

Citizens Care

*Address: 415 Market St. Har-
vre de Grace, MD 21078*

Phone: 410-939-5500

Fax # 410-939-3471

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Citizens  **Care**

*The Chit Chat Staff
Editor, Jocelyn Silver,
Director of Activities
Additional Support,
Janet McDonald and
Nancy Bennett*

Chit Chat

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Citizens Care Center A "5 STAR" Facility



Valentine Gratitude



*On Valentine's Day,
We think of people
Who make life better,
happier, just by being around,
people whose good nature
ready smile and eagerness to help
enrich everyone they meet.*

*On Valentine's Day,
We remember what a pleasure
it is to know all of you!*

*Happy Valentines Day, Residents
And Guests of CCRC!*





A resident original! The Valentine's Day Journey.

It was the winter of 1950, and an icy storm swept across the countryside as an elderly couple made their way to visit their grandchildren. Valentine's Day was just around the corner, and the back seat of their car was filled with candy, cards, and small gifts wrapped with care.

Then, without warning, their car sputtered and died on the frozen roadside. Their gas gauge had been broken for some time, and now the bitter cold made matters worse. With no choice left, the couple bundled themselves in their coats and began walking toward the nearest gas station, hoping it wouldn't be far. Before they had gone very far, another car pulled over. A kind stranger rolled down his window and asked if they needed help. Grateful and cold, the couple climbed into his car, and he drove them to the closest gas station—only to find it closed.

The man offered to take them to the next station down the road, though he explained he wouldn't be able to stay. When they arrived, another problem became clear: the couple had no money to buy gas.

Seeing their worry, a good Samaritan stepped forward and placed a dollar in their hands. In those days, a gallon of gas cost just twenty-seven cents. With smiles of relief, they purchased three gallons of gasoline, borrowed a can, and the station attendant kindly drove them back to their stranded car.

Soon, the engine was running again. With enough fuel to reach their destination, the couple continued on their way, hearts full of gratitude. They arrived safely at their grandchildren's home, delivered the Valentine gifts, and enjoyed a warm evening of dinner, laughter, and celebration.



Karen's Korner

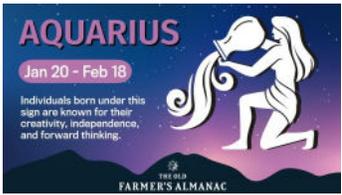
Hello residents and staff of CCRC!

Welcome to Karen's Korner for the month of February 2026. February is the shortest month of the year, with only 28 days, but it still packs in plenty to celebrate. This month includes several holidays and observances, which I'll list without detail: Groundhog Day, Super Bowl Sunday, Valentine's Day, and Mardi Gras. The only federal holiday is Presidents Day, which celebrates the birthdays of George Washington and Abraham Lincoln together. February is also Black History Month. There are also some fun and silly days in February, such as Eat Ice Cream for Breakfast Day and Decorate with Candy Day, as well as Chinese New Year. I understand we'll be having Chinese food for the birthday party on the 3rd — I hope you enjoy it!

I hope you had a good time watching all the snow come down in the month of January and are still enjoying looking at as it continues to covers the earth like a blanket of white on the ground. I'll be back again in March.

Karen

Happy Birthday, February Residents



January 20th to February 18th
 They can either be cold and emotionally detached or extremely emotional. The realest one you will ever meet. They speak fluent sarcasm. They can see through fake people. Sometimes their mind is too advanced for some people to understand. Masters at hiding their feelings. They have a dark side you don't want to bring out.



February 19th to March 20th

Pisces are known for their dreamy nature, deep empathy and artistic flair. Pisces have an uncanny ability to tune into the emotions of others, often knowing what people need before they even say it. Their interests often lie in the mystical and artistic, where their vivid imaginations and elusive childlike spirit can truly run wild.



Staff February Birthdays

1. Logan S.	Nursing	2/1
2. Janet Mc.	Other Admin.	2/5
3. Regina S.	Dietary	2/14
4. Ellen S.	Security	2/16
5. Abigail T.	Nursing	2/17
6. Christie K.	Dietary	2/20
7. Sherry J.	Security	2/22
8. Charles S.	Dietary	2/22
9. Jamie J.	Nursing	2/22
10. Kelli V.	Security	2/23
11. Theresa G.	EVS	2/24

1. Mary W.	2/6
2. Linda N.	2/6
3. John D.	2/8
4. Jean S.	2/12
5. Karen W.	2/12
6. Caroline A.	2/13
7. Dixie S.	2/16
8. Edna J.	2/16
9. Anna B.	2/17
10. Mary W.	2/17
11. Janice C.	2/20
12. Timothy B.	2/21
13. Bonnie L.	2/23
14. Susan P.	2/26
15. Gladys B.	2/27
16. Janet B.	2/29

12. Alexander H.	Dietary	2/26
13. Laura G.	Dietary	2/28
14. Marthelyn K.	Nursing	2/28



Staff February Anniversaries

1. Sylvia S.	Nursing	2/26	35yrs.
2. Catherine K.	Nursing	2/4	20 yrs.
3. Agatha M.	Nursing	2/1	15 yrs.
4. Bonface N.	Nursing	2/1	20 yrs.
5. Diane U.	Nursing	2/22	14 yrs.
6. Pamela R.	Activities	2/10	12 yrs.
7. Renata T.	Quality Assurance	2/13	3 yrs.
8. Magalie B.	Nursing	2/6	2 yrs.
9. Gina O.	EVS	2/4	1 yr.
10. Gail S.	EVS	2/11	1 yr.

It's never to late to be what you might have been!

february

Modesty
 Spiritual Wisdom
 Faithfulness
 Humility



VIOLET

Looking Back on January Activities



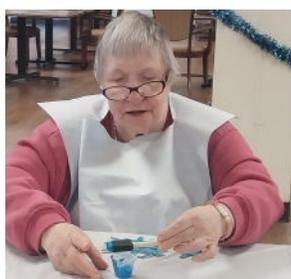
Our January Birthday Party was a real success with Three Cheese, Grilled Cheese and Roasted Red Pepper and Tomato Soup



Our residents came to the rescue to help our feathered friends through the January 2026 Winter Storm. They had peanut butter and bird seed up to their elbows while smearing it on the pine cones. But they sure did have fun!



Our residents have enjoyed watching our birdies buddies eat the peanut butter and bird seed pinecones made by the loving hands of our residents.



Above our residents are painting the snowflakes they made out of popsicle sticks and below we have pictures of Happy Hour with Greg Moxey entertaining.

Caring for YOU is our Top Priority!

Recognize a great caregiver with a **Ceca Award**.

We've partnered with Ceca Foundation to help celebrate the exceptional acts of care, achievements and successes of our team members in serving you. If anyone on our staff makes your day a little brighter or has a lasting impact on you or your family, we'd like to hear about it.

All of our team members are eligible for the Ceca Award (which provides public recognition and a \$250.00 award), including staff that are clinical (nurses, physical therapists, etc.) and non-clinical (dining services, housekeeping, maintenance, security, activities, etc.) Thank a team member by telling us who and what they did that made a difference in your experience with us.

Tell us about your experience one of these ways:

- Visit CecaAward.org/Guest **OR**
- Scan the QR code with your Mobile device **OR**
- Fill out the form below and turn it in to the front desk
Or Human Resources Department.



Your Name _____

Date: _____

Who would you like to recognize? Name: _____ Department: _____

Why would you like to recognize this person? (If necessary, continue on a separate sheet of paper)

Attention All Staff Members!!!

Don't Miss The CCRC Skills Fair in the Chesapeake Room

When: Wednesday February 4th.

Times : 7:30am – 10am & 2:30pm – 5pm

We will be having eleven different informative tables for you to come and either learn something new or get a refresher on a topic you may have known once but may have forgotten.

Movie Line Up for February



February

1st Movie 6:30 pm, The Greatest Showman—This an award winning musical inspired by the life of P.T. Barnum.

2nd Movie 6:30 pm, Blinded by the Light—Inspired by a true story. Javed, a British Pakistani teen living in England finds inspiration and hope from an unexpected source. Bruce Springsteen.

3rd Movie 6:30 pm, The Chaperone—From the creator of Downton Abbey. Louise Brooks, the 1920's silver screen sensation who never met a rule she didn't break, land herself with a chaperone to go to New York to study with a leading dance troupe.

4th Movie 6:30 pm, Beauty and the Beast—The characters come to life in the live action adaptation of Disney's animated classic.

6th Movie 6:30 pm, An American in Paris—starring Jene Kelly and Leslie Caron, Musical

7th Movie 6:30 pm, Birthright Outlaw— Her birthright was determined by destiny until a frontier pastor's love showed her otherwise.

8th Movie 6:30 pm, Ballet Shoes—3 Orphans raised as sister go on to do great things.

9th Movie 6:30 pm, The Great Gilly Hopkins—This is real, emotional, funny and captivating.

10th Movie 6:30 pm, The Greening of Whitney Brown— Life unfolds wherever you are.

11th Movie 6:30 pm 'll See You in My Dreams— This retiree finds love in unexpected places.

13th Movie 6:30 pm The Incredible Hulk — The amazing Big Guy himself in all his Green glory.

14th Movie 6:30 pm Hope Springs—A funny and touching look at the mysteries that divide men and women.

15th Movie 6:30 pm Cleopatra— starring Elizabeth Taylor, Richard Burton and Rex Harrison.

16th Movie 6:30 pm Chosen Family— Sometimes you have to put yourself first even when everyone else expects you to help them because that's what you have always done.

17th Movie 6:30 pm Brand New Day—This joyous musical...is exuberant fun!

18th Movie 6:30 pm Freaky Friday—Mom and Daughter change places in this hilarious movie.

20th Movie 6:30 pm Father of the Bride—Love is simple, Family is not. The story of a father coming to grips with his daughter getting married.

21st Movie 6:30 pm DUNE—Sci Fi at it's best. Traveling to new dangerous planets to ensure the future of humanity.

22nd Movie 6:30 pm Agatha Christie's Death on the Nile. Few detectives have been as well loved as Poirot.

23rd Movie 6:30 pm Blue Lightning—Living a solitary life, an old man finds unexpected joy when he bonds with his granddaughter.

24th Movie 6:30 pm The Age of Adeline—The world has changed over the years but Adeline has not.

25th Movie 6:30 pm The Best Exotic Marigold Hotel—Fall under the spell of this delightful refreshing fairy tale.

27th Movie 6:30 pm The Big Shot—starring Bogart, Bogie's a Big Shot with a target on his back.

28th Movie 6:30 pm Away and Back—A family of Trumpeter Swans makes their home on the family pond, it's love at first sight for 10 yr. old Frankie.

Silly Snowman Jokes

1. **Why did Frosty the snowman want a divorce?** Because he thought his wife was a flake.
2. **How does a snowman get around?** He rides an icicle!
3. **What do you call a penguin in the Sahara desert?** Lost.
4. **What do you call an old snowman?** Water.

Staff News, Achievements & Announcements



Welcome Wallie J. The newest member of our CCRC family. We are glad you have chosen Citizens to continue your career.

We welcome you to the CCRC staff family. We are grateful you have chosen us to further your career.

Not Pictured

- Rodel K. GNA Itern 01/27*
- Donna S. Laundry 01/27*
- Kendra T. GNA 01/06*



Ladies and Gentleman it is now February and there are only 5 months out of the 12 left to do your in-services. Don't wait until the last minute. June 30th will be here faster than you think.

Dr. Joke

Man: "My wife is pregnant, and her contractions are only two minutes apart!"

Doctor: "Is this her first child?" **Man:** "No, you idiot! This is her husband!"

Five Star Rating ★★★★★



1st in both Harford and Cecil Counties

8th in the State out of 204!



The Winter Storm of January 2026
We have some absolutely wonderful employees. Those that spent the night Saturday into Sunday, came in on their day off on Sunday, and then some turned around and spent the night again, leaving their families to be taken care of by other family members, all in an effort to make sure that our residents are well taken care of. THANK YOU EACH AND EVERYONE WHO GAVE OF YOURSELVES FOR OUR HOME AND RESIDENTS.



These are just a few of the HEROES of Citizens that came in to take care of our residents. There were many more, just not captured on film. Thank you all again for your hard work and dedication to our facility!

Volunteer News



Thank You...

Thank you to Young at Heart for your generous donation in January for our resident bingo games. Thank you to Diane B., Olivia B., Theresa G., for gift shop donations.

Thank you to our weekly volunteers Marianne Y. who brings Bordy her golden retriever for unit and room visits each Tuesday. Thank you to Kaitlyn B. who brings Honey a Berniedoodle each Wednesday for visits.

The residents love their pet visits each week and look forward to them.

Thank you to Sharon Ey for volunteering in our gift shop. Sharon volunteers 2-3 times a week serving residents, staff and visitors.

Volunteer Opportunities

1. Monday's at 2pm and Thursdays at 6pm. Activities is seeking upbeat volunteers to support our residents in one of their favorite weekly activities –BINGO! This position will be assisting with transportation from the residents units to the dining room. Keeping track of the numbers for the residents that need assistance. Creating a fun, social atmosphere with friendly conversation before and after games. This a great way to make a meaningful difference in someone's day.

Interested, contact Janet McDonald at 410-942-2112

2. Gourmet Galley volunteers are needed on 1-2 Thursday a month 10am to 2pm. This position will help with food preparation, table setting, serving the prepared food. This is a special meal prepared for the residents at lunch time. Each station preps the assigned recipe. Come join us for lunch it is always delicious. Interested, contact Janet McDonald at 410-942-2112

Anyone choosing to volunteer must fill out an application and submit proof of a COVID vaccination. All applicants over 18 must complete a background check.

Anyone who wishes to donate birdseed to keep our feeders full please feel free to drop your donation off at the Main entrance or the volunteer Office. Bird watching is a very interesting way for our residents to spend their time. Our residents love the birds.

Reminders to all Volunteers

- 1. Always knock before entering a residents room.***
- 2. Always hand sanitize before entering a residents room and when you leave. Remember washing your hands is the best way to fight germs.***
- 3. Sign in and out in the volunteer log at the main entrance security desk.***

Reminder: All pets that visit must have a current Maryland Visiting Health Certificate on file with the Volunteer office. You can find them at each Security/Reception desk entrance. They must be completed by a Veterinarian.



Citizens and Harford County Helpful People

Citizens is Governed by a Volunteer Board of Directors

Board Members Are:

- Wendell G. Baxter*
- Jacob Bennett*
- Shobita DuBois*
- Mary Jones*
- Alex Lenoritz*
- Carol Lienhard*
- Rodney Swam*
- Cathy Vincenti*
- Andrew Young*
- Kimberly Zavrotny*

Who is your Ombudsman???

The Harford County Ombudsman comes to Citizens when help is needed. She helps' work out any problems that you may have that you have told some one about but the problem is on going. If you need to get in touch with her, her name is Sharon Miller and she can be reached at the Office on Aging at 410-638-3025.

Managers Ready to Help You , Are:

Administrator
Ed Walter

Department Directors

Activities
Jocelyn Silver, ADC

Director of Admissions
Nancy Bennett

Dietary
Darrick DeBoard Sr. CDM, CFPP

Environmental Services And Laundry
Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources
Diana George

Medical Director
H.S. Sim

Nursing
Cassie Evering, RN

Director of Business Operations
Keith Streett

Risk Management
Renata Truant, RN

Social Work
Diane Brusio,

Volunteers / Public Relations
Janet McDonald

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

Citizens Care and Rehabilitation Center is on Facebook!



Keep up with all that is going on at Citizens by following our Facebook page.

Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.