

Citizens Care

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**The Chit Chat Staff
Editor, Jocelyn Silver,
Director of Activities
Additional Support,
Janet McDonald and
Nancy Bennett**

Chit Chat

Volume 77— Issue June 2025



**GOD TOOK THE STRENGTH OF A
MOUNTAIN,
THE MAJESTY OF A TREE,
THE WARMTH OF A SUMMER DAY,
THE CALM OF A QUIET SEA,
THE GENEROUS SOUL OF NATURE,
THE COMFORTING ARM OF NIGHT,
THE WISDOM OF THE AGES,
THE POWER OF EAGLES FLIGHT,
THE JOY OF A MORNING IN SPRING
THE FAITH OF A MUSTARD
SEED, THE PATIENCE OF
ETERNITY, THE DEPTH OF A
FAMILY NEED,**

**THEN GOD COMBINED THESE
QUALITIES, AND THEN THERE WAS
NOTHING MORE TO ADD,
HE KNEW HIS MASTERPIECE WAS
COMPLETE,
AND SO, HE CALLED IT — DAD**

EDITORS NOTE

Hello Everyone,

When living in a Care facility your loved ones may begin to feel isolated from their families. This is one of the most important times in their lives that they need to feel loved, supported and connected. Some ways that families can help out with these feelings of isolation is to: visit as often as you are able. If you are unable to visit Activities will be happy to help your loved one with a Zoom telephone call. Also, bring familiar pictures in to place on their bulletin boards, copies are just as good as originals if you don't want anything to happen to them. Bring in a special food that you prepare knowing your loved will one enjoy it. (Please adhere to special diet restrictions that they might have). Join in the scheduled activities with your loved one. Come play bingo, cards or a board game with them. You are welcome to join your family member during most activity programs. "Pushers" are needed to take the residents to the "Vintage Café" on June 26th at 11:00 am for lunch. Contact Jocelyn Silver for more ideas on how to stay connected with your loved one once they have entered a facility.

Attention Family Members... You are invited to spend an evening of fun and good food on June 27th starting at 4:00 pm with the Spring Fling and then a Cook-out at 5:00 pm.

Come for the fun of a Senior Field day as well as a cook out. If it is too hot to eat outside we will have a cook-out, eat-in party. Look for more details coming your way in the mail. We are looking for some family members to help us man the game tables. These tasks are very easy. If you can help please call Jocelyn Silver at 410-942-2126. The dinner is a very reasonable at \$10.00 per adult to 7 yrs of age. 6 and under are free. We are covering the cost of the food only. There is a 3 guest limit. Reservations are a must so we will know how much food to prepare.

Mother's Day Raffle Winner,
sponsored by Resident Council



Thank you Dot A. for pulling the winning ticket for our Mother's Day Raffle.

Congratulations to Sharon Pollitt as the winner! Thank you to all who participated.

It is with a very heavy heart that we say Good Bye to one of our bravest, dearest and most competent nurses, Arlene Horsman. She was a friend to all. Citizens was a better facility because of the care and love she gave to her residents and co-workers. She was always willing to help anyone who needed her. She was a shining star on her unit. Kindness was shown to everyone she encountered. Soar high with the Angels Arlene. You are missed by everyone who knew you!





Happy Birthday, June Residents



CANCER

The Month of the Crab

June 24 to July 22
Ruled by the Moon,
They are known for
their nurturing,
emotional, and
intuitive nature,
often described as
sensitive and loyal,
with a strong
connection to home
and family.



LEO

The Month of the Lion

July 23 to August 22

Leos are known for
their bold, warm,
and loving personali-
ties. They are of-
ten described as
charismatic, en-
thusiastic, and con-
fident, and they
thrive on atten-
tion. They are also
creative, generous,
and have a natural
talent for leader-
ship.



- | | |
|-----------------|------|
| 1. Clara B. | 6/2 |
| 2. Mary M. | 6/6 |
| 3. Harlequin B. | 6/7 |
| 4. Dorothy G. | 6/14 |
| 5. Patricia Y. | 6/20 |
| 6. Pauline L. | 6/26 |
| 7. Betty Gray | 6/29 |
| 8. Debra R. | 6/29 |

Staff June Birthdays

- | | | |
|-----------------|---------|------|
| 1. Carrie H. | Nursing | 6/4 |
| 2. Katina C. | EVS | 6/5 |
| 3. Hannah M. | Nursing | 6/5 |
| 4. Miranda M. | Nursing | 6/5 |
| 5. Casandra E. | Nursing | 6/8 |
| 6. Rebecca M. | Laundry | 6/8 |
| 7. Julia S. | Student | 6/8 |
| 8. Rosemary A. | Nursing | 6/10 |
| 9. Brian K. | EVS | 6/22 |
| 10. Candace B. | Nursing | 6/25 |
| 11. Katelin B. | Nursing | 6/25 |
| 12. Brittany E. | Nursing | 6/27 |
| 13. Nohelia B. | EVS | 6/30 |

Thought to Think About

What you think
about, you will
bring about.
Change your
thinking,
change your
life!

Staff June Anniversaries

- | | | | |
|------------------|--------------|------|---------|
| 1. Frank L. | Dietary | 6/16 | 44yrs. |
| 2. David H. | Other Admin. | 6/17 | 32 yrs. |
| 3. Anna H. | Nursing | 6/16 | 28 yrs. |
| 4. Tina W. | Nursing | 6/21 | 24 yrs. |
| 5. Mary S. | Dietary | 6/21 | 22 yrs. |
| 6. Angela G. | Nursing | 6/23 | 19 yrs. |
| 7. Dora A. | Nursing | 6/11 | 18 yrs. |
| 8. Dondrea M. | Nursing | 6/11 | 18 yrs. |
| 9. Rebecca M. | Laundry | 6/27 | 14 yrs, |
| 10. Leslie S. | Dietary | 6/20 | 7 yrs. |
| 11. Charlotte J. | Security | 6/1 | 2 yrs. |
| 12. Ella J. | Nursing | 6/13 | 2 yrs. |
| 13. Nancy B. | Other Admin. | 6/19 | 2 yrs. |
| 14. Urzhola E. | Dietary | 6/20 | 2 yrs. |
| 15. Brian K. | EVS | 6/4 | 1 yr. |
| 16. Cathy M. | Nursing | 6/4 | 1 yr. |
| 17. Roseline O. | Nursing | 6/4 | 1 yr. |
| 18. Benedicta O. | Nursing | 6/4 | 1 yr. |

“Be Proud
of the work
you do. The
person you
are and the
difference
you make.”

Citizens
Thanks you
for all you
do!

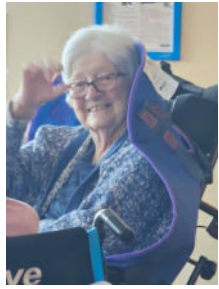


Look Back on May Activities

Introducing the string, cup and rubber band game. This game takes a bit of hand-eye coordination to get the rubber band opened clamp it on a cup and then stack the cups in the center.



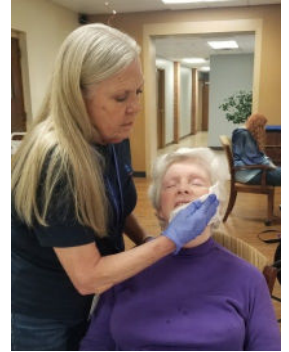
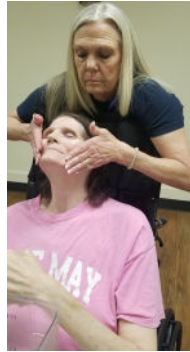
Success!
Come
give it a
try!



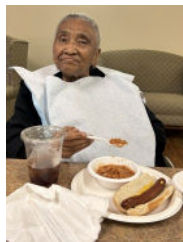
Tidewater residents had a grand time with Craig Johnson playing music for them.



MOTHER'S DAY GLAMOUR DAY



Residents enjoyed a delicious cookout Provided by our own Dietary Staff. Everything was delicious. Thank you Darrick and everyone who prepared the meal. Pictures below:

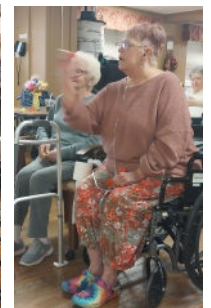


Anybody say: Second Hot Dog Please?

Janet Mc., Mary Kay distributor extraordinaire donated her products and her talents to pamper our ladies by giving facials. Our female residents loved it. Thank you Janet for helping to make this Mother's Day event a roaring success. Afterwards the ladies enjoyed a Tea and delicious cookies, brownies and cupcakes.



Darts with Derek from Therapy was a real hit with everyone. We had lots of Dart action. Plus we had soft Pretzels and drinks. Yummy!



Know Your Rights!

You have the Right to receive a 30 day written notice prior to discharge or transfer, including the reason. Explanation of option to refuse the transfer. And, you have the right to appeal the transfer with an explanation.



HUGE

SUMMER

WORD SEARCH PUZZLE



AUGUST
BARBECUE
BASEBALL
BEACH
BIKE
BOAT
CAMP
FAMILY
FISHING
FLIGHT
FLIP FLOPS
FLOWERS
FRIENDS
GARDEN
HEAT
HOLIDAYS
HOT
HUMID
ICED TEA
INSIDE
JULY
JUNE
LEMONADE
OUTSIDE
PARK
PICNIC
PLAY
POOL
RELAX
SANDALS
SHORTS
SKATEBOARD
SOCCER
SUNSCREEN
SUNSET
SWIMMING
TAN
TANK TOPS
TENT
THEME PARK
TOUR
TRAVEL
TRIP
VACATION
WATERPARK

F	R	I	E	N	D	S	O	C	C	E	R	U	I	F	F	L	S	L	T
C	H	O	T	D	K	F	A	M	I	L	Y	X	V	S	O	K	E	E	S
R	B	W	L	V	S	R	E	W	O	L	F	N	W	O	A	M	N	I	G
T	A	U	G	U	S	T	A	D	P	Y	P	I	P	T	O	T	P	A	K
A	S	V	S	E	O	D	Q	P	L	C	M	L	E	N	E	M	R	R	C
N	E	U	I	K	Y	G	I	U	E	M	Y	B	A	J	F	D	A	Z	B
K	B	I	C	I	I	N	J	M	I	M	O	D	V	Y	E	P	Z	H	W
T	A	T	E	B	N	I	G	N	U	A	E	R	Z	N	R	T	R	I	P
O	L	S	D	N	S	H	G	P	R	H	I	H	E	E	J	R	D	B	M
P	L	S	T	O	I	S	G	D	P	T	K	H	T	L	R	W	S	I	H
S	R	A	E	I	D	I	W	S	I	H	F	A	S	U	A	P	S	Q	O
T	E	T	A	T	E	F	Q	Y	C	P	W	U	B	A	O	X	T	T	L
H	A	E	O	A	R	T	Y	A	N	Y	N	A	E	L	F	F	R	A	I
K	B	S	T	C	A	J	E	Q	I	S	R	U	F	D	L	P	O	O	D
R	G	N	R	A	M	B	P	X	C	B	E	P	A	I	I	K	H	B	A
A	T	U	A	V	W	M	J	R	E	G	I	N	G	R	X	S	S	I	Y
P	A	S	V	H	A	X	E	C	X	L	D	H	U	Z	U	H	T	D	S
R	N	T	E	C	K	E	U	D	F	X	T	G	Q	J	I	O	K	U	Z
I	V	C	L	E	N	E	J	V	S	L	A	D	N	A	S	A	T	P	O

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY. Find and circle each word.





Karen's Korner June 2025



Hello everyone, This month has many occasions to celebrate. Some of which I will remark about. D-Day occurred on June 6, 1944. This was the largest secret invasion in European History off of Normandy France. The Axis (Hitler) powers were surprised because they were certain the invasion would come into Pas-de-Calais region, but instead the UK, US, Canada and other allied nations landed on 5 beaches. This one invasion was able to change the direction of World War II.

To go back even further in time the U.S. Army was founded on the 14th of June 1775, which is also "Flag Day". The next day we recognize is Father's Day the second Sunday of June which happens to fall on June 15th this year. This is the one day of the year Dad is put on a pedestal and celebrated.

"Juneteenth" is celebrated annually on June 19th as Freedom Day or Independence Day as a Federal Holiday to commemorate the ending of slavery in the United States. On the 20th summer begins. Those that enjoy the heat will be getting their fill soon enough as the temperatures sore into the 90's.

I hope you enjoy the month of June. Try to get outside while the weather is still nice and enjoy the fresh air.

Karen

Father's Day Party

*They say the way to a mans heart is through his stomach
All men (only) are invited to
a Father's day brunch on June
13th at 11:00 am*

The Menu will be:

*Breakfast Casserole
Waffles w/butter
and warm syrup
Thick Sliced Bacon
Homemade Apple
Turnovers
Hot & Cold Tea & Coffee
Cranberry Orange Juice*

Best One Liner Dad Jokes

1. I used to be addicted to soap, but I'm clean now.
2. You think swimming with sharks is expensive?
Let me tell you...it cost me an arm and a leg!
3. Do you want a Box for your leftovers? No, but I'll wrestle you for them.
4. If a child refuses a nap...are they resisting a rest?
5. I used to play piano by ear. Now I use my hands.
6. Have you ever tried to catch a fog? I did yesterday but I mist.
7. Did you hear about the guy who invented the Knock Knock joke? He won a "No-Bell" Prize?
8. What gets wetter the more it dries? A towel.
9. I used to be addicted to the "Hokey Pokey"... Till I turned my self "Around"

Movie Line Up for June

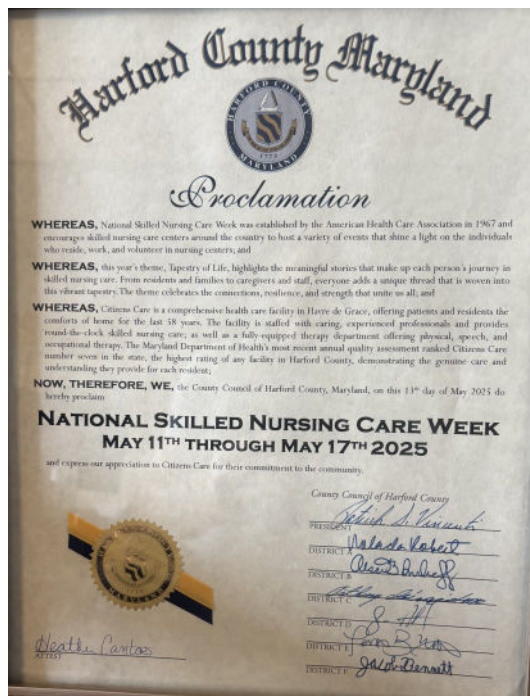


- 1st, 4:00 pm “Blue Smoke”- Get ready for a suspenseful ride with a movie that’s all about passion, family, food and fire!
- 2nd, 6:30 pm “Dolphin Tale”- An inspirational story of the bond between animals and humans.
- 3rd 6:30 pm “Glory Road” - Meet the team that changed college basketball.
- 4th 6:30 pm in the Chesapeake Room “The Color Purple”- A story of love and resilience.
- 6th 6:30 pm “Dolphin Tale 2” Continue the saga. Winter’s amazing true story now has hope.
- 7th 4:00 pm “Carolina Moon” - An exciting thriller of a woman returning to her hometown to make peace with her unsettling past.
- 8th 4:00 pm “The Blue Beetle” - A recent college grad Jaime searches to find his purpose in life.
- 9th 6:30 pm “CATS” - A cinematic event is made out of Andrew Lloyd Webber’s record shattering musical.
- 10th 6:30 pm “DOLITTLE” - An epic adventure about a man who can talk to animals.
- 11th 6:30 pm in the Chesapeake Room. “The Fault Was In Our Stars” This couple shares a sarcastic sense of humor, a distaste for the conventional and ultimately a love that sweeps them on an unforgettable journey.
- 13th 6:30 pm “Horse Dancer” - disappointment turns into following dreams of horseback riding.
- 14th 4:00 pm “The Hobbit” - Bilbo Baggins is back to continue their journey to reclaim the Dwarf Kingdom of Erebor.
- 15th 4:00 pm “Chariots of Fire” - An exceptional film. Unashamedly rousing and invigorating.
- 16th 6:30 pm “Book Club, the Next Chapter” - The sequel follows our 4 best friends as they take their book club to Italy for the fun girls trip they never had.
- 17th 6:30 pm “Elvis in Blue Hawaii” - Elvis is up to his usual tricks with all the beach babes.
- 18th 6:30 pm in the Chesapeake Room—”The Bucket List” You only live once so why not go out in style. That’s what two cancer-ward roommates, decide to make a list of things they want to do before they kick the bucket. The chemistry between Nicholson and Freeman is outstanding. Join these two knuckleheads for the time of their lives.
- 20th 6:30 pm “Marvel’s The Avengers” - Marvel’s Super Hero’s team get together to save the world.
- 21st 4:00pm “Avatar the Way of Water” - Gorgeous and Stunning, science fiction at its best. Share the story of the Sully family.
- 22nd 4:00 pm “Downton Abbey—the Motion Picture” Downton Abbey returns in a spectacular motion picture. If you enjoyed the series you will love the motion picture.
- 23rd 6:30 pm “Fall” One heck of an adrenaline rush. An impressive feat of cinema.
- 24th 6:30 pm “Frozen” Fearless optimist Anna sets off on an epic journey to find her sister.
- 25th 6:30 pm in the Chesapeake Room “Confessions of a Shopaholic” A funny romantic comedy.
- 27th 6:30 pm “A-X-L” man’s best friend has evolved.
- 28th 4:00 pm “The Mountain Between Us” After a plane crash two strangers must trust each other in order to survive. You’ll be on the edge of your seat.
- 29th 4:00 pm “Back to the Future 1” Join Marty McFly and Doc as they travel back in time in the Delorian.
- 30th 6:30 pm “Back to the Future 2” Marty and Doc are back again trying to fix what they messed up in the first movie with the space-time continuum.



Staff News, Achievements & Recognitions

Citizens...Chosen for Harford County Proclamation!



Staff and Board members accepted this prestigious Award given by Harford County Council. Thank you Council for supporting our facility and recognizing the contribution we make to the Seniors and their families of Harford County.



1st in the County! 7th in the State!

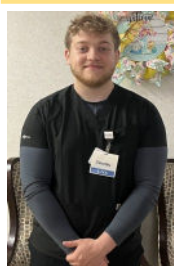
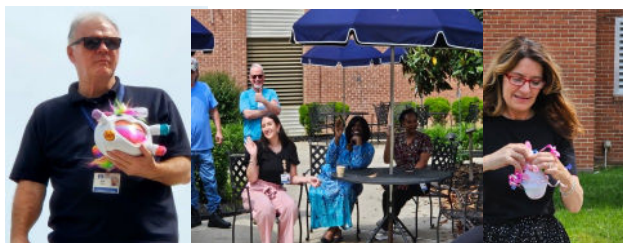
Citizens Care

Care begins with compassion.

Citizens sure had a lot going on in the Month of May. Thank you everyone who participated in making "National Skilled Nursing Care Week" a success! Below are just a few pictures of what went on for Staff.



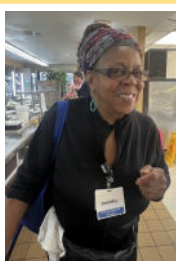
Lunch from Fast Eddie's served by the Managers. Beautiful Baskets with wonderful prizes and the Egg Drop Contest, Maintenance Dept was the winner. And, Bingo had 8 winners not shown.



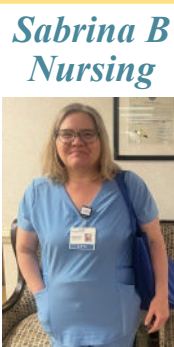
Timothy B. Nursing



Guy P. EVS



Dorothy T. EVS



Sabrina B. Nursing



Donnie M. Therapy

Welcome to our New Staff Members



Citizens and Harford County Helpful People

Citizens is Governed by a Volunteer Board of Directors

Board Members Are:

*Patricia Scott-
Badeker*

Wendell G. Baxter

Jacob Bennett

John P. Corrieri, Jr.

Shobita DuBois

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

Who is your Ombudsman???

*The Harford
County
Ombudsman comes
to Citizens when
help is needed. She
helps' work out any
problems that you
may have that you
have told some one
about but the
problem is on
going. If you need
to get in touch with
her, her name is
Sharon Miller and
she can be reached
at the
Office on Aging at
410-638-3025.*

Managers Ready to Help You , Are:

Administrator
Ed Walter

*Department
Directors*

Activities
Jocelyn Silver, ADC

*Director of
Admissions*
Nancy Bennett

Dietary
*Darrick DeBoard Sr.
CDM, CFPP*

*Environmental
Services
And Laundry*
Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources
Diana George

Medical Director
H.S. Sim

Nursing
Cassie Evering, RN

*Director of Business
Operations*
Keith Streett

Risk Management
Renata Truant, RN

Social Work
Diane Bruso,

*Volunteers / Public
Relations*
Janet McDonald

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

Citizens Care and Rehabilitation Center is on Facebook!



**Keep up with all that is going
on at Citizens by following
our Facebook page.**

Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.