

*Citizens Care*

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*Points of interest in this  
issue:*

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*The Chit Chat Staff*

*Editor, Jocelyn Silver,*  
*Director of Activities*

*Additional Support,*

# Chit Chat

*Volume 69— Issue September 2024*



*“Come, Autumn leaves,” said the wind one day, “Come to the meadows with me and play: Put on your dresses of red and gold, For Summer is past, and the days grow cold.”*



## Happy Birthday, September Residents



1. Dorothy G.	9/1	12. Rita Z.	9/25
2. Ruby G.	9/3	13. Nan B.	9/27
3. Bettie R.	9/7	14. Jenny P.	9/30
4. John H.	9/9		
5. Virginia Mc.	9/9		
6. Anna S.	9/10		
7. Jackie K.	9/11		
8. Gertrude H.	9/15		
9. Anna H.	9/16		
10. Martha K.	9/23		
11. Sonny S.	9/23		

### Staff September Birthdays

1. Kimberly M.	Nursing	9/3
2. Rita S.	Dietary	9/4
3. Bonface N.	Nursing	9/5
4. Arlene H.	Nursing	9/6
5. Thomas B.	Medical Director	9/8
6. Cathy M.	Nursing	9/8
7. Kylie G.	Security	9/11
8. Nathan K.	Dietary	9/12
9. Melanie W.	Nursing	9/12
10. Tara H.	Nursing	9/14
11. James B.	Dietary	9/15
12. Sally W.	Nursing	9/18
13. Rosemond	Nursing	9/22
14. Zemirah	Nursing	9/25
15. Mamie B.	Environmental Services	9/26
16. Barbara M.	Beauty Shop	9/27

### Staff September Anniversaries

1. Mary N.	Nursing	9/30	15yrs.
2. Cassie E.	Nursing	9/29	14yrs.
3. James B.	Dietary	9/7	13yrs.
4. Rosemond F.	Nursing	9/28	8yrs.
5. Cierra R.	Nursing	9/13	7yrs.
6. Happiness O.	Nursing	9/25	5yrs.
7. Nancy A.	Nursing	9/18	5yrs.
8. Krista D.	Nursing	9/4	5yrs.
9. Phalicia S.	Nursing	9/4	5yrs.
10. Ramona E.	Nursing	9/2	3yrs.
11. Hope D.	Nursing	9/17	3yrs.
12. Laura G.	Nursing	9/22	3yrs.
13. Donna W.	Nursing	9/7	2yrs.
14. Kaitlyn H.	Nursing	9/6	1yr.

### Board Members

Patricia Scott-Badeker  
Wendell G. Baxter  
Jacob Bennett  
John P. Correrri, Jr.  
Shobita DuBois  
Carol Lienhard  
Rodney Swam  
Cathy Vincenti  
Andrew Young  
Kimberly Zavrotny



### Administrator

Ed Walter

### Department

### Directors

### Activities

Jocelyn Silver, ADC

### Director of Admissions

Nancy Bennett

### Dietary

Darrick DeBoard Sr.

CDM, CFPP

### Environmental Services

### And Laundry

Theresa Gebhardt

### Facility Operations

Robert Watson

### Human Resources

Diana George

### Medical Director

H.S. Sim

### Nursing

Cassie Evering, RN

### Director of Business

### Operations

Keith Streett

### Risk Management

Renata Truant, RN

### Social Work

Diane Bruso,

### Volunteers / Public

### Relations

Janet McDonald





# Volunteer News



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## Thank You To...

*Young At Heart for your continued monetary donations for bingo the month of August.*

*Thank to Betty Walter for sorting & organizing the greeting cards for our gift shop.*

*Thank you to Theresa Gebhardt, Mamie Baldwin, Cassie Evering, Tina & Rick Ashmun & Claudette Bushell for gift shop donations.*

*Thank you to our volunteers Nicole & George for all your help with the beach bash & Luau dinner. Best of Luck to our Junior Volunteers as they head back to school. We will miss them but they promised me they would assist with weekend & few evening activities as homework permits.*

*Seeking donations for birdseed to keep our resident birdwatchers happy. Thank you to Mamie Baldwin for always keeping our feeders full. If you wish to make a donation of birdseed or a monetary donation to purchase it please see Janet McDonald in the Volunteer Office.*

*Consider Volunteering at Citizens. Interested in making a difference Volunteer Application Packets are available at the main entrance.*

*All applicants must submit copy of covid vaccination card & submit for background check. Citizens has flexible days & hours available.*

*So think about making a difference and come join the volunteer team at Citizens. For additional information you can contact Janet McDonald @410-942-2112 or email [Janet\\_McDonald@citizenscarecenter.com](mailto:Janet_McDonald@citizenscarecenter.com)*



## Orioles Raffle Tickets



Buy your Orioles raffle tickets up stairs at the front desk.

Help support the Guild and Resident Council.



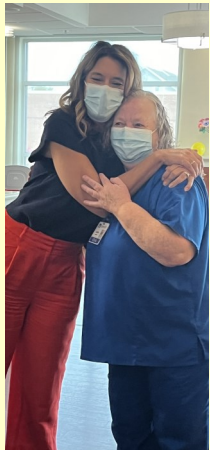
# Staff News, Achievements & Recognitions



**Tika S. proudly presents her 20 year certificates. One from the County and one from Citizens.**



**Citizens recognizes the schooling and hard work it took Marthalyn K. to become a Registered Nurse.  
WAY TO GO!**



**Citizens is recognizing Janice A. for 44 years of excellent care, kindness and dedication she has provided each of our residents. Janice is compassionate and treats her residents with dignity and love. It's not just the residents that love her but as seen by the picture on the right her coworkers were very happy for her too.**



**Congratulations Janice, Tika, and Marthalyn, and thank you for choosing Citizens!**

## Welcome New Staff Members



**Please welcome Miranda and Haley to our staff family. Some of you may recognize Haley because she worked here before a few years ago. Miranda is brand new to the field. Let's help both of these new coworkers navigate the halls of Citizens by being patient and kind. Just like you would like to be treated.**



**If money really grows on trees, what would be everyone's favorite season? Fall**





# AUTUMN

## WORD SEARCH



### WORD LIST

ACORN  
AUTUMN  
BONFIRE  
BRISK  
CIDER  
CORN  
CRISP  
EQUINOX  
FALL  
FESTIVAL  
FOLIAGE  
FOOTBALL  
GOURD  
HALLOWEEN  
HARVEST  
HAYSTACK  
JACKET  
LEAVES  
NOVEMBER  
OCTOBER  
PINE CONE  
PUMPKIN  
SCHOOL  
SEPTEMBER  
SQUASH  
SWEATER  
THANKSGIVING  
TREES

I	C	K	K	S	W	E	A	T	E	R	T	D
X	W	D	P	S	I	R	C	Q	F	H	N	C
R	E	G	A	I	L	O	F	Y	I	C	C	P
O	H	A	Y	S	T	A	C	K	C	U	I	R
O	S	P	E	A	S	K	P	D	W	D	E	P
V	C	G	I	Y	S	T	I	W	Z	B	B	C
T	H	T	N	N	R	B	F	Y	M	O	N	P
H	O	Z	O	E	E	S	Y	E	V	X	R	W
A	O	I	E	B	E	C	T	V	H	Z	O	O
N	L	S	J	V	E	P	O	K	Z	X	C	G
K	V	Q	A	W	E	R	I	N	F	H	B	K
S	L	E	K	S	D	Y	G	P	E	A	P	S
G	L	E	R	I	F	N	O	B	H	L	F	M
I	A	T	E	K	C	A	J	H	N	L	N	A
V	F	G	O	U	R	D	K	Y	O	O	C	F
I	L	A	V	I	T	S	E	F	V	W	J	T
N	D	S	Q	U	A	S	H	V	E	E	K	S
G	R	J	G	P	D	Z	Z	I	M	E	V	E
A	I	E	X	Z	U	A	K	X	B	N	D	V
W	T	Q	D	Q	F	M	N	E	E	V	K	R
N	K	B	A	I	F	K	P	M	R	X	W	A
R	Z	D	D	Q	C	J	S	K	U	A	U	H
O	X	X	D	K	H	K	A	I	I	T	G	I
C	F	O	O	T	B	A	L	L	R	N	U	M
A	K	L	X	O	N	I	U	Q	E	B	L	A





## *Karen's Korner September 2024*



Dear Residents and Staff at CCRC,

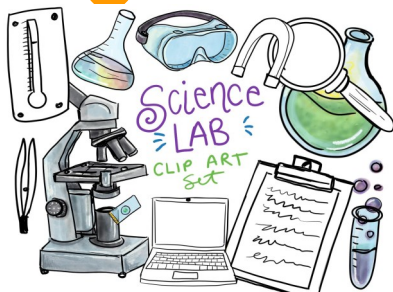
This month I would like to pay tribute to one of the many departments at CCRC. The Activity Department.

This department is responsible for planning and carrying out all of the many programs we get to choose from that keep us from just lying in our rooms or just sitting

around. Here are just a few, each month there is a birthday party for all the residents with special mention of those who have a birthday that month. Twice a month we have Gourmet Galley where we enjoy meals made Julie, Pam and Jocie and enjoyed by anyone who wishes to attend; we have trips down to the river (weather permitting) which allow us to get outside and get fresh air and see what nature has to offer; there are musical artists who come in and sing and play their instruments; we have Happy Hour with different kinds of drinks each time; we have movies that we can watch in our room. My main point here is that Julie, Pam and Jocie put their hearts and souls into planning all these events and we should all be very grateful and happy to have them in our midst. So anytime you see any one from Activities, please show them your

gratitude. This includes Dwight on Tidewater, I don't get to see him in action but I'm sure his residents are just as happy with him. See you all next month.

Karen



**Join  
Us!**

**For Senior Science**

**Sept. 24th at 2:30 pm**



## Movie Line Up for September



### September

4th 6:30 pm *"How To Be A Latin Lover"* When our Latin lover is suddenly dumped by the older woman he married for her money, he moves in with his sister and the hilarity begins.

6th 6:30 pm *"Show Dogs"* A detective and his canine partner go undercover at the world's most exclusive dog show and recruit an all star cast of animal helpers to solve the case.

7th 4:00 pm *"The Journey Home"* When Luke heard a noise outside his home he never would have guessed what he would find. Discovering a young polar bear cub that has been separated from his mother, Luke knows he has to do something to help.

8th 4:00 pm *"Steps of Faith"* Faith's family is shocked when she decides to move away from the comforts of the city to work with children and animals in a small town.

9th 6:30 pm *"The Son"* Peter finds his already hectic life turned upside down when his ex-wife appears to discuss their troubled teenage son. Peter strives to make a difference in his son's life as he would have liked his own Dad to have taken care of him.

10th 6:30 pm *"The Clash of the Titans"* Before history and beyond imagination!

The Machinations of gods above and the fates of man and monster below play out the Clash of the Titans.

13th 6:30 pm *"Clear and Present Danger"* starring Harrison Ford Harrison is appointed acting CIA Deputy Dir. He must investigate the murder of one of the president's friends, a prominent businessman with secret ties to the Columbian drug cartel's.

14th 4:00 pm *"Hidden Orchard Mysteries, The Case of the Air B&B Robbery"* when a home town robbery occurs in their neighborhood two best friends take up looking for the thief.

15th 4:00 pm *"The Goonies"* This timeless classic is a real crowd pleaser. A band of small heroes are plunged into a swashbuckling, surprise around every corner.

16th 6:30 *"Copperhead"* A stubborn and righteous farmer takes a defiant antiwar stand that divides his family and inflames his community. A new take on the American Civil War.

17th 6:30 *"The Secret of Skeleton Island"* Epic, Fun-filled family Adventure.

18th 6:30 *"The Lion King"* Journey to the African savanna, where a future king overcomes tragedy to take his rightful place. The Lion King brings treasured characters to life in a whole new way.

20th 6:30 pm *"A Common Man"* A major city, Five massive bombs and one man ready to detonate them all.

21st 4:00 pm *"Cloverfield"* A heart racing experience with plenty of chills and exhilaration.

22nd 4:00 pm *"The Greening of Whitney Brown"* A spoiled pre-teen from Philly is forced to move to the country where she befriends an amazing horse.

23rd 6:30 pm *"The Hunt for Red October"* "starring Sean Connery. With state of the art excitement and sweats with tension of men who hold Doomsday in the palm of their hands.

24th 6:30 pm *"SUN MOON"* Sometimes happiness is found in unexpected places.

27th 6:30 pm *"Jamaica Inn"* A gothic tale of danger and romance in 1820's Cornwall.

28th 4:00 pm *"The Cutting Edge"* Fire and Ice, Skating for the gold.

29th 4:00 pm *"Heathers"* For anyone seeking revenge of the meat head in a Varsity Jacket.

30th 6:30 pm *"The Haunted Mansion"* Get ready for Halloween with this spooky story.





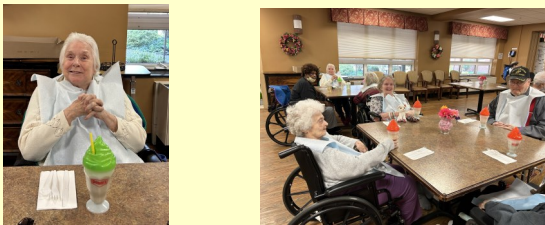
# *Citizens Care Center News*

## *August Activities*

National Vinyl Record Day was a big hit with Brian from EVS sharing his knowledge and records. He took us back in time talking about the 78's that you had to crank to be heard. Then moving on to the 45's and 33 1/3, We even got to listen to a little Pink Floyd. Thank you Brian.



Who doesn't like a "Root Beer" Floats and a Birthday Party?



## *Luau!*



## *Beach Day Bash!*



Complete with Sand Pit!





## Keeping Us All In The Know...

### *Attention all Family Members and Residents*

It is that time of year again to change out the clothing from summer to winter items. As you are all aware the residents rooms only have so much space to keep their belongings. Please take home summer clothes that will not be used for the Autumn and Winter months. Also, clothing items should be removed if they no longer fit your loved one. Please remember they are sharing the room with another person and items should not encroach on the other persons side of the room. Items and clothing should never remain on the floor. This causes a hazard that could potentially hurt someone.

Thank you for your cooperation in this matter.

## *September is Flu Focus Month*

*Flu season is fast approaching us and of course Citizens wants to be on top of preventing the flu from spreading. To do that we are offering a flu clinic to both the residents and staff on the 23rd of September. It is in the best interest of everyone that we get this life saving vaccine to become prepared for the upcoming flu season which comes every year.*

## The Alzheimer's Walk is on Sept. 28th

It's that time of year again! Citizens Care team is participating in the 2024 Harford/Cecil County Walk to End Alzheimer's. Please consider joining, donating to, or sponsoring our team on behalf of this very important cause that hits so close to home for all of us. Feel free to participate online or stop in and join our CCRC team. Please contact Janet or Nancy for assistance! We are also selling #ENDALZ bracelets and flowers to place on our Flower Wall of Fame in the lobby. Thank you in advance for your support!!!



**TOGETHER, WE CAN END  
ALZHEIMER'S DISEASE.**



## Citizens and Harford County Services

### Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in

Harford County contact Janet McDonald at 410-942-2112

### **Who is your Ombudsman???**

*The Harford County Ombudsman comes to Citizens when help is needed. She helps' work out any problems that you may have that you have told some one about but the problem is on going. If you need to get in touch with her, her name is Sharon Miller and she can be reached at the Office on Aging at 410-638-3025.*

#### **Citizens Care and Rehabilitation Center**



#### Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for

### **Silly Autumn Jokes**

- 1. You know it's fall when you need a hat and scarf in the shade and shorts and sandals in the sun.*
- 2. Why did the apple go to the gym? To work on it's core!*
- 3. Why did the Maple leaf stay green all fall? He was afraid of change!*
- 4. Why did the ear of corn wear a bow tie? He wanted to be "Dandy Ear of Corn"*