

Chit Chat

Volume 66— Issue June 2024

Citizens Care

*Address: 415 Market
St. Havre de Grace,
MD 21078*

Phone: 410-939-5500

Fax # 410-939-3471

*Points of interest in
this issue:*

- Front page
A Father's Day Poem
- pg. 2 Birthdays
Anniversaries and
other special dates
- pg. 3 Volunteer
News
- Pg. 4 What's
happening at
CCRC
- pg. 5 June Word
Search
- pg. 6 Karen's
Korner
- pg. 7 Movie Line
Up
- pg. 8 Staff News
- pg. 9 Staff News
Continued
- Pg. 10 Special
Events

**HAPPY
FATHER'S
DAY**



Father's Day... *by Henry Maxwell*

**Dad you were there at my birth, You gave advice for
what it was worth,**

**You let me decide if I took it or not,
You never left me in an awkward spot,**

**You held me up so I would not fall
and I knew all I ever had to do was call,**

**You stuck up for me when I went astray,
So Dad, all this love is for you on
Father's Day.**



Happy Birthday, June Residents



- | | |
|-----------------|------|
| 1. Clara B. | 6/22 |
| 2. Harlequin B. | 6/7 |
| 3. Eleanor E. | 6/29 |
| 4. Betty G. | 6/29 |
| 5. Pauline L. | 6/26 |
| 6. Mary M. | 6/6 |
| 7. Elizabeth S. | 6/29 |
| 8. George W. | 6/24 |

Staff June Birthdays

- | | | | |
|----------------|------|-----------------|------|
| 1. Carrie H. | 6/4 | 9. Candace B. | 6/25 |
| 2. Katina C. | 6/5 | 10. Brittany E. | 6/27 |
| 3. Hannah M. | 6/5 | 11. Nohella B. | 6/30 |
| 4. Benita B. | 6/5 | | |
| 5. Rebecca M. | 6/8 | | |
| 6. Casandra E. | 6/8 | | |
| 7. Rosemary A. | 6/10 | | |
| 8. Katelin B. | 6/25 | | |

Staff June Anniversaries

- | | | |
|-----------------------|----------------------|----------|
| 1. 6/16 Frank L. | Dietary | 43 years |
| 2. 6/17 David H. | Other Administrative | 31 years |
| 3. 6/16 Anna H. | Nursing | 27 years |
| 4. 6/21 Tina W. | Nursing | 23 years |
| 5. 6/02 Mary S. | Dietary | 21 years |
| 6. 6/23 Angela G. | Nursing | 18 years |
| 7. 6/11 Dora A. | Nursing | 17 years |
| 8. 6/11 Dondrea M. | Nursing Admin. | 17 years |
| 9. 6/27 Rebecca M. | Laundry | 13 years |
| 10. 6/29 Ashley P. | Nursing | 8 years |
| 11. 6/20 Leslie S. | Dietary | 6 years |
| 12. 6/01 Charlotte J. | Security | 1 year |
| 13. 6/13 Ella J. | Nursing | 1 year |
| 14. 6/19 Nancy B. | Other Administrative | 1 year |
| 15. 6/20 Urzhola E. | Dietary | 1 year |

The Chit Chat Staff

Editor, Jocelyn Silver, ADC,
Additional Support, Janet McDonald

Board Members

Patricia Scott-Badeker

Wendell G. Baxter

Jacob Bennett

John P. Correr, Jr.

Shobita DuBois

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

Administrator

Ed Walter

Department

Directors

Activities

Jocelyn Silver, ADC

Director of Admissions

Nancy Bennett

Dietary

Darrick DeBoard Sr.
CDM, CFPP

Environmental Services

And Laundry

Theresa Gebhardt

Facility Operations

Robert Watson

Human Resources

Diana George

Medical Director

H.S. Sim

Nursing

Cassie Evering, RN

Director of Business

Operations

Keith Streett

Risk Management

Renata Truant, RN

Social Work

Diane Bruso,

Volunteers / Public

Relations

Janet McDonald

*Thank
you!*

Volunteer News



Page 3

Thank You To...

Thank you to Young At Heart for your continued monetary donations each month for our resident bingo games .

Volunteer Opportunity

There are numerous volunteer opportunities available in our facility. Escorts Needed for the Rolling and Strolling, Special Events and Gourmet Galley just to name a few.

For more
information see Janet McDonald for details, or call 410-942-2112

Volunteer Reminders:

If a resident needs help ask a staff member on unit: Volunteers do not lift, transfer or help residents move from bed to chair etc.

Volunteers do not sit on beds. Knock on door and ask permission to enter. Remember to wash your hands or sanitize after each task.

If assisting with passing trays: open milk cartons, offer to cut up food, butter bread, fix drink etc. If resident requests something else always check with

Nurse.

When in doubt ask the NURSE on the unit.

Speedy Recovery to our volunteers:

George Dorbert Sr. and Curtis Epps

You are missed at Citizens.

Best wishes and speedy recovery to our volunteer Rosie who will be having surgery.

Rosie is our volunteer pet visitor on Monday evenings. Dianne, our volunteer who brings Rosie will keep us updated on her recovery & return.

Thank you to our volunteer Harold Toaltoan and Rev. Jackson for filling in for Curtis while he is recovering.

Telephone Assurance Program

(T.A.P.) is a free service provided by

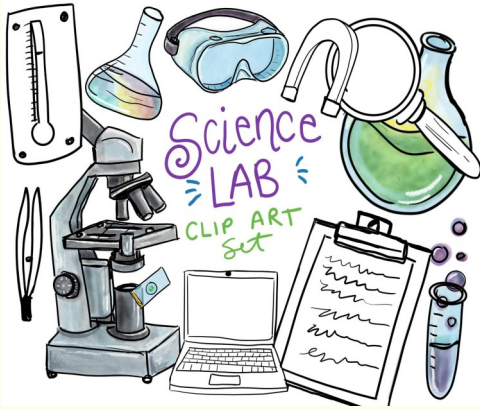
Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

The Definition of—Om-buds-man:

an Ombudsman's function is to provide informal assistance in resolving issues. While they can recommend that a facility consider establishing or revising a policy, the ombudsman plays no formal role in deciding or implementing policy. Come meet your Ombudsman on June 7th during Resident Council Meeting. Her name is Sharon Miller.



Mays Senior Science Project



Our first Science project was making something called Oobleck. What is Oobleck you ask? Oobleck is a suspension of cornstarch and water that can behave like a solid or a liquid depending on how much pressure you apply. If you try to grab some in your hand, it will form a solid ball in your palm until you release the pressure. Then, it will flow out

between your fingers. If you missed this experiment you missed a really fun activity. Come and join us in June and see what we make or blow up just for fun!

Bay Lane Celebrated the Upcoming Birth of Sally's Baby

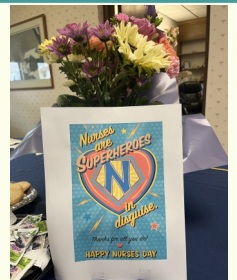
Bay Lane coordinated their pizza party won way back when they won their Easter Egg Contest with a baby Shower given for Sally W. She was completely surprised and really delighted with all her lovely gifts for her new little girl. All the residents and staff on BL wish her the very best as she

welcomes her new little

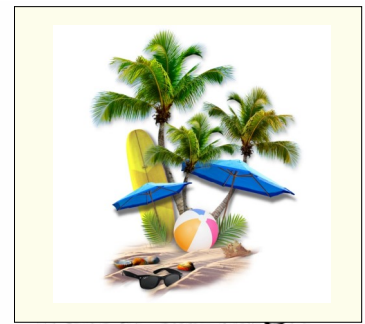


National Nursing week was May 6-10th

Here are just a few of the beautiful people that we call nurses here at CCRC.



JUNE



G O F I S H I N G D A Y Y A D
 E L P O C Y T E G G D A Y L Y
 Y Y S Y O H A N D E D D E K O
 E A A A Y D E D E V I M I S Y
 W D F D R A T E T E C A N A O
 E S E T I N D R S A T R D P D
 A R D U R N O E U E E E D O A
 R E A N K L I M V C D P N A Y
 D H Y O O A K T Y I K A E U Y
 A T R C L E G A R H L D Y R J
 Y A D O H I D P S A G O A M K
 E F S C N O T D A Y M T S Y A
 G I M D F B S E L F I E D A Y
 A L A U G A Y A D S W O D I W
 P Y B L O O D D O N O R D A Y

COCONUT DAY
 JUNETEENTH
 LGBT PRIDE DAY
 GO FISHING DAY
 VCR DAY
 COLOR TV DAY
 MARTINI DAY

SELFIE DAY
 EYEWEAR DAY
 YOYO DAY
 REPEAT DAY
 UFO DAY
 BLOOD DONOR DAY
 GIN DAY

FOOD TRUCK DAY
 FATHERS DAY
 EGG DAY
 WIDOWS DAY
 CHEESE DAY
 OLIVE DAY
 SAFE DAY

Welcome Back Karen W. to Karen's Korner



I am returning as the original author of Karen's Korner. I hope to bring you some different information that I haven't covered in the past 25 years.

This month I am going to talk about Juneteenth. This is a Federal holiday that is celebrated on Wednesday the 19th of June each year. It is also called Emancipation Day in Texas, Jubilee and Black

Independence Day. In 1865 Union General Gordon Granger took a unit into Galveston Texas to ensure that the Emancipation Proclamation was upheld 3 years after it was signed into being law in 1862 by President Abraham Lincoln during the Lengthy Civil War. It took 3 years to inform all the slaves in the south that they were free.

See you again in July, I hope you have a great month.

Karen W.



Another Special Bird Came to Visit Us in May. Our Administrator "Ed" surprised us with the Raven's Bird "Poe". He walked the whole building throwing out a few footballs to some of the residents. Thanks Ed for bringing these special visitors for us to enjoy!



Movie Line Up for June

- 1st 4:00 pm Movie, Fletch...Comedy, about a newspaper reporter who changes his identity more often than his underwear.**
- 2nd 4:00 pm Movie, The 5th Quarter...a beautiful story of Faith and Inspiration.**
- 3rd 6:30 pm Movie, Frozen II... One of Disney's, most beautifully animated film of the decade about courage and discovery.**
- 4th, 6:30 pm Movie, Daddy Daughter Trip... He'll give her the spring break of a lifetime even if it kills him.**
- 5th 6:30 pm in CR Movie, Beauty and the Beast... Disney's non-animated version of this old tale of true love. Musical**
- 7th 6:30 pm Movie, Bumble Bee...Cybertron has fallen... Optimus Prime sends Bumble Bee to defend earth, his journey to become a hero begins.**
- 8th 4:00 pm Movie, Bull Durham...is a funny, sexy, literate love story about America's favorite pastime.**
- 9th 4:00 pm Movie, Narnia (The Lion, The Witch and The Wardrobe)... Prepare to enter another world when Disney pictures present CS Lewis' timeless and beloved adventure.**
- 10th, 6:30 pm Movie, The Upside...A recently paroled ex-convict strikes up an unusual and unlikely friendship with a quadriplegic billionaire.**
- 11th, 6:30 pm Movie, DOG... A filthy animal unfit for human company and a DOG!**
- 12th, 6:30 pm Movie, A Star is Born... A new take on a tragic love story.**
- 14th, 6:30 pm Dreamin' Wild... A true story about a family turned upside down when the album he and his brother recorded as teens is rediscovered after 30 years.**
- 15th, 4:00 pm Movie, Bigger... The Joe Weider Story, he created fitness as we know it.**
- 16th, 4:00 pm Movie, Heaven Sent...Angels come in all sizes. A couples silent pleas summon an answer in the form of a mischievous little miracle, an 8 yr. old runaway from heaven come to help mend their relationship.**
- 17th, 6:30 pm Movie, Before You Know It... Stage Manager Rachel still lives in her childhood apartment above the theater her family owns and operates.**
- 18th, 6:30 pm Movie, Arthur... A laugh out loud romp. A new version of the original.**
- 19th, 6:30 pm Movie, Ray... The Ray Charles Story... portrayed by Jamie Foxx**
- 21st, 6:30 pm Movie, Gambit... Revenge is a work of art. Harry Deane is a man with a plan. Harry devises an elaborate plot to con his abusive boss into buying a fake Monet.**
- 22nd, 4:00 pm Movie, Ghost... everybody's favorite Ghost saves his girlfriend with the help of a con medium that is able to hear him.**
- 23rd, 4:00 pm Movie, Gibby, Funny and Entertaining, just add a monkey to your life.**
- 24th, 6:30 pm Movie, Frozen Front...A young commander rescues 500 freedom fighters.**
- 25th, 6:30 pm Movie, Coyote County Loser... Can losers find love?**
- 26th. 6:30 pm Movie, Elvis...The Elvis story.**
- 28th, 6:30 pm Movie, The Green Mile...Paul didn't believe in miracles, until he met one.**
- 29th, 4:00 pm Movie, The Illusionist... Everything is an illusion, or is it.**
- 30th, 4:00 pm Movie, Dating and New York...A cheerful comedy about millennials.**



Citizens Care Center News

National Skilled Nursing Care Week

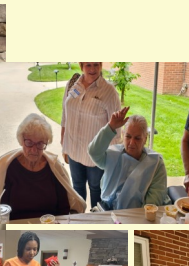
The Week Started out with Smoothies and a gift from Resident Council



Then we moved on to Tuesday and a Cook Out for the Residents with very special guests helping to serve our residents. Pictured here is our Chairwoman of the Board and her husband, Pattie and Bill Badeker . It was so nice of them to come and be involved to help. Thank you.

Wednesday

Was a special Day, with the resident's playing games and the Oriole Bird came to visit the residents on the units and in the dining room.



Thursday brought out the best in our staff with some good clean Wheel-chair relay races which we had 4 teams Activities, Harbor View, Maintenance and Tide Water. and the residents were cheering the racers onto victory. Tide Water beat everyone by a mile. Some of the residents got in on the fun with the help of some of the staff as pushers. Congratulations Tide Water as the pizza party winners! Good for You!





Activities you don't want to miss during June

June

4th 12:30 pm Birthday Party for all June celebrants

6th 10:45 am Rolling and Strolling

7th 9:45 am Donuts Served for Nat. Donut Day

7th 3:00 pm Resident Council Mtg. Meet your Ombudsman

11th 2:30 pm Drum Circle with Susan Triofo

13th 11:00 am Gourmet Galley

14th 11:30 Brunch in celebration of Flag Day and Fathers Day, everyone is welcome...yes their will be fried eggs!

16th FATHER'S DAY, families are encouraged to visit and celebrate Dad!

19th 3:45 pm Juneteenth is the celebration of the Emancipation of Slavery. Ice Cream Sundaes in the CR

19th 6:30 pm Movie, The Ray Charles Story

20th 10:30 Silver Reader Van and Rolling and Strolling

21st 2:30 pm 1st. Day of Summer, Pokeno and a special treat in the CR

25th 2:30 pm Senior Science, come help us find iron in your breakfast cereal.

28th 3:00 pm Happy Hour with Mr. Charisma, Cameron

**Were you a
June Bride?**



**40's, 50's
or 60's?**

**Citizens Care and
Rehabilitation
Center
is on Facebook!**



Silly Dad Joke

Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.

Four men are in the hospital waiting room because their wives are having babies. A nurse goes up to the first guy and says, "Congratulations! You're the father of twins. "That's odd," answers the man. "I work for the Minnesota Twins!"

A nurse says to the second guy, "Congratulations! You're the father of triplets!"

"That's weird," answers the second man. "I work for the 3M company!"

A nurse tells the third man, "Congratulations! You're the father of quadruplets!"

"That's strange," he answers. "I work for the Four Seasons hotel!"

The last man is groaning and banging his head against the wall. "What's wrong?" the others ask.

"I work for 7 Up!"