

Chit Chat

Volume 66— Issue June 2024

Citizens Care

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*Points of interest in
this issue:*

- Front page
- The Pledge of Allegiance
- pg. 2 Birthdays Anniversaries and other special dates
- pg. 3 Volunteer News
- Pg. 4 What's happening at CCRC
- pg. 5 June Word Search
- pg. 6 Karen's Korner
- pg. 7 Movie Line Up
- pg. 8 Staff News
- pg. 9 Staff News Continued
- Pg. 10 Special Events

The Pledge of Allegiance

From the RED SKELTON HOUR ON 1/14/1969



*How many
remember this
recitation of the
Pledge of
Allegiance?*

I — me, an individual, a committee of one.

Pledge — dedicate all of my worldly goods to give without self pity.

Allegiance — my love and my devotion.

To the Flag — our standard, Old Glory, a symbol of freedom.

Wherever she waves, there is respect because your loyalty has given her a dignity that shouts freedom is everybody's job.

Of the United — that means that we have all come together.

States — individual communities that have united into 48 great states. 48 individual communities with pride and dignity and purpose, all divided with imaginary boundaries, yet united to a common purpose, and that's love for country.

Of America, And to the Republic — a state in which sovereign power is invested in representatives chosen by the people to govern. And government is the people and it's from the people to the leader, not from the leaders to the people.

For which it stands

One nation, under God — meaning, so blessed by God (under God was not added until 1954)

Indivisible — incapable of being divided.

With Liberty — which is freedom and the right of Power to live one's own life without threats or fear of some sort of retaliation.

And Justice — The principle of quality of dealing fairly with others.

For All — which means it's as much your country as it is mine.



Happy Birthday, July Residents



1. William S.	7/6
2. Carol W.	7/7
3. "Dot" A.	7/15
4. Dorothy T. "Karen"	7/17
5. Francis C.	7/27

Staff July Birthdays

1. Raymond E.	Maintenance	7/1
2. Mary S.	Dietary	7/4
3. Pam R.	Activities	7/5
4. Karen M.	Dietary	7/7
5. Ashley P.	Nursing	7/9
6. Madelyn D.	Nursing	7/11
7. Chris A.	Accounting	7/15
8. Catherine K	Nursing	7/16
9. Janice S.	Nursing	7/17
10. Dawn C.	Nursing	7/22
11. Janel B.	Environmental Services	7/23
12. Loren T.	Dietary	7/25
13. Edward W.	Administration	7/25
14. Tracey Ann N.	Nursing	7/27
15. Krista D.	Nursing	7/29
16. Kaitlyn D.	Nursing	7/31
17. Magalie B.	Nursing	7/31

Staff July Anniversaries

1. James H.	Dietary	7/11	34 yrs.
2. Candice S.	Nursing	7/10	24 yrs.
3. Christopher L.	Dietary	7/27	17 yrs.
4. Sherry V.	Dietary	7/23	16 yrs.
5. Emily T.	Nursing	7/3	10 yrs.
6. Kaitlyn D.	Nursing	7/12	7 yrs.
7. Bethany O.	EVS	7/26	2 yrs.
8. Sally W.	Nursing	7/18	1 yr.
9. Zemirah G.	Nursing	7/18	1 yr.
10. Frances J.	Security	7/25	1 yr.
11. Ann I.	Nursing	7/25	1 yr.

Board Members

Patricia Scott-Badeker

Wendell G. Baxter

Jacob Bennett

John P. Corrieri, Jr.

Shobita DuBois

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

Administrator

Ed Walter

Department

Directors

Activities

Jocelyn Silver, ADC

Director of Admissions

Nancy Bennett

Dietary

Darrick DeBoard Sr.

CDM, CFPP

Environmental Services

And Laundry

Theresa Gebhardt

Facility Operations

Robert Watson

Human Resources

Diana George

Medical Director

H.S. Sim

Nursing

Cassie Evering, RN

Director of Business

Operations

Keith Streett

Risk Management

Renata Truant, RN

Social Work

Diane Brusio,

Volunteers / Public

Relations

Janet McDonald



Volunteer News



Page 3

Thank You To...

... Young At Heart for your continued monetary donations for bingo the month of June.

...Soroptimist International of Havre de Grace for birdseed donations for our residents bird feeders. ... Barbara Bryant for her monetary donation for birdseed for our resident birdwatchers. ...volunteer Mike Collins for the floral arrangement for Bay Lane nursing station in celebration of nursing assistant week. ...our Board of Directors member Carol Liehard for the floral arrangement for everyone's enjoyment. All from her Garden. Thank you to the Library for remembering our residents by making paper flower cut outs to beautify the residents dayrooms. Also thank you too...Merilee Moore and the members of St. Matthew's Church for the gift shop jewelry donations. ...to Cathy Robertson and HdG United Methodist Church for personal care products. ...to Kim McFadden, HdG Ambulance Corp. for clothing donations.

Good Luck to our gift shop volunteer Sharon Ey as she recovers from surgery. Speedy Recovery to our volunteer: Jimmy Lindsey our TAP volunteer at UCMC

Volunteer Opportunity

There are numerous volunteer opportunities available in our facility. Escorts are needed for the Rolling and Strolling, Special Events and Gourmet Galley just to name a few. Please call Janet McDonald at 410-942-2112 for more information on how you can become a CCRC Volunteer.

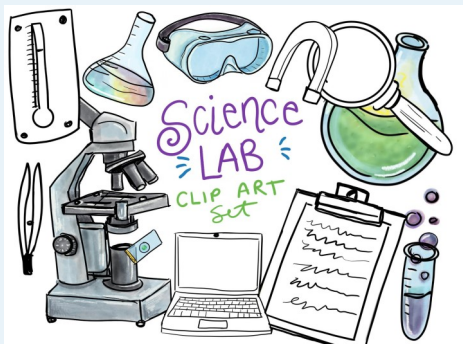
Welcome Back to our volunteers Curtis and Harold for our Wednesday church services. You were missed!

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

The Harford County Ombudsman is here to help you. She will help work out any problems that you may have that you have told some one about but the problem is on going. If you need to get in touch with her, her name is Sharon Miller and she can be reached at the Office on Aging at 410-638-3025.

Junes Senior Science Project



June's experiment was actually exhibited by Sharon Miller your Ombudsman on the 25th. She brought in the supplies to make "Lava Lamps" and demonstrated how they work using oil, water and of all things "Alka Seltzer". It was a lot of fun watching her while explaining the reasons why those three items put together would make a Lava Lamp. There are so many possibilities and experiments to explore!

We thank our Harford County Ombudsman Sharon Miller for bringing us the experiment of a Homemade Lava Lamp. In the pictures you can see us all looking at them with lights under them for effect.



Come join us in August for our next Senior Science event.

Havre de Grace Celebrates Independence Day July 6th

Havre de Grace is celebrating the 4th of July on the 6th of July. The parade starts at 2:00 pm. If the weather is nice maybe your families are welcome to take residents up to see the festivities. The fireworks begin at 9:00 pm. and many can be seen from our parking lot out back.



How many words can you spell from the letters in "Independence Day"?

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |



4TH OF JULY PICNIC

WORD SEARCH PUZZLE

The words appear UP, DOWN, BACKWARDS, and
DIAGONALLY. Find and circle each word.



B	W	V	E	G	E	T	A	B	L	E	S	V	F	S
R	I	T	H	H	M	H	C	H	I	P	S	R	I	C
S	N	A	C	E	P	A	E	K	A	C	E	O	A	R
E	G	C	U	F	D	S	E	I	G	N	L	N	I	V
I	S	O	P	R	B	A	B	R	C	B	E	B	B	T
N	A	B	C	U	C	U	N	H	C	K	S	I	E	P
W	E	B	A	I	M	O	F	O	C	E	C	F	A	O
O	T	L	K	T	B	R	O	I	M	O	C	S	N	P
R	E	E	E	O	I	K	H	K	R	E	T	I	S	S
B	C	R	S	E	V	C	R	N	I	A	L	C	J	I
C	I	X	S	L	J	W	A	L	S	E	L	O	C	C
P	W	A	T	E	R	M	E	L	O	N	S	O	E	L
I	M	H	A	M	B	U	R	G	E	R	S	T	N	E
E	J	S	T	E	A	K	V	S	A	L	A	D	O	S
H	O	T	D	O	G	S	U	I	C	H	C	N	U	P

BEANS

BROWNIES

CAKE

CHICKEN

CHIPS

COBBLER

COLESLAW

COOKIES

CORN

CUPCAKES

FRENCH FRIES

FRUIT

HAMBURGERS

HOT DOGS

ICE CREAM

ICE TEA

LEMONADE

PASTA

PIE

POPSICLES

PUNCH

RIBS

SALAD

STEAK

VEGETABLES

WATERMELON

WINGS

Karen's Korner July 2024



This month I am going to write about a visitor who comes to CCRC approximately once a year. Her name is Mallard Duck. She flies into our courtyard; hides in the bushes, where she is safe from any predators; lays her eggs, on which she sits for the required time; when that time has elapsed; the ducklings hatch. After this momentous occasion has passed, she gathers all the ducklings into a line and they follow her to the automatic door in the wall of the courtyard. Of course, the duck is not tall enough to make the sensor that opens the door work, so she has to wait for a human to come open the door for her; then she and her brood make their way through the building and exits the building into the parking lot; thereby returning to the river from which she came. We do not know if it is the same duck each year, (it could be a duckling who was born here.) I personally find it fascinating; it's as if they have a little GPS in their brain that leads them back to the same safe location every year.

I hope you enjoyed reading this story. We'll see you again in August.

Karen

"Mr Charisma" sang for us on June 28th for Happy Hour



Not wanting anything go to waste we had Root Beer Floats for Happy Hour made with the leftover Broom's Bloom Ice Cream we had for our sundae social. Good Music and Good Drinks, no one was complaining that they weren't alcoholic drinks either.

Movie Line Up for July



Page 7

July

1st. 6:30 pm Movie, Parenthood: Relive the heart warming moments of the unforgettable film that explores life's most rewarding occupation in Parenthood.

2nd. 6:30 pm Movie, Petals on the Wind: Follow the Dollanganger family as they attempt to put their sordid past behind them.

3rd. 6:30 pm Downstairs in the Chesapeake room with Julie, The Sandlot, with refreshments.

5th. 6:30 pm (An Oldie in Black and White) Sunset Boulevard: starring Gloria Swanson

6th. 4:00 pm Space Jam: Real people meet cartoons.

7th. 4:00 pm Riddick: starring Vin Diesel, This is one HECK of a trill ride.

8th. 6:30 pm Starship Troopers Invasion: This is a sci-fi out of this world film with excitement.

9th. 6:30 pm Percy Jackson, Sea of Monsters: A teenage magical, mythical adventure.

10th, 6:30 pm Downstairs in the CR with Julie, Jurassic Park, with refreshments.

12th, 6:30 pm Nanny McPhee, Emma Thompson enters the house of Mr. Brown and turns it completely upside down.

13th, 4:00 pm, Spin Me Round, Funny, Sexy and inescapable recipe for an Italian Romance.

14th, 4:00 pm, Naked Gun 33 1/3 The Final Insult: That's no ordinary numbskull

15th, 6:30 pm, National Treasure 2: Join Nicolas Cage in the 2nd treasure hunt movie.

16th, 6:30 pm, John Wayne and Catherine Hepburn star in: Rooster CogBurn.

17th, 6:30 pm, MadeaGoes to Jail: Downstairs in the CR with Julie, with refreshments.

19th, 6:30 pm, Sudden Impact: Clint Eastwood says "Go ahead Make My Day" as Dirty Harry.

20th, 4:00 pm, The Swap: This Freaky Friday Swap has a 21st century spin on it.

21st, 4:00 pm, Tale of Tales: Sea monsters, monarchs, ogres and sorcerers collide in this epic film from the visionary director of Gomorrah.

22nd, 6:30 pm, Talk to Me, (inspired by a true story): Funny, Powerful and Poignant

23rd, 6:30 pm, The Rebound: She's still got it and he's just getting it. Fresh, Funny Romantic Comedy

24th, 6:30 pm Downstairs in the CR with Julie, MASK with refreshments.

26th, 6:30 pm Olympians at Heart, Fraternal Twins Elsie and Ella are Olympic hopefuls.

27th, 6:30 My Big Fat Greek Wedding: Love is here to stay but...so is her family!

28th, 4:00 pm Peanut Butter Falcon: The Sweetest Darned Film of the Decade.

29th, 4:00 pm The Perfect Mate: Hope is a control freak and a perfectionist and nothing would please her more than brining the perfect future husband home for the weekend to meet the family.

30th, 6:30 pm Off the Rails: Some trips stay with you for a lifetime. This is one of those trips.

Silly 4th of July Jokes



1. What do you get when you cross a Stegosaurus with Fire Works?
Dino-Myte
2. Why were the first Americans like Ants? *They lived in Colonies'!*
3. What do you get when you cross a Patriot with a Curly Haired Dog?
A Yankee Poodle.
4. What is Red, White, Blue and Green?
Uncle Sam holding a Watermelon.



Citizens Care Center News



June Brought Several Celebrations

Flag Day



Juneteenth

Juneteenth was celebrated with ice cream sundaes with Ice Cream from Brooms Bloom Creamery. Thank you Darrick and all the other staff that made this a successful activity.



Father's Day

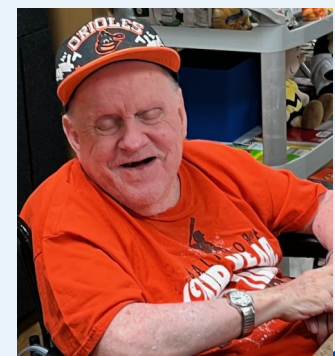


First Day of Summer

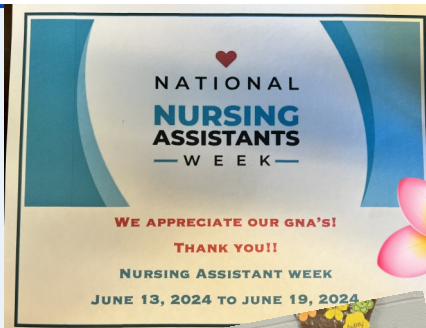
Our generous Administrator "Ed" brought the Dough Slingers truck for us to be able to purchase lunch from them and then he treated the whole house to Funnel Cakes. Thank you Ed for kicking the summer off with such a nice treat.



One of the residents Exclaimed "Oh YUM, Funnel cakes remind me of my childhood at the Carnival in town".



National Nursing Assistant Week



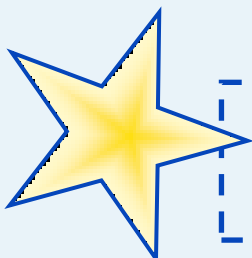
Here are just a few pictures of our talented Nursing Assistants. We are grateful for each and everyone of you. We know it takes a very warm and caring person to become a GNA. We thank you for choosing Citizens to spread your love and talents with our residents.

Melvin Myers was recognized by Gilchrest for his service to our Country

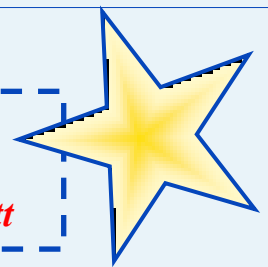


A Member of each Military Service came to thank him personally! His caregivers from Gilchrest and his family were also there.

Attention All Residents!!!
You are invited to attend Resident Council.
In July our meeting will be held on Friday July 5th at 2:30 pm in the Chesapeake Room.
Make your home a better place to live!



The Chit Chat Staff
Editor, Jocelyn Silver, Director of Activities
Additional Support, Janet McDonald and Nancy Bennett





Do you know the story of the Liberty Bell?

The **Liberty Bell**, previously called the **State House Bell** is an iconic symbol of **American independence**. The bell was commissioned in 1752 by the London-based firm Lester and Pack. It was cast with the lettering "**Proclaim LIBERTY Throughout all the Land unto all the Inhabitants There of**", a Biblical reference from the Book of Leviticus (25:10). Once again proving that this country was built on the principals of the Bible. The bell first cracked when rung after its arrival in Philadelphia, and was twice recast by local workmen John Pass and John Stow, whose last names appear on the bell today. In its early years, the bell was used to summon lawmakers to legislative sessions and to alert citizens about public meetings and proclamations at Independence Hall.



It is most likely that the first ringing of the renamed Liberty Bell was on July 8, 1776, along with other bells in Philadelphia area, the Declaration of Independence was first read to the public. The bell did not acquire its distinctive large crack until after almost a century of heavy use. The bell was used as a symbol of freedom during the Cold War and was a popular site for protests in the 1960s. It was moved from its longtime home in Independence Hall in Philadelphia to a nearby glass pavilion on Independence Mall in 1976. To this day it stands as a symbol of our Independence and can be found on coins and bills to remind us of our beginnings.

**Citizens Care and
Rehabilitation
Center
is on Facebook!**



Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.

RIDDLES

1. **WHAT HAS HANDS BUT CANNOT CLAP?**
2. **WHAT HAS MANY NEEDLES BUT CANNOT SEW?**
3. **WHAT CAN YOU CATCH BUT CANNOT THROW?**
4. **WHAT HAS LEGS BUT CANNOT WALK?**
5. **WHAT HAS A HEAD AND A TAIL BUT NO BODY?**
6. **WHAT HAS A THUMB AND FINGERS BUT IS NOT A HAND?**
7. **WHAT HAS A BOTTOM AT THE TOP?**
8. **WHAT HAS FOUR WHEELS AND FLIES?**

1. A Clock, 2. A Christmas Tree, 3. A Cold, 4. A Table, 5. A Coin, 6. A Glove, 7. Your Legs, 8. Garbage Truck