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Citizens Care

<u>The Chit Chat Staff</u> <u>Editor,</u> Jocelyn Silver <u>Additional Support,</u> Janet McDonald and Nancy Bennett

Chit Chat

Volume 75— Issue April 2025





EDITORS NOTE

Hello Residents, Families and Friends!

Welcome to April! This month is filled with opportunities for joy, learning, and creativity. Easter reminds us of renewal, hope, and togetherness, bringing light to the season.

The first of April is April Fools Day. This day reminds us that it is ok to be silly and let the lighter side of life in and enjoy it.

World Book Day encourages us to celebrate the magic of storytelling and the wisdom found in books, reminding us that every page holds the power to transport us to new worlds. Why not join the Silver reader book club this month. All books are large print and they even have books on CD's for you to enjoy. See someone in Activities about signing up.

Palm Sunday is April 13th followed by Easter Sunday on the 20th of April. a time to reflect and renew your faith with new beginnings. Why not try a new activity program that you have never tried before?

April is also home to World Creativity and Innovation Week, a time to embrace fresh ideas, think outside the box, and explore new possibilities. Come check out the Craft Class on April 4th.

Whether you're enjoying a favorite book, trying your hand at something creative, or sharing laughter with loved ones, let's make this month one of Inspiration, curiosity, and discovery!

Attention Family Members and Residents

Hello Family Members and Residents, this is a reminder that all resident items should be placed on the inventory sheets found at the nurses stations. These sheets keep an accurate record of what possessions the residents have in their room. All items should be put on this list, just to name a few things, cell phones, tablets, craft items, clothing, pictures, jewelry and any other items that may be brought in for them. Please remember that money over \$20.00 should be kept secured in our resident fund bank account. No expensive jewelry should ever be kept in the residents rooms. If birthday or Christmas gifts are brought in they should be added to the inventory sheet. This includes blankets. Also, please remember to mark the personal items with a name tag or a name written on the article of clothing in permanent magic marker.

Drawer Locks are offered to all Residents

Each resident may have a locked drawer in their night stand to put items of value in to keep them safe. If you wish to have a drawer lock placed on your drawer please tell your nurse to make a note in the maintenance log for it to be done. Your privacy is your right and here at Citizens we do not take that lightly.



Happy Birthday, April Residents



4/1

4/2

4/14



Aries (March 21 to April 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy and enthusiasm.



TAURUS

Taurus (April 21 to May 20) **Taurus are** practical and well-grounded. They surround themselves with love & beauty. Extremely **Dependable. Yet** stubborn.



Staff April Birthdays 1. Denise O. 4/22. Maria V. 4/33. Christiana K. 4/54. Darrick D. 4/75. Edna B. 4/86. Jahasia H. 4/137. Diane B. 4/168. Shannon L. 4/279. Markelene J. 4/28

Thank you staff members for your dedication and hard work for Citizens. And, always making a better home for our residents! \sim

4.	Betty S.	4/15
5.	Stanley B. Jr.	4/15
6.	Linda K.	4/19
7.	Trish V.	4/19
8.	Lynn C.	4/19
9.	Margaret M.	4/30

Spring Jokes 1. What bird should you never take into a bank?

A Robin!

1. Jason P.

2. Catherine W.

3. Jeanette R.

2. What do sheep do on a sunny spring day? They have a Baa Baa Q!

3. What do you call it when it rains ducks and geese? Fowl weather.

Staff April Anniversaries

1. Janet M.	Other Admin.	48 yrs.	4/15
2. Mercedita H.	Laundry	28 yrs.	4/14
3. Dawn C.	Nursing	21 yrs.	4/5
4. Loren T.	Dietary	21 yrs.	4/13
5. Hezron N.	Nursing	16 yrs.	4/21
6. Barbara M.	Beauty Shop	14 yrs.	4/13
7. Irene V.	Nursing	13 yrs.	4/17
8. Regina S.	Dietary	10 yrs.	4/30
9. Sherry J.	Security	8 yrs.	4/26
10. Particia M.	Dietary	6 yrs.	4/24
11. Marthalyn K.	Nursing	3 yrs.	4/7
12. Kelli K.	Security	1 yr.	4/9
13. Fatima K.	Nursing	1 yr.	4/16



1

Happy 100th Mary!

What Happened in March?



Here we have our own Miss Mary from BL who

shared her special day with the other residents on BL. She was all dolled up with Sash and Tiera compliments of Pam in Act.

Pie Party Game

The residents split up into 3 teams and answered questions about pie. Janet's team won by answering the most questions but, in reality everybody was a winner because they received pie and coffee as their reward.

Thank you volunteer Raylene for helping by taking one of the teams and helping to serve pie.





Family Spaghetti Dinner

Residents enjoyed a family dinner with their loved ones. We pulled out all the stops with live entertainment, all of our finery. A delicious homemade spaghetti dinner made by Darrick and his very capable staff. Thank you to Pam and Julie in Activities for setting up beautiful spring decorations.

Orioles Opening Day Ceremonies and Game

Almost 40 residents came down and enjoyed the opening day ceremonies and then the game. They enjoyed Camden Yard style hot dogs, soft pretzel bites and pizza roll ups just as if they were at the game. Everybody was having a good time and when they went back upstairs the O's were winning. Go O's, final score 8 to 5. Thank you volunteers for helping get the residents downstairs and serving all the goodies.



April 18th Come to the Easter Egg Hunt

We will be having our annual Easter Egg Hunt with the help of the staff. Volunteering staff will come to the court yard and find all the eggs. Then time is allotted for you and the staff to put the eggs together in the right color. The team with the most eggs put together at the end of the time allotted will receive a pizza party for the entire unit.



Know Your Rights!

You have the right to be fully informed, with available services and charges, facility rules and regulations and access to the most recent State Survey report, which can be found on the shelf just outside the Administration elevator.



Easter Word Search														
G	S	Ν	0	L	т	Ρ	м	Е	D	Е	R	Y	Y	М
J	J	U	Y	к	1	R	Y	Т	т	F	х	Е	0	L
R	L	к	F	w	Е	E	С	T	0	J	Е	R	C	к
х	Y	Ν	G	Q	С	U	W	۷	U	Ρ	С	м	С	к
R	С	R	0	S	S	н	R	Е	D	P	н	м	N	Е
1	F	v	A	I	в	Q	U	I	R	G	P	Q	R	N
S	A	Q	Z	М	т	м	1	R	A	С	L	E	т	S
Е	L	Α	0	1	R	С	н	R	С	0	Y	T	U	Е
N	т	т	Ρ	R	С	G	Е	Y	0	н	S	S	R	L
1	н	н	S	0	0	C	A	R	к	1	E	P	V	к
Ν	w	0	R	С	S	D	U	В	R	J	V	R	G	т
0	н	т	N	G	Ν	т	Е	S	F	U	L	А	м	1
D	Ρ	v	0	U	Q	F	L	D	к	A	S	Y	S	н
Z	М	Е	S	в	Z	z	W	Е	м	L	Y	E	D	F
Е	т	G	L	М	E	G	к	в	S	L	т	R	R	U
APOSTLES				_						OSS				

CROWN LAMB PRAYER RESURRECTION SON CHURCH FAITH MARY REDEMPTION RISEN SUNDAY JESUS MIRACLE REJOICE SAVIOR TOMB



Karen's Korner April 2025



Hello Residents and staff. The first holiday that occurs is National Autism Awareness Day. This holiday encourages everyone to be aware of this and all other disabilities.

After that your Jewish friends observe the Passover on the 12th.

Then on the 13th, Christians observe Palm Sunday which recreates the time when Jesus returned to Jerusalem. As he rode astride a donkey the people of the city laid palm fronds on the path. On the 18th Christians observe "Good Friday" which is also called "Black Friday" at times. This is due to the fact that Jesus was hung on the cross until death and then placed in a tomb with a huge boulder rolled in front of it. Then on

the 20th of April is Easter and it is joyously believed by all Christians that Jesus rose from the dead and left the tomb in which he had been placed. This of course was in accordance to Jesus prediction that his disciples would not understand what had actually happened.

Of course, none of us can put an exact calendar date on any of these religious holidays. Just like Christmas they are all approximations of when we believe these events took place. But, we as Christians truly believe in our hearts that they really did occur.

The next event we celebrate is Earth Day on April 22nd and then April 25th is Arbor Day. Both days are dedicated to improving this wonderful world we live in. Arbor day encourages us to plant trees not only to replace the trees and forests being cut down daily throughout this world but also to help us to remember that the oxygen we breath comes from all the beautiful trees and plants of this planet we call home. I pray to God that these days are successful, because by planting trees we are ensuring the future of our planet. So that's all for now, see you again in May.





Come join in the fun "Cup Rolling"



As you can see in the pictures, residents are having a great time playing the new game of "Cup Rolling". Look for it on the Calendar.

Movie Line Up for April

1st. 6:30 pm Movie, The Perfect Mate— Hope is searching for the perfect future husband to bring home to her family.

2nd 6:30 pm Movie in CR, Zootopia— A comedy adventure set in the modern mammal metropolis of Zootopia.

4th 6:30 pm Movie, Paper Tigers — Filled with laughs, a trio of Martial Arts expert "wanna bees" reunites to avenge the murder of their old Master.

5th 4:00 pm Movie, Pretty in Pink — Molly Ringwald is the smart girl from the wrong side of the tracks. The crew is back in the "Everything's Duckie" edition of Pretty in Pink.

6th 4:00, pm Movie, Oceans Eleven — The plan is set. The rules are clear: Danny Ocean's small scale swindlers will hurt no one and will play the game like they have nothing to lose.

7th 6:30 pm Movie, Pitch Perfect — Undeniably cool, charming and unflinchingly funny.

8th 6:30 pm Movie, One Life — Based on a true story, On the eve of WWII one man did the impossible. This movie is a stirring testament to the power of good.

9th 6:30 pm in the CR, Disney's fantastical adventure Oz The Great And Powerful. This is a totally different twist on the Wizard of Oz.

11th 6:30 pm Movie, ZOO — Based on a true story, Zoo stars a 12 year old who along with his misfit friends, fights to save "Buster" the baby elephant during a German air raid bombing.

12th 4:00 pm, Movie, The Operative — Every secret has a price. Find out what this one is.

13th 4:00 pm Movie, Orphan Horse — A young runaway escapes her miserable foster home and takes refuge in a nearby rancher's barn. And then she meets a troubled horse and the rest is history. A girl and her horse.

14th 6:30 pm A Nancy Drew Mystery and the hidden staircase.

15th 6:30 pm Movie, What If — Being Friends Has it's Benefits? Refreshingly Funny

16th 6:30 pm Movie in the CR, Where Hope Grows A story of redemption and understanding.

18th 6:30 pm Movie, Touching Home — Based on a true story, This is a coming of age drama.

19th 4:00 pm Movie, The New Mutants — 5 young people demonstrate their super powers.

20th 4:00 pm Movie, Working Miracles — After a sudden fall Buddy is able to heal people.

21st 6:30 pm Movie, The Swap — Two silly friends argue and wind up switching bodies.

22nd 6:30 pm Movie, Tremors — Sci Fiction all the way! Graboid venom must be taken from a live doner to make an antidote from the Graboid venom. Action, Thriller.

23rd 6:30 pm Movie, The Secret of Skeleton Island — The is a movie filled with family fun!

25th 6:30 pm Movie, Overcomer — Heartwarming, Inspiring, Powerful.

26th 4:00 pm Movie, Paradise — Realizing the world is a big place and Lamb want to see it.

27th 4:00 pm Movie, To Walk Invisible — 3 sisters literally write their way out of poverty.

28th 6:30 pm Movie, The Tuskegee Airmen, Based on a true Story of the Fighting 99th, the first squadron of black American pilots to be allowed to fight for their country.

29th 6:30 pm Movie, My Boyfriends' Dogs — Bailey has wound up single and the proud owner of each of her ex boyfriends dogs. Want went wrong?

30th 6:30 pm Movie in CR, The Secret Lives of Bees — Sometimes you must leave home ... to find it. Heartwarming ... Enchanting.



Staff News, Achievements & Recognitions

Shining Stars of Citizens...



Healthcare Academy[®]

Attention All Staff...

It is imperative that our HCA

in-services are complete. We need these

done ASAP. There are still those that

have not even begun them. We are in

our Survey window and the better we do on our Survey, the better we do on our Pay for Performance

reimbursement, This directly impacts

all of us. Thank you to those that have

already made this a priority and completed the assignments.

eLearning and eCompetencies





Welcome Gary to our Central **Supply** Staff. We are glad you are here.



Janice



Vaccines Available

It is really important that everyone receives the Covid Boosters and any other vaccines that you are ready for. For more information and to sign up go to the nursing on the first floor.

Vaccination Clinic April 29th. Sign up for your protection in the Nursing Office.

Remember, simply washing your hands is the best defense from spreading germs. Hand sanitizer is good but not as good as good ole soap and water.





Thank you Nancy and Heather

Memory Care Căfé

Supporting those with Alzheimer's and their caregivers.



Thank You...

To...Young at Heart for monetary donations to resident bingo activities. To...Betty Walter for organizing the greeting cards for the gift shop. To...Sheila Keyes for gift Shop donations. To...the Guild Gift Shop for the purchase of new bird feeders and bird seed.

Anyone wishing to donate bird seed for our feeders please drop off at the volunteer office or main desk. Our residents love watching the birdfeeders.

Lost and Found

Just for your information, all lost and found articles should be turned over to the business office. A receipt will be issued to the returning party. Items may be claimed by the proper owner upon presentation of proper identification. The Office is not responsible for any unclaimed article beyond 60 days.

Memory Care Unit Volunteers Needed

To assist the activity staff with scheduled activities on the unit and assist with one on one social visits. Days and Hours are flexible. Some duties consist of singing (if you are comfortable), wheel chair dancing, coloring, walking, socializing and playing simple games. Most of all creating smiles, for those that may have forgotten to smile. If you are interested in helping this very special population please call Janet McDonald at <u>410-942-2112</u>.

Beauty Shop Services

With Mother's Day fast approaching you can give the gift of Salon Services. Gift certificates may be purchased at the business office. A variety of services are now available. Shampoo and style, permanents, color shampoo, cut and blow dry just to name a few. Any questions please call Janet McDonald at the number above.

Volunteer Reminders: Always knock on doors and ask to enter residents rooms. Don't forget good handwashing. Always wash your hands with soap and water when hands are visibly soiled and use hand sanitizer going in and out of each residents room. Remembering to do these few things will help keep our population as healthy as is



Welcome Hope White, our newest volunteer. We are so glad to have you join our team. Not to mention the residents like you too. Win!



possible.



Citizens and Harford County Helpful People

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<u>Citizens is Governed by</u> <u>a Volunteer Board of</u> <u>Directors</u> <u>Board Members Are:</u>

Patricia Scott-Badeker Wendell G. Baxter Jacob Bennett John P. Correri, Jr. Shobita DuBois Carol Lienhard Rodney Swam Cathy Vincenti Andrew Young Kimberly Zavrotny

Who is your Ombudsman???

The Harford *County* **Ombudsman** comes to Citizens when help is needed. She helps work out any problems that you may have that you have told some one about, but the problem is on going. If you need to get in touch with her. her name is Sharon Miller and she can be reached at the

Office on Aging at 410-638-3025.

Managers Ready to Help You , Are: **Administrator Ed Walter Department Directors Activities** Jocelyn Silver, ADC **Director o Admissions Nancy Bennett** Dietary Darrick DeBoard Sr. CDM, CFPP **Environmental** Services And Laundry Theresa Gebhardt **Facility Operations Robert Watson** Human Resources **Diana George Medical Director** H.S. Sim Nursing Cassie Evering, RN, DON **Director of Business Operations Keith Streett Risk Management** Renata Truant, RN Social Work Diane Bruso. Volunteers / Public **Relations** Janet McDonald

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in

> Harford County contact Janet McDonald at 410-942-2112



Notice

We wish to reaffirm our policy that all persons regardless of race,

color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation

are considered for employment or admission to Citizens Care and

Rehabilitation Center.