

*Citizens Care*

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*Points of interest*

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Director of Activities  
Additional Support,  
Janet McDonald and  
Nancy Bennett*

# *Chit Chat*

*Volume 88— Issue May 2026*

*Citizens Care Center A "5 STAR" Facility*



## *Mom, You Were There*

*You were there when we took our first steps,  
And went unsteadily across the floor.  
You pushed and prodded: encouraged and  
guided, Until our steps took us out the door...*

*You worry now, "Are they ok?"  
Is there more you could have done?  
As we walk the paths of our unknown  
you wonder "Where have my children gone?"*

*Where we are is where you have led us.  
With your special love you showed us a way,  
to believe in ourselves and the decisions we make,  
taking on the challenge of life day to day.*

*And where we go you can be sure,  
In spirit you shall never be alone.  
For where you are is what matters most to us,  
Because to us that will always be home...*

*Author Unknown*



*H  
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*DAY!*



*MOTHER'S*





*Nominate someone today and show your appreciation!*



*Has a special caregiver  
Helped you Bloom?*



Ceca Award honors care workers for exceptional acts of care. If you know someone who went above and beyond in service of a resident, patient, family member or guest, tell us about it!

**Recognize an employee that works here!**

Scan the QR code to log in at [CecaAward.org](http://CecaAward.org) with your registered email or download the Ceca Award mobile app by searching your device's marketplace. When you submit a thoughtful story, you are eligible to receive a \$50 Gratitude gift each award period.



Congratulations Holly as our first recognized Ceca award winner. And, Emily Who nominated her. Thank you board members who took the time to choose our winners.



Dear Residents, Family Members and Responsible Parties,  
**Caring for you is our top priority.**

We've partnered with Ceca Foundation to help celebrate the exceptional acts of care achievements and successes of our team members in serving you. If anyone on our team made your day a little brighter or had a lasting impact on you or your family, we'd love to hear about it.

All of our team members are eligible to receive the Ceca Award, which includes public recognition and a cash award of \$250. This includes those in both clinical (nurses, physical therapists, etc.) and non clinical (dining services, housekeeping, maintenance activities, security, etc/) roles.

To recognize a caregiver, please follow these simple steps:

1. Visit [CecaAward.org/Guest](http://CecaAward.org/Guest) or download the Ceca Award smartphone app
2. Select our organization
3. Complete the recognition form

We look forward to reading your stories!

Many Thanks,

Ed Walter, Administrator, Citizens Care and Rehabilitation Center



**Taurus (April 20 – May 20), symbolized by the Bull, is a grounded, reliable, and patient earth sign ruled by Venus.**

**Known for being stubborn yet incredibly determined, Taurus's value stability, comfort, and luxury. They are sensual, pleasure-seeking individuals who appreciate art, nature, and fine food, often exhibiting a hardworking, loyal, and possessive nature.**



**GEMINI**

**Gemini (May 21st to June 21st) symbolized by the**

**Have you ever been so busy that you wished you could clone yourself to get everything done? That's the Gemini experience in a nutshell. Spontaneous, playful, and adorably erratic, Gemini is driven by insatiable curiosity. Appropriately symbolized by the celestial twins, this air sign was interested in so many pursuits that it had to double itself.**

**Happy Birthday**



## May Residents

1. Ellen B.	5/3
2. Lois S.	5/3
3. Ada B.	5/5
4. Mary H.	5/6
5. Maryann S.	5/10
6. Rick W.	5/17
7. Lisa A.	5/19
8. Alicia S.	5/30

## Staff May Birthdays

1. Laura M.	Nursing	5/15
2. Charlotte J.	Security	5/15
3. Dondrea M.	Nursing	5/17
4. Robert W.	Maintenance	5/18
5. Gina O.	EVS	5/19
6. Chelsey T.	Social Ser.	5/26
7. Siny B.	Nursing	5/28
8. Tiffany L.	Nursing	5/28
9. Amelia S.	Nursing	5/28
10. Keith S.	Accounting	5/29
11. Emily T.	Nursing	5/31
12. Rodel K.	Nursing	5/31



## Staff May Anniversaries

**May I say that I like May? I wish every day was a May kind of day— With growing grass and buzzing bees. With blowing breezes and flowering trees!**

1. Thomas B.	Med. Dir.	5/2	15 yrs.
2. Hi Sim	Med. Dir.	5/2	15yrs.
3. Frances F.	Nursing	5/9	13 yrs.
4. Ann J.	Nursing	5/27	11 yrs.
5. Kriska B.	Nursing	5/4	10 yrs.
6. Doris N.	Nursing	5/3	3 yrs.
7. Kylie G.	Security	5/23	3 yrs.
8. Tracey Ann	Nursing	5/7	2 yrs.
9. Timothy B.	Nursing	5/7	1 yr,
10. Sabrina R.	Nursing	5/28	1 yr.



When I think of May, I think about my daughters wedding. It was planned on the same weekend as Mother's day. Because it was planned so close to Mother's Day we could not get a florist to do her flowers. None of the local florists would touch it because they new they would be overwhelmed with orders for Mother's Day. Finally we called someone that was really far away and they agreed to do the wedding. It all ended well though they have been happily married for 25 years. So I guess all the aggravation was worth it.

Cinco de Mayo is on the 5th of May. This holiday is celebrated in the honor of Mexico because they were victorious over the Second French Empire at the Battle of Pueblo in 1862. Eventually, a larger French Army came and defeated them though. Cinco de Mayo is often a larger celebration in the US as a sign of Mexican—American identity and culture. It is widely commercialized, with marketing focusing on food and drinks.

Mother's Day falls on May 10th. Of course everyone has a mother. Those that still have there mother's should really appreciate them. Because, those of us that don't have mother's anymore normally remember them with sweet fond memories. We should all remember the happy times we had with our Mom's.

Memorial Day is on Monday May 25th. This is the day we remember the fallen Heroes who gave their lives for this country and Freedom. While many people celebrate this holiday with long weekend trips and barbecues as the unofficial start of summer. It's primary propose is a somber remembrance of those who made the ultimate sacrifice for their country.

The Activity department has planned a lot of nice programs outside for National Skilled Nursing Home Week and the rest of the month. The theme this year is "Moments in Bloom". So be looking for the extra programs from May 10th to the 16th. Have a happy May and I will talk to you again in June.

Karen

*Rolling and Strolling is on May 7th and the 14th. On the 7th we will be taking a Peanut Butter and Jelly sack lunch. The 14th is a walk no lunch. Sign up in Activities.*



# SPRING

## Word Search



Search for the twelve Spring themed words below.

Y	L	E	E	V	K	C	Y	E	I	B	T	M	Y	N	N	U	B
R	R	Q	W	N	Z	W	F	S	I	U	G	J	W	Y	I	U	O
E	C	M	Y	A	K	H	O	Z	M	T	Q	G	J	D	H	U	G
W	J	A	X	U	L	J	B	S	F	T	B	N	X	H	W	S	M
F	H	Y	T	Q	C	F	T	U	G	E	W	I	W	J	F	B	G
X	L	K	I	J	L	U	X	N	K	R	R	O	O	T	W	I	U
M	J	O	H	C	I	U	I	S	E	F	S	D	B	L	D	Q	E
M	D	Q	P	I	R	R	Q	H	Q	L	U	T	N	E	E	M	E
F	R	C	D	Y	P	L	D	I	T	Y	U	Z	I	G	Z	O	O
X	G	A	K	S	A	Q	N	N	I	W	Q	R	A	U	H	M	S
B	H	H	W	U	R	Q	A	E	Y	N	D	R	R	M	O	I	S
H	O	E	U	K	O	P	S	P	D	H	D	X	L	O	S	R	G
H	B	I	U	V	V	K	Y	L	V	E	A	Q	L	O	E	Q	L
H	N	P	X	I	H	Z	M	N	N	I	B	B	T	W	E	P	V
N	W	Z	Q	T	E	K	S	F	N	I	E	Z	O	W	T	P	G
R	S	C	Y	V	E	Q	U	T	R	B	R	L	N	A	X	T	T
F	P	A	G	K	C	R	R	D	X	C	F	R	P	O	J	Y	A
A	X	M	V	U	S	I	S	M	S	R	Z	A	B	F	I	X	N

- |       |           |          |
|-------|-----------|----------|
| APRIL | BUTTERFLY | RAINBOW  |
| BIRDS | FLOWERS   | SPRING   |
| BLOOM | GARDEN    | SUNSHINE |
| BUNNY | MAY       | WARM     |

# *Just a Few Fun Activities enjoyed by our residents in the month of April*

April started out with an unusual Easter Egg Hunt that ended with the winner putting a 100 piece puzzle together. Riverwalk found all their eggs and finished their puzzle first making them the winners. They won a sub platter party for the unit. Congratulations Riverwalk!



**A big shout out to Tracey Kraft from Home Instead in Har. Co. for their generous donation of eggs and candy Also, she was our surprise Easter Bunny. Thank you Tracey!**

**And the winner is...  
RIVERWALK!!! ➔**



***Families had a great time at the Resident/Family Cocktail***



**Balloon Volleyball was a real HOOT! The residents were Having such a good time , it was a joy to witness the smiles and the laughter.**



**Our Bayou Recipe luncheon was quite a success. 57 residents had Chicken Cordon Bleu, Glazed Carrots, Sweet Potatoes and Apple Pie with homemade whipped cream.**

## **MAY**

**1st 6:30 pm Movie, KNIVES OUT**— *A whodunnit murder mystery surrounding the death of a crime novelist.*

**2nd 4:30 pm Movie, ELEANOR THE GREAT**— *A 94 year old, who, after a devastating loss, tells a tale that takes on a dangerous life of it's own.*

**3rd 4:30 pm Movie, LINCOLN**— *A great American movie focusing on the 16th President's tumultuous final four months in office.*

**4th 6:30 pm Movie, DARROW AND DARROW**— *The truth behind the crime. Mother and Daughter attorney super sleuths.*

**5th 6:30 pm Movie, Darkest Hour**— *Winston Churchill is elected Prime Minister and it is his job to lead his nation and protect them from the most dangerous threat ever seen.*

**6th 6:30 pm Movie CR, KATE AND LEOPOLD**— *Smart Sexy and seriously romantic and darn funny. Two star crossed lovers who discover that passion and chivalry never go out of style.*

**8th 6:30 pm Movie, MY ALL AMERICAN**— *Based on a true story about Freddie Steinmark.*

*He was deemed too small to be an athlete. This brave young man fights to be a football player.*

**9th 4:30 pm Movie, CHARIOTS OF FIRE**— *An exceptional film unashamedly invigorating.*

**10th 4:30 pm Movie, SPENCER**— *For all of you who love "Royals" this movie depicts Princess Diana's life as it gets harder and harder with Prince Charles.*

**11th 6:30 pm Movie, HEARTS BEAT LOUD**— *Full of positivity and infectiously joyful.*

**12th 6:30 pm Movie, THE WILD ROBOT**— *A robot who is shipwrecked on an uninhabited island must adapt to the harsh surroundings. Gradually he starts building relationships with the wild animals on the island.*

**13th 6:30 pm Movie CR, THE NAKED GUN**— *One of the funniest movies of the decade, Only one man has a particular set of skills...to lead the Police Squad and save the world.*

**15th 6:30 pm Movie, STAR TREK, BEYOND**— *A fun and thrilling Star Trek adventure.*

**16th 4:30 pm Movie, CREED**— *You can't run from your past. A face off between former friends is more than just a boxing fight.*

**17th 4:30 pm Movie, SENSE AND SENSIBILITY**— *A musical based on Jane Austen's classic.*

**18th 6:30 pm Movie, MYSTERY FAVORITES**— *S. Holmes is on the case of a Study in Scarlet.*

**19th 6:30 pm Movie, TRANSFORMERS, RISE OF THE BEASTS**— *Optimus Prime and Autobots take on their biggest challenge yet.*

**20th 6:30 pm Movie CR, INKHEART**— *Wildly entertaining! When Mo reads a story the characters leap off the page. Literally*

**22nd 6:30 pm Movie, THE WITNESS FOR THE PROSECUTION**— *A murder mystery with Agatha Christie's twists and turns to find out whodunnit.*

**23rd 4:30 pm Movie, MADAME**— *Misbehavior is on the menu. This is a charming romantic comedy with a twist.*

**24th 4:30 pm Movie, BEN-HUR**— *Charlton Heston brings a muscular physical and moral presence to the role of Judah Ben Hur.*

**25th 6:30 pm CLEAR SKIES**— *The story of the Israeli Air Force. The awesome story of the Israeli Air Force from a humble, miserably equipped "air service" a flying force.*

**26th 6:30 pm Movie, THE PERFECT MAN**— *A comedy about mothers, daughters and the outrageous lengths people will go for love.*

**27th 6:30 pm Movie CR, THE LOST CITY**— *A fun and wild jungle adventure.*

**29th 6:30 pm Movie, SIMPLY IRRESISTIBLE**— *Enchanting and Romantic*

**30th 4:30 pm Movie, MR MAGORIUMS WONDER EMPORIUM**— *A magical movie.*

**31st 4:30 pm Movie, RUSH HOUR**— *One's all talk and the other is all action!*

# Staff News, Achievements & Announcements



*Congratulations to Janet Mc. Celebrating 49 yrs. here at Citizens. Janet is a huge help to all departments and the residents love her. She is a very valuable asset to Citizens. We are so fortunate she shared her life with us!*



*Welcome Ray in Maintenance and Chelsea in Social Work. We are glad you are here and hope you enjoy being part of the CCRC family.*

*We have 7 students in our GNA class this time . Please let's all help them to get through this class and become part of our CCRC staff and family.*

*Please welcome in order of pictures Brianna A., Nataia C., Monica F., Artaysha G., Kailyn M., Leah Z. and Kylee C. not pictured.*

## Five Star Rating ★★★★★



*1st in both Harford and Cecil Counties*

*8th in the State out of 204!*

**Citizens Care**

Care begins with compassion.

**Healthcare Academy®**  
eLearning and eCompetencies®

### Attention all Staff Members

Your time is running out for those of you who have not completed your Health Care Academy assignments. June 30th is fast approaching! Please get them done.

## A Beautiful Letter... Well Done Staff!

To the amazing team at Citizens Care:

We wanted to express our deepest gratitude to each and everyone of you for the exceptional care you gave our mother during her stay with you. Your compassion, patience and love meant more to our family that we could ever fully express.

You treated mom with such dignity kindness and respect, and it brought us comfort knowing she was surrounded by people who truly cared about her—not just as a patient, but as a person. Your gentle words, attentive care and genuine warmth made a world of difference to her and to us.

Thank you for being there day in and day out, for your dedication and for the heartfelt care you provide to families during their most vulnerable moments. We will always carry gratitude in our hearts for the love you showed our mother and for the comfort you gave our family. We can never thank you enough.

The Children of Dixie S.



*Good Luck Students!*

# *Volunteer News*



## *Thank You...*

*Thank you to our volunteers with Gourmet Galley in April: Gloria G., Lisa A., Ellen S., and Mary G. The menu was selected from the Bayou Cookbook and it was certainly enjoyed by all!*

*Thank you for gift shop donations: Irene V. And Sharon E. Thank you Young at Heart members for your continued donations to support resident Bingo.*

*Mothers Day is upon us. Why not give the gift of Beauty... Gift Card can be purchased through the business office. Treat Mom to a salon day. Call Janet McDonald for more information.*

## *Volunteer Opportunities*

- 1. Memory Care Unit, Flexible Days and Hours, this opportunity works hand in hand with the Activity Aide on the unit assisting with planned activities. Other duties consist of sitting with residents, walking with residents and helping to pass out drinks and snacks and just being a friend to the Memory care residents. This position is a very enjoyable and rewarding volunteer opportunity. Training and orientation will be provided.*
- 2. Bingo Assistants needed Thursday night at 6:00 pm to help the activities staff with resident bingo. This entails helping to set up and break down the bingo game. Also transporting residents. Helping point out the numbers on the residents cards only after giving them the time to find them on their own.*
- 3. Saturday transportation assistants are needed to help bring the residents down to the activities and visit each residents while delivering daily sheets. On Sundays a volunteer is needed to help serve coffee for those that can have it and hand out daily sheets to each resident. Church attendants and transportation assistants are needed for Sunday afternoons.*
- 4. Looking for individuals to work in the office Sat. and Sun. or any day during the week. Start time 9:00am. Telephone Assurance Program T.A.P. The program operates daily and it takes only an hour to complete. The duties are calling and checking the welfare of people who are signed up to receive a daily check in. Training is provided.*

*Other volunteer opportunities are available: You can pick up a volunteer application packet at the security desk. Hours and Days are flexible. Call Janet at 410-942-2112.*

*For more information for any of these positions. All interested in any volunteer position must submit to having a background check and provide proof that you have had a COVID vaccination.*

# Citizens and Harford County Helpful People

## Citizens is Governed by a Volunteer Board of Directors

### Board Members Are:

Wendell G. Baxter  
Jacob Bennett  
Shobita DuBois  
Mary Jones  
Alex Lenowitz  
Carol Lienhard  
Rodney Swam  
Cathy Vincenti  
Andrew Young  
Kimberly Zavrotny

## Who is your Ombudsman???

The Harford County Ombudsman comes to Citizens when help is needed. She helps work out any problems that you may have that you have told some one about but the problem is on going. If you need to get in touch with her, her name is Sharon Miller and she can be reached at the Office on Aging at 410-638-3025.

## Managers Ready to Help You , Are:

Administrator  
Ed Walter

Department  
Directors

Activities  
Jocelyn Silver, ADC

Director of  
Admissions  
Nancy Bennett

Dietary  
Darrick DeBoard Sr.  
CDM, CFPP

Environmental  
Services  
And Laundry  
Theresa Gebhardt

Facility Operations  
Robert Watson

Human Resources  
Diana George

Medical Director  
H.S. Sim

Nursing  
Cassie Evering, RN

Director of Business  
Operations  
Keith Streett

Risk Management  
Renata Truant, RN

Social Work  
Diane Bruso,

Volunteers / Public  
Relations  
Janet McDonald

## Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

## **Citizens Care and Rehabilitation Center is on Facebook!**



**Keep up with all that is going on  
at Citizens by following our  
Facebook page.**

## Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.