

Citizens Care

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Citizens  **Care**

*The Chit Chat Staff
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Additional Support,
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Chit Chat

Volume 86— Issue March 2026

Citizens Care Center A “5 STAR” Facility



An Irish Blessing



*May love and laughter
Light your days
And warm your heart
And home,
May good and faithful
Friends be yours
Wherever you may roam,
May peace and plenty
Bless your world
With joy that long endures,
May all life's gifts
Bring the best
To you and yours.*



Happy St. Patrik's Day!

Caring for YOU is our Top Priority!

Recognize a great caregiver with a **Ceca Award**.

We've partnered with Ceca Foundation to help celebrate the exceptional acts of care, achievements and successes of our team members in serving you. If anyone on our staff makes your day a little brighter or has a lasting impact on you or your family, we'd like to hear about it.

All of our team members are eligible for the Ceca Award (which provides public recognition and a \$250.00 award), including staff that are clinical (nurses, physical therapists, etc.) and non-clinical (dining services, housekeeping, maintenance, security, activities, etc.) Thank a team member by telling us who and what they did that made a difference in your experience with us.

Tell us about your experience one of these ways:

- Visit CecaAward.org/Guest **OR**
- Scan the QR code with your Mobile device **OR**
- Fill out the form below and turn it in to the front desk
Or Human Resources Department.



Your Name _____

Date: _____

Who would you like to recognize? Name: _____ Department: _____

Why would you like to recognize this person? (If necessary, continue on a separate sheet of paper)



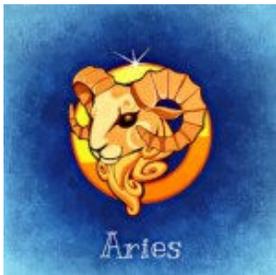
Derek (from therapy) and his lovely wife Katie are expecting their first baby girl in the near future. The whole building got together and gave them a surprise Baby Shower. Derek was so surprised, he knew nothing about it. Katie knew about it but they were both very pleased. Congratulations to the expecting parents, everyone is hoping for a really good outcome for the new little family!

Happy Birthday, March Residents



**February 19th to
March 20th**

Pisces are known for their dreamy nature, deep empathy and artistic flair. Pisces have an uncanny ability to tune into the emotions of others, often knowing what people need before they even say it. Their interests often lie in the mystical and artistic, where their vivid imaginations and elusive childlike spirit can truly run wild.



**March 21st to
April 19th**

They have excellent organizational skills, so you'll rarely meet an Aries who isn't capable of finishing several things at once, often before lunch break! Their challenges show when they get impatient, aggressive and vent anger pointing it to other people. Strong personalities born under this sign have a task to fight for their goals,



Staff March Birthdays

| | |
|------------------|------|
| 1. Irene V. | 3/4 |
| 2. Luzviminda F. | 3/5 |
| 3. Anna H. | 3/6 |
| 4. Ashley G. | 3/8 |
| 5. Marquise K. | 3/9 |
| 6. Doris N. | 3/11 |
| 7. Diana G. | 3/13 |
| 8. Ella J. | 3/13 |
| 9. David H. | 3/14 |
| 10. April B. | 3/17 |
| 11. Linda W. | 3/18 |

**March is
the best
time to
start
again,
because
if the
Spring
can do it,
why
can't
You???**

| | |
|-----------------|------|
| 1. Ajello G. | 3/3 |
| 2. Albert G. | 3/5 |
| 3. Nancy B. | 3/6 |
| 4. Sharon L. | 3/8 |
| 5. Mary N. | 3/8 |
| 6. Harry B. | 3/10 |
| 7. Donna D. | 3/13 |
| 8. Ruth V. | 3/14 |
| 9. Patrick C. | 3/16 |
| 10. Aloha W. | 3/17 |
| 11. Richard A. | 3/18 |
| 12. Margaret D. | 3/21 |
| 13. Connie B. | 3/27 |

| | |
|------------------|------|
| 12. Tina W. | 3/18 |
| 13. Denise R. | 3/18 |
| 14. Kriska B. | 3/19 |
| 15. Mary G. | 3/22 |
| 16. Frances F. | 3/27 |
| 17. Lisa H. | 3/28 |
| 18. Nancy A. | 3/29 |
| 19. Geraldine N. | 3/29 |

Staff March Anniversaries

| | | |
|-----------------|------|---------|
| 1. Denise Q. | 3/9 | 34yrs. |
| 2. Janice S. | 3/25 | 34 yrs. |
| 3. Julie J. | 3/5 | 12 yrs. |
| 4. Geraldine N | 3/18 | 7 yrs. |
| 5. Cristina D. | 3/3 | 3 yrs. |
| 6. Julianne B. | 3/7 | 3 yrs. |
| 7. Matthew M. | 3/21 | 3 yrs. |
| 8. Luzvimind. F | 3/21 | 3 yrs. |
| 9. Karla N. | 3/12 | 2 yrs. |

Attention Staff

Healthcare Academy®
eLearning and eCompetencies™

The time to get started on your In-Services is now. Don't wait until the last minute. June 30th will be here faster than you think.

Looking Back on February Activities



Our February Birthday Party was a real success with Chinese Food made by our very own kitchen. Our Baker Leslie pictured to the right out did herself with a delicious 3 tiered Strawberry Shortcake for dessert!



1

Our Friends from the Evergreen Garden Club came to make Valentine posies with our residents. Everyone got to take home flowers to put in their rooms.



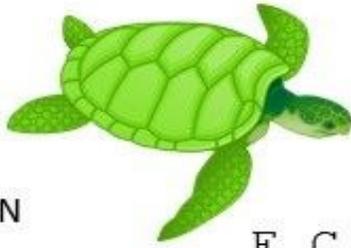
Valentines Day Party



From Left to Right:
Top—The King and Queen, Bobby B playing
Two friends on BL dancing together!
Bottom— Everyone anticipating lunch and Marilyn joining the fun.

Mardi Gras 2026





GREEN

WORD SEARCH PUZZLE

- APPLE
- BEANS
- CHIVES
- DRAGON
- EYES
- FIELD
- GRASS
- HORN
- HOUSE
- IVY
- KALE
- LAND
- LAWN
- LETTUCE
- LIGHT
- LIME
- MINT
- MOLD
- MONEY
- MOSS
- OLIVES
- PARSLEY
- PEARS
- PEAS
- PEPPER
- PICKLES
- PINE
- PLANTS
- ROOM
- SNAKE
- SOAP
- SPINACH
- STONE
- TEA
- THUMB
- TURTLE

E C U T T E L V E S U O H T T
S P X E L T R U T E D L O M N
O S E L K C I P C Y M P S P I
A S S A N X Z A H E D E P L M
P N G O S R T E I S R P I A L
Z A Y H M O O T V W A P N N A
S E V I L O D H E R G E A T N
O B Y L T M Y L S N O R C S D
E S E A H K A L E J N O H E V
K R N W U E E B J I S S A R G
A A O N M Y U S B V F E N I P
N E M I B R F Y R Y E L P P A
S P L E N O T S E L I G H T U

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.



Patrick O'Hara comes to Citizens

Story by: The Residents of Citizens Care Center

Every year around St. Patrick's Day when the cafeteria starts serving anything that can legally be dyed green, a tiny coppery-haired whirlwind named Patrick O'Hara blows into Citizens like a glittery gust of Irish mischief. You see, we are talking about the 3 ft. tall Leprechaun in boots with buckles shinier than a new penny— considers himself the unofficial Cobbler-in-Chief of the facility. While everyone else sees a Care Center, Patrick sees a mountain of scuffed loafers, squeaky sneakers, heroic Velcro straps, and slippers that have survived more trips to Bingo than one can count. He takes his shoe repair very seriously. The mischief? Not so much.

On the eve of St. Patrick's Day, Patrick sneaks into the building with his enchanted cobbler's kit and gets to work. He buffs, he shines, he hammers, he hums a suspiciously catchy Irish jig. By sunrise, every shoe sparkles like it's about to attend a royal ball or at least exercise on Baylane. And then...he strikes. Left shoes go to Room 112. Right shoes go to Room 207. Barbara's fuzzy pink slippers appear tucked neatly into the refrigerator ("Patrick claims that was for freshness"). But Patrick isn't heartless he leaves clues next to everybody's bed. On Barbara's dresser she finds this little limerick: Your toes are chilly, this much is true, look where they keep the pudding cups and sodas too. In Harry's room he finds, If you are missing footwear don't be vexed, look where you muscles can get a good flex.

By breakfast the halls of CCRC are filled with delighted chaos. Someone yells "I've got two right shoes and someone else yells well I have to left ones" Trade Ya! The residents love it. They pretend to grumble, but their eyes sparkle brighter than Patrick's belt buckle.

This year, however, Patrick brought something extra. Under his arm, he carried his pride and joy: His magical Pot O' Gold. Not just any gold—this gold shimmered with wishes, luck and just a hint of questionable decision-making. Now where to hide ye.... "Patrick muttered, stroking his long coppery beard. He scanned the halls and grinned. "The Bingo closet! No one will suspect the Bingo closet." So, he tucked the gold behind the chips and cards, patted it fondly and skipped off to finish polishing some orthopedic sandals. There was just one small problem. Magical gold doesn't stay put. When he returned to admire his treasure — It was gone. GONE! "Mother of Shamrocks," he whispered." And so, he began to search frantically. First stop was the kitchen. He dove under enormous soup pots, narrowly avoiding becoming tomorrow's "Leprechaun Stew Surprise." Not here he grumbled, emerging with a carrot stuck in his hat. Next the shower room, He peeked into the towel hamper and had to lean in pretty far and promptly fell into a pile of damp towels. He wriggled free and dashed to the laundry room, burrowing beneath heaps of clothing. He said to himself "I refuse to be defeated by elastic waistbands!" NO GOLD. Finally he stormed the physical therapy room. "If me gold is exercising without me I'll never forgive it." He hopped onto a treadmill to get a better look. He accidentally pressed a button and the treadmill launched forward like it had somewhere very important to be. Patrick's leg's windmilled, his hat flew off. He let out a battle cry that sounded suspiciously like, "WHOOOAAAAA MOTHER OF SHAMROCKS." He shot backward and crashed into the padded wall with a dramatic thud. The treadmill kept on jogging without him. Dazed, slightly frazzled, Patrick heard something drifting down the hallway. Laughing. Cheering. The unmistakable echo of a Bingo Hall in full celebration. "Oh no," he whispered. He followed the noise and peeked inside. There sat the Act. Dir., grinning for ear to ear. Behind her, glowing proudly in the Bingo prize area was His Pot O' Gold. Apparently, when the Activity Director opened the bingo closet that afternoon it was exactly where he had left it. So, she began using the shimmering coins as Bingo prizes. Patrick burst through the doors. "Hey! That's my gold! Ladies and Gentleman I'll be needing that back!" The residents slowly turned to look at Patrick. Dozens of sharp twinkling eyes fixed on him. Nora said "Finders Keepers." and Carolyn finished it by saying "losers weepers." Patrick exclaimed, "You can't just keep a Leprechaun's gold. "Oh honey," said Carolyn "we've had decades to practice how to be more mischievous than you." We raised children, survived the 60's and mastered Facebook." And in that moment— He learned a valuable lesson. Never mess with people who have unlimited time, Decades of knowledge and absolutely nothing to lose!

Movie Line Up for March

1st 4:30 pm Movie, Ring of Fire: This movie is all about the life of Johnny Cash.

2nd 6:30 pm Movie, Uncle Drew: A Comedy Slam Dunk about Basketball, if you like comedy and sports you will enjoy this movie.

3rd 6:30 pm Movie, Elvis in Spin Out: If you like Elvis , this is Elvis in all his glory racing cars.

4th 6:30 pm Movie, Stuart Little: Sure to delight, there is Love, Adventure and a quirky mouse.

6th 6:30 pm Movie, Step Up: Two dancers, Two Worlds, One Dream, This movie is full of energy.

7th 4:30 pm Movie, Stan the Man: Former NFL coach hits rock bottom and has a comeback.

8th 4:30 pm Movie, Hazardous Duty: A Squeaky Clean Mystery, a real who “dunn it.”

9th 6:30 pm Movie, Songbird: This is a terrifying thriller. This movie is not for the faint of heart.

10th 6:30 pm Movie, A Walk to Remember: Love brings together what peer pressure and life-styles seek to keep apart.

11th 6:30 pm Movie, ZOOTOPIA: Disney does in again with the comedy adventure et in the modern mammal metropolis of Zootopia.

13th 6:30 pm Movie, A Wave of Kindness: A young journalist embarks on a quest to find the happiest story amid his own personal struggles.

14th 4:30 pm Movie, Wild, Wild, West: If you think special government agent James West is fast with a six shooter, wait'll he lays a funny quip on you!

15th 4:30 pm Movie, The Unlikely Good Samaritan: Follows the paths of two men: Sam, an ex-convict and mysterious drifter looking to escape his past and Chris, a proud small town pastor.

16th 6:30 pm Movie, The Surfer: Nick Cage plays the lead in this surreal psychological thriller.

17th 6:30 pm Movie, The Resistance Fighter: True Story of t he Polish “James Bond” war hero.

18th 6:30 pm Movie, 10 Things I Hate About You: A classic comedy about coming of age and dealing with siblings.

20th 6:30 pm Movie, 007 in Thunderball: Nobody does it like Bond—James Bond!

21st 4:30 pm Movie, Throwback: A comedy about a middle-aged couple raising their two kids, then the unthinkable happens. Mom has a break down and regresses to her college days forgetting the last 26 years.

22nd 4:30 pm Movie, The Reason: A mysterious man appears in a small town, unexplained miracles begin to happen.

23rd 6:30 pm Movie, Treasure Planet: Buckle up for thrills and excitement as a classic story of friendship, courage and self discovery gets a futuristic twist.

24th 6:30 pm Movie, A Simple Wedding: When Nousha falls for the charming but unorthodox Alex, it brings instant chaos into her traditional family life.

25th 6:30 pm Movie, The Upside: Based on a true story, an ex-con and a billionaire strike up an unlikely bond, bridging their differences and gaining invaluable wisdom from each other.

27th 6:30 pm Movie, Slammy Jamma: Inspired by a true story, a basket ball player, who fell from grace makes a comeback against impossible odds.

28th 4:30 pm Movie, Shanghai Knights: Incredible action and non-stop laughs.

29th 4:30 pm Movie, Working Miracles: Love and Faith can bring you miracles.

30th 6:30 pm Movie, X-Men in Dark Phoenix: Out of control bad guys and out smarted by the X Men’s super powers.

31st 6:30 pm Movie, Weird Al Yankovic Story: An unexaggerated true story about the greatest musician of our time.

Staff News, Achievements & Announcements



Please Congratulate Sylvia S. as she Celebrates 35 Successful years at CCRC



Welcome to our newest GNA's Debbie S. and Kaniya D. Thank you for being part of our CCRC staff family.

We had three other new employees that joined our CCRC staff that are listed below without a picture.



Rachel P. Cafeteria Coordinator

Marquise K Maintenance Assistant

Five Star Rating ★★★★★



1st in both Harford and Cecil Counties

8th in the State out of 204!



Skills Fair



What a success our Skills Fair was. Thank you everyone who participated and brought your knowledge to our staff members.

Citizens Participates in HdG Ice Sculpture Festival



Thank you to all our staff who came out to show support.



Dough Slingers Food Truck coming for lunch until 2:00 pm then they are doing funnel cakes afterwards.

Volunteer News



Please Welcome our two newest Volunteers

*Left to Right: Gloria and Maria, new Activity Volunteers
We are so glad to have them as part of our team.*

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Thank You...

Thank you to the following who donated items to the gift shop: Dorothy L., Diane B., Mamie B., Shanel G. and Sharon E.

Thank you to young at heart for your generous donation for February bingo quarters. Thank you to Betty Walter for sorting and organizing card for the gift shop.

Volunteer Opportunities

1. Memory Care Unit, Flexible Days and Hours, this opportunity work hand in hand with the Activity Aide on the unit assisting with planned activities. Other duties consist of sitting with residents, walking with residents and helping to pass out drinks and snacks and just being a friend to the Memory care residents. This position is very enjoyable and rewarding volunteer opportunity. Training and orientation will be provided.
2. Bingo Assistants needed Thursday at night to help the activities staff with resident bingo. This entails helping to set up and break down the bingo game. Helping point out the numbers on the residents cards only after giving them the time to find them on their own.

Other volunteer opportunities are available: You can pick up a volunteer application packet at the security desk. Hours and Days are flexible.

For more information for any of these positions please contact Janet McDonald @ 410-942-2112. All interested in any volunteer position must submit to having a background check and provide proof that you have had a COVID vaccination.

Our Doggy Friends, thank you for making such a difference.



CCRC is truly fortunate to have so many lovable dogs visit our Center. From left to Right...

1. Heather and Meeko
2. Nicola and Luka
3. Marianne and Bordy
4. Kaitlyn and Honey



Citizens and Harford County Helpful People

Citizens is Governed by a Volunteer Board of Directors

Board Members Are:

Wendell G. Baxter

Jacob Bennett

John P. Corrieri, Jr.

Shobita DuBois

Mary Jones

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

Who is your Ombudsman???

The Harford County Ombudsman comes to Citizens when help is needed. She helps' work out any problems that you may have that you have told some one about but the problem is on going. If you need to get in touch with her, her name is Sharon Miller and she can be reached at the Office on Aging at 410-638-3025.

Managers Ready to Help You , Are:

Administrator
Ed Walter

Department Directors

Activities
Jocelyn Silver, ADC

Director of Admissions
Nancy Bennett

Dietary
Darrick DeBoard Sr.
CDM, CFPP

Environmental Services
And Laundry
Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources
Diana George

Medical Director

H.S. Sim

Nursing
Cassie Evering, RN

Director of Business Operations
Keith Streett

Risk Management
Renata Truant, RN

Social Work
Diane Brusco,

Volunteers / Public Relations
Janet McDonald

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

Citizens Care and Rehabilitation Center is on Facebook!



Keep up with all that is going on at Citizens by following our Facebook page.

Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.