. What you give is what you get, live your life with no regret.

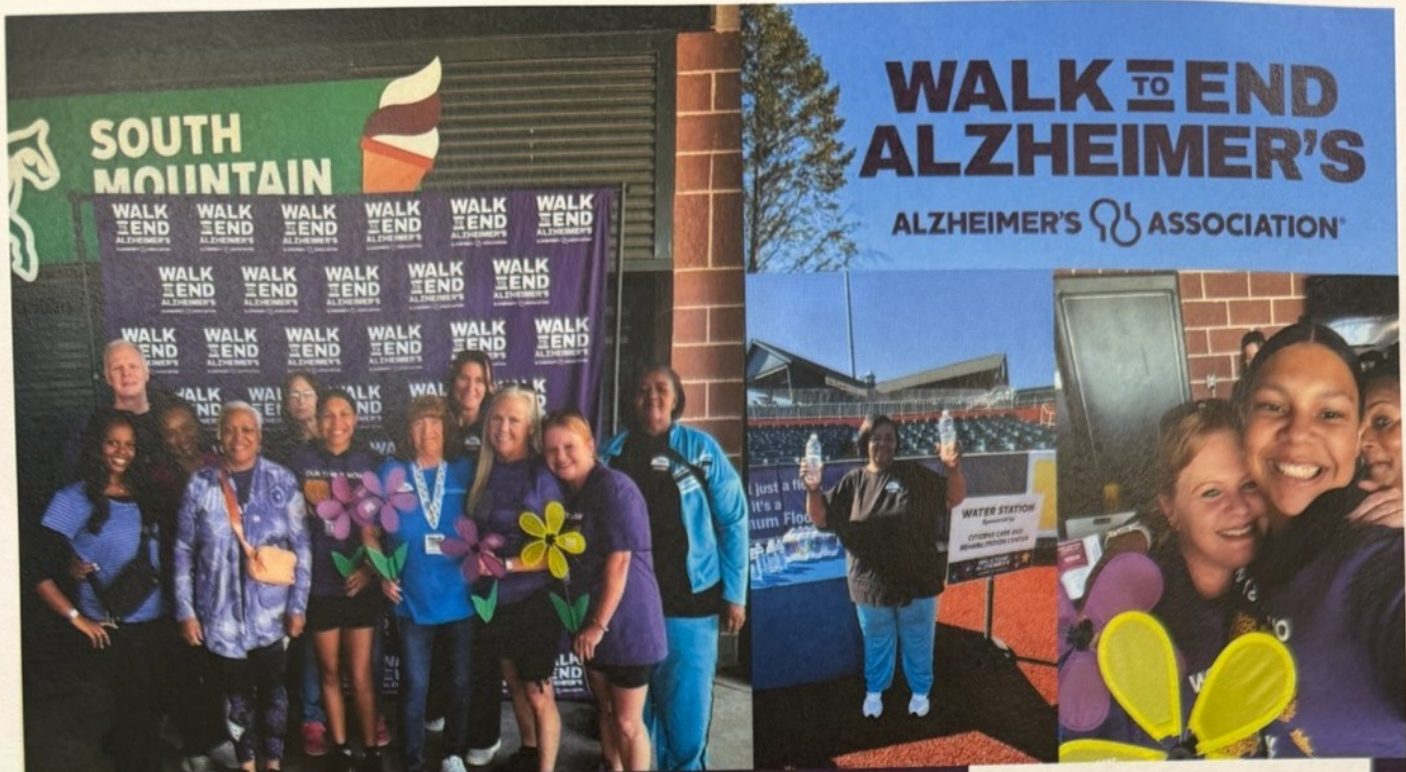
*If you want a helping hand, Be the one to take a stand.
If you wish for love and grace, Bring a smile to every face.*

*A gentle word a listening ear, can turn around a day of fear.
The rule is gold it's power is deep, the sweetest harvest you will ever reap.*

Do unto others as you'd have them do, Keep it simple, kind and true. What you give is what you get, live your life with no regret.



It's Time to start planning and gathering sponsors.



**Join or Support the Citizens
Care and Rehabilitation Walk
to End Alzheimer's Team!**

Register or Donate via the QR Code

Contact Nancy, 410-942-2136

nancy_bennett@citizenscarecenter.com



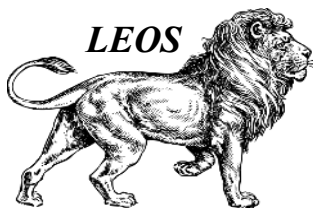
**Harford/Cecil Walk to End Alzheimer's
Saturday, October 3, 2026**

Ripken Stadium - Aberdeen, MD

Event Site Opens - 9AM, Ceremony and Walk - 10AM



**WALK TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION



LEOS

*Leos (July 23 – August 22)
Confident Outside,
Sensitive Inside
Loves attention but
values respect more.
Will hype other while
hiding their own
pain.
Big heart, bigger
pride,
Can't tolerate
disloyalty or
dishonesty,
Romantic but
guarded,
Gives the royal treat-
ment to loved ones,
Needs appreciation to
stay,
Ego gets hurt easily,
Still believes in love.*

Virgo



*August 23—
September 22
The Virgo is creative,
bright, adventurous,
ambitious and capa-
ble. Virgo is also very
loyal, witty, helpful
and generous. They
make the most awe-
some friends and are
a pleasure to be
around. They have an
artistic eye, are high-
ly accomplished and
strive for excellence
in all aspect of their
lives.*



Staff August Anniversaries

1. Jocelyn S.	Act.	8/5	41 yrs.
2. Janel B.	EVS	8/14	31 yrs.
3. Tika S.	Nur.	8/23	22 yrs.
4. Jin L.	Nur.	8/20	18 yrs.
5. Siny B.	Nur.	8/11	16 yrs.
6. Nancy A.	Nur.	8/25	12 yrs.
7. Nohelia B.	EVS	8/3	11 yrs.
8. Wanda L.	Nur.	8/12	11 yrs.
9. Ronnika H.	Nur.	8/23	9 yrs.
10. April B.	Nur.	8/15	8 yrs.
11. Dwight J.	Act.	8/28	7 yrs.
12. Jamie J.	Nur.	8/28	7 yrs.
13. Nelson A.	Diet.	8/24	4 yrs.
14. Kelly J.	Nur.	8/15	3 yrs.
15. Rita S.	Diet.	8/29	3 yrs.
16. Miranda M.	Nur.	8/13	2 yrs.
17. Gene G.	Admin.	8/12	1 yr.

Thank You Staff!

**Together we care, together
we shine,
Your kindness makes each
day more bright.
Every smile and helping
hand you give
Brings comfort, hope, and
joy to those in our care.**

August Residents



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1. Caroline Mc V.	8/5
2. Phyllis, R.	8/9
3. Roy H.	8/9
4. Nancy I.	8/11
5. Mildred M.	8/12
6. John L.	8/12
7. Joanne N.	8/13
8. Beverly S.	8/14
9. Frank T.	8/15
10. Albert M.	8/15
11. Joseph N.	8/15
12. Kenneth S.	8/16
13. Marion H.	8/21
14. George Ann W.	8/27
15. David M.	8/27
16. Shirley Mac B.	8/29
17. Helen F.	8/29
18. Theodore H.	8/29

Happy Birthday

Staff August Birthdays

1. Nelson A.	8/17	Dietary
2. Jacob A.	8/27	Nursing
3. Timothy B.	8/24	Nursing
4. Hope D.	8/14	Nursing
5. Monica F.	8/25	Nursing
6. Annette G.	8/5	Nursing
7. Celena H.	8/3	Dietary
8. Ronnika H.	8/20	Nursing
9. Taylor K.	8/4	Nursing
10. Frank L.	8/18	Dietary
11. Cierra R.	8/26	Nursing
12. Sabrina R.	8/2	Nursing
13. Tika S.	8/21	Nursing
14. Nancy S.	8/27	Security
15. Renata T/	8/29	Q. Assu.
16. Sharon W.	8/17	Nursing
17. Haley Y.	8/18	Nursing
18. Leah Z.	8/31	Nursing

Attention Residents

There are a lot of Activities coming your way...here is a preview!
There is something here for everyone!

August

2nd, at 3:30 pm, It's National Ice Cream Sandwich Day, come enjoy worship on the Big Screen TV and then Restore Games in the CR with Ice Cream Sandwich Treats.

*3rd, At 2:00 pm It's National Watermelon Day, come down and have some refreshing **Watermelon** during Bingo.*

4th, at 12:30 pm It's National Chocolate Chip Day, we will be celebrating the monthly Birthday Party with a Chocolate Chip Cake. Yummm!

6th, at 3:00 pm It's National Root Beer Float Day, Root Beer Floats will be served with Trivia and word games.

7th, at 11:00 am It's National Lighthouse Day, We will be Rolling and Strolling to the Lighthouse, weather permitting.

*11th at 2:30 pm we will be tie dying white T-Shirts for those of you that did not get to dye a shirt in July. The cost is **\$12.00** per person to purchase the shirts. Anyone wishing to participate please see someone in Activities.*

13th at 2:30 pm Your Ombudsman Sharon Miller is bringing a fun game for you to help remind you of your residents rights. You don't want to miss it!

14th at 3:00, Right after Live Mass we will be having Orange Creamsicles served on the units for National Creamsicle Day!

17th at 11:00 am, ask your GNA to get you up so you can join us for Resident Council. This is your chance to help make a difference in your home or compliment someone doing a good job.

20th at 10:30 am and 12:30 pm, Come down at 10:30 am to help us make your lunch being served at 12:30 pm. The menu will include Monte Cristo Sandwiches and Fresh Peach Cobbler in honor of National Peach Day!

21st all day long and for Happy Hour at 3:00 pm, Residents and staff wear your Hawaiian Shirts for National Hawaiian Shirt Day.

25th at 2:30 pm. Come down and enjoy a real Banana Split or Hot Fudge Sunday on National Banana Split Day!

27th at 3:00 pm. Aaarrggghh Ye Matey are you up for some pirate trivia and a treasure hunt? Come down and see what shenanigans your Activity Dept. is up to for National Pirate Day!

29th at 2:15 pm. During Restore games we are serving Fresh Lemonade for you Guest it...National Lemonade Day!

31st at 5:00 pm Let's end the month with an evening cookout for National Eat Outside Day.

Know Your Rights! Resident's have the right to make choices about how they worship and with whom. Everyone has freedom of Religion!



A	G	S	G	J	A	N	G	R	Y	S	U	N	F	M	V	U	F	J	C
J	P	C	P	G	P	J	T	A	P	A	T	S	O	H	G	A	V	A	L
S	R	H	L	F	R	F	K	I	N	G	K	A	L	I	E	N	T	E	X
B	E	N	C	F	R	A	C	I	H	D	W	U	Z	P	E	H	S	I	Y
Q	L	A	L	J	S	Y	L	N	Q	C	H	E	Z	M	F	K	D	S	M
O	B	U	N	L	T	D	G	B	G	X	R	T	W	Y	T	E	Z	Y	G
O	B	T	W	I	J	G	H	U	A	Y	U	O	A	E	N	V	C	V	U
J	U	Z	L	P	B	P	C	B	Y	U	N	O	C	U	U	S	H	H	V
K	B	E	E	N	R	E	A	C	O	L	T	G	O	S	O	Y	A	P	S
W	A	L	D	E	W	E	P	O	R	Q	A	N	B	S	B	V	R	V	F
J	V	C	S	P	E	Y	B	S	S	Y	T	I	A	R	K	P	V	D	S
P	A	Z	V	F	R	G	A	C	J	P	P	F	Y	G	V	M	A	Q	O
F	L	H	V	O	L	C	A	N	O	L	O	T	U	S	R	F	A	O	Y
C	L	H	G	I	X	X	N	N	F	A	X	R	F	R	N	A	R	E	Q
D	G	U	A	L	T	N	O	S	P	Y	E	Q	D	V	D	R	G	R	G
M	Y	N	Q	V	D	U	W	U	M	A	G	M	A	A	R	G	H	S	T
F	W	D	K	N	Q	Z	L	Q	D	Y	X	A	H	J	G	W	N	G	S
V	T	U	G	E	L	B	B	O	G	Y	R	E	I	F	P	V	G	M	Z
D	A	M	G	A	M	C	A	T	M	E	L	P	Q	V	Z	P	U	P	D
T	E	R	E	I	Y	B	L	A	R	G	G	L	Q	A	A	G	G	R	G

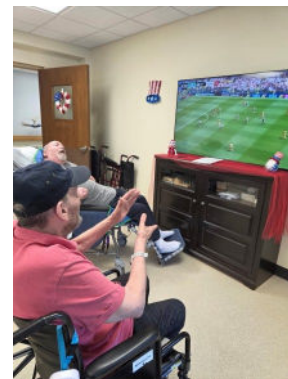
ANGRY SUN
FIERY GOBBELGUT
KING KALIENTE
MAGMAARGH
SCHNAUTZEL

BLARGG
FRYGUY
LAVA BUBBLE
MAGMAD
SCORCHIT

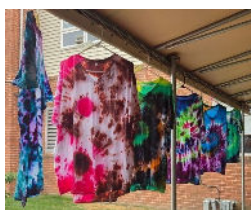
CHARVAARGH
GARGANTUA BLARGG
LAVA GHOST
PYRO GUY
VOLCANO LOTUS

Just a Few Fun Activities enjoyed by our residents in the month of July

July brought everyone a chance to enjoy celebrating our countries 250th birthday! We enjoyed Darrick's delicious food straight off the grill. Residents have decided that Bratwurst sausage on the grill is better than Hot Dogs.

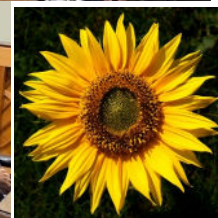
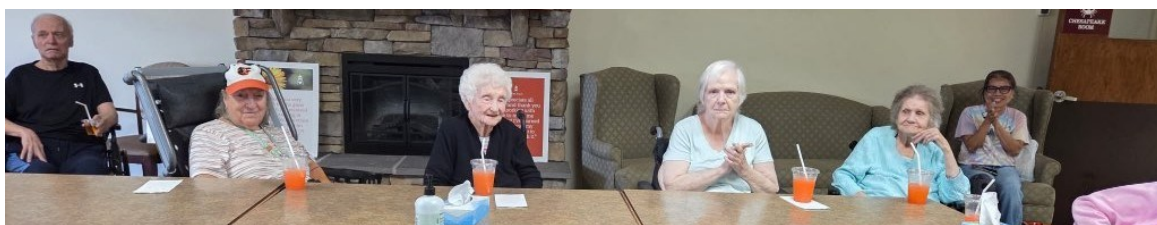


Pet Visits and Watching the World Cup with Friends.



This is a reminder that on Aug. 11th we will be have another opportunity for you to Tie Dye your own shirt if you would like to. See Activities.

Happy Hour with Live Entertainment starring A new entertainer, Vicki Dee!



Resident's enjoy Balloon Volleyball and Horse Racing Citizens style!

Movie Line Up for AUGUST

August

1st. 4:30 pm Movie, *A Man Named Otto*, This grump of a man has given up on life following the loss of his wife and wants to end it all until a young family moves in nearby.

2nd. 4:30 pm Movie, *Emily*, This is the life story of Emily Bronte who wrote *Wuthering Heights*

3rd 6:30 pm Movie, *Mrs. Harris goes to Paris*, A 1950's widowed cleaning lady falls madly in love with a couture Dior dress. Saving all of her money to embark on this trip to Paris to accomplish her dream.

4th 6:30 pm Movie, *Where the Crawdads Sing*, A woman who raised herself in the deep south becomes a suspect in a murder with a man she was once involved.

5th 6:30 pm Movie, *How To Train Your Dragon*, Hiccup comes to the rescue for both his dragon and his community. In this once animated film brought to life.

7th 6:30 pm Movie, *CREED*, A childhood friend and boxer is eager to prove that he deserves his shot in the ring. There is a face off between the two friends.

8th 4:30 pm Movie, *Mission—Impossible 3*, This is *Mission Impossible* as you have never seen it before.

9th 4:30 pm Movie, *You Gotta Believe*, Based on a true Story, A team of Underdogs with the spirit of champions.

10th 6:30 pm Movie, *Why Didn't They Ask the Evans?*, An Agatha Christie's 1934 novel, is a story of deceit, betrayal and murder that lures our young detectives.

11th 6:30 pm Movie, *Unsung Hero*, Based on a true story, a Powerful and Compelling story of a families love of music who go on to be successful.

12th 6:30 pm Movie CR, *The Peanuts Movie*, Dream Big and Laugh long with good ol' Charlie Brown. This is a hilarious movie which proves every dog has it's day.

14th, 6:30 pm Movie, *Unbroken*, A true story, after a plane crash, 2 crewmen survived on a raft for 47 days only to be caught by the Japanese and placed in a POW camp.

15th, 4:30 pm Movie, *The Fantastic 4*, Set in the 60's this is one of the best Superhero movies ever.

16th, 4:30 pm Movie, *Chosen Family*, A family just like everybody else's family. CRAZY!

17th 6:30 pm Movie, *Simply Irresistible*, The most powerful magic is the kind that comes straight from the heart. The seductive story has "Hex" appeal.

18th 6:30 pm Movie, *RIP in Time*, A crazy time travel story by Hallmark.

19th 6:30 pm Movie, CR, *BUDDY*, If you like dog stories you will enjoy Buddy!

21st. 6:30 pm Movie, *Batman Begins*, Batman returns to Gotham City to fight the bad guys.

22nd 4:30 pm Movie, *Bridget Jones Diary*, A comedy that looks at modern romance.

23rd 4:30 pm Movie, *Michael*, He's an Angel not a Saint, John Travolta at his best.

24th, 4:30 pm Movie, *E T*, Remember when believing in extra terrestrials were a real thing and this extraordinary movie captured all of our hearts.

25th, 6:30 Movie, *FLUKE*, Unleash your imagination and prepare for the adventure of a life-time with *FLUKE*

26th 6:30 pm Movie CR, *Peter O' Toole and Katharine Hepburn* play in this epic masterpiece .

28th 6:30 pm Movie, *Hans Christian Anderson*, starring Danny Kaye. "A Tender entirely captivating fairy tale. (Musical)

29th 4:30 pm Movie, *Bingo the Dog*, This pup travel's 1000 miles to be with his boy.

30th 4:30 pm Movie, *Narnia*, 3 children go on an adventure through a wardrobe.

31st 4:30 pm Movie, *The Shack*, This movie is not for the faint hearted, it is religious in a modern way. Very intriguing and in some parts very sad.

Staff News, Achievements & Announcements



Welcome
From top to
Bottom
Queentar –RN
Jaidah, GNA
Luke, GNA
Chrissy, RN
Lesliann, Diet.
And Welcome
Back Freda—
GNA



Congratula-
tions
Becky in
Laundry for
celebrating her
15th year at
CCRC. Becky
started out as a
Hospitality Aide
and moved to
Laundry where
she found her
permanent place
at Citizens and
became an
invaluable asset
to the EVS
Department.
Thank you
Becky!



Five Star Rating ★★★★★



1st in both
Harford and
Cecil Counties

8th in the
State out
of 204!

Citizens Care

Care begins with compassion.

Ceca

Celebrating
caregivers

Has a special caregiver
Helped you Bloom?



The Ceca Award honors care workers for exceptional acts of care. If you know someone who went above and beyond in service of a resident, patient, family member or guest, tell us about it!

Dear Residents, Family Members and Responsible Parties,
Caring for you is our top priority.

We've partnered with Ceca Foundation to help celebrate the exceptional acts of care achievements and successes of our team members in serving you. If anyone on our team made your day a little brighter or had a lasting impact on you or your family, we'd love to hear about it.

All of our team members are eligible to receive the Ceca Award, which includes public recognition and a cash award of \$250. This includes those in both clinical (nurses, physical therapists, etc.) and non clinical (dining services, house-keeping, maintenance activities, security, etc/) roles.

To recognize a caregiver, please follow these simple steps:

1. Visit CecaAward.org/Guest or download the Ceca Award smartphone app
2. Select our organization
3. Complete the recognition form



We look forward to reading your stories!

Many Thanks,
Ed Walter, Administrator, Citizens Care and Rehabilitation Center

Volunteer News



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Thank You...

Thank you to Mary Jones for the donation of busy books & busy blankets for Tidewater Cove.

Thank you for gift shop donations: Julie Janney, Sharon Ey & Marilee Moore.

Thank you to Young At Heart for donation to our bingo activities.

Pet Visitation

All pets that wish to visit must have the State of Maryland Visiting Health Certificate of Examination on file with the facility.

These forms are available at each security entrance. All pets must be signed in for each visit. Therapy or service animals must show paperwork stating therapy or service. Security will make a copy of your form.

All animal health certificates will be approved by Janet McDonald, Director of Volunteer & PR. Services.

Questions or concerns you may contact Janet at 410-942-2112.

Volunteer Opportunities

- 1. Memory Care Unit, Flexible Days and Hours, this opportunity works hand in hand with the Activity Aide on the unit assisting with planned activities. Other duties consist of sitting or walking with residents and helping to pass out drinks and snacks. Being a friend to the Memory care residents is an invaluable opportunity and extremely enjoyable for the volunteers.*
- 2. Bingo Assistants needed Thursday night at 6:00 pm to help the activities staff with resident bingo. This entails helping to set up and break down the bingo game. Also transporting residents. Helping point out the numbers on the residents cards only after giving them the time to find them on their own.*
- 3. Saturday transportation assistants are needed to help bring the residents down to the activities and visit each residents while delivering daily sheets. On Sundays a volunteer is needed to help serve coffee for those that can have it and hand out daily sheets to each resident. Church attendants and transportation assistants are needed for Sunday afternoons as well.*
- 4. Looking for individuals to work in the office Sat. and Sun. or any day during the week. Start time 9:00am to 11:00. The TAP program operates daily and it takes only an hour to complete. The duties are calling and checking the welfare of people who are signed up to receive a daily check in. Training is provided.*

Other volunteer opportunities are available: You can pick up a volunteer application packet at the security desk. Hours and Days are flexible. Call Janet at 410-942-2112.

For more information for any of these positions. All interested in any volunteer position must submit to having a background check and provide proof that you have had a COVID vaccination.





Citizens and Harford County Helpful People

Citizens is Governed by a Volunteer Board of Directors

Board Members Are:

*Wendell G. Baxter
Jacob Bennett
Shobita DuBois
Mary Jones
Alex Lenowitz
Carol Lienhard
Rodney Swam
Cathy Vincenti
Andrew Young
Kimberly Zavrotny*

Who is your Ombudsman???

*The Harford
County
Ombudsman comes
to Citizens when
help is needed. She
helps' work out any
problems that you
may have that you
have told some one
about but the
problem is on
going. If you need
to get in touch with
her, her name is
Sharon Miller and
she can be reached
at the
Office on Aging at
410-638-3025.*

Managers Ready to Help You , Are:

Administrator
Ed Walter

Department
Directors

Activities
Jocelyn Silver, ADC

Admissions
Nancy Bennett

Business Operations
Erin Bennett, CPA

Dietary
*Darrick DeBoard Sr.
CDM, CFPP*

Environmental
Services
And Laundry
Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources
Diana George

Medical Director
Dr. D. Basu

Nursing
Cassie Evering, RN

Risk Management
Renata Truant, RN

Social Work Dept.
*Geraldine Nock
Chelsey Tessier*

Volunteers / Public
Relations
Janet McDonald

Telephone Assurance Program

*(T.A.P.) is a free service
provided by Citizens Care and
Rehabilitation Center and a
volunteer who makes the daily
person to person telephone
calls to individuals who live
alone or have medical
problems but wish to remain at
home. A volunteer with T.A.P.
checks on the well-being of the
participant daily. T.A.P.
operates seven days a week,
9:00 am-11:00 am. All
information received by T.A.P.
is kept confidential. If
interested in this free service in
Harford County contact Janet
McDonald at 410-942-2112*

Citizens Care and Rehabilitation Center is on Facebook!



**Keep up with all that is going on
at Citizens by following our
Facebook page.**

Notice

*We wish to reaffirm our policy that all
persons regardless of race,
color, religion, sex, national origin,
disability, age, genetics, marital status or
sexual orientation
are considered for employment or admis-
sion to Citizens Care and
Rehabilitation Center.*