

*Citizens Care*  
*Address: 415 Market*  
*St. Havre de Grace,*  
*MD 21078*

*Phone: 410-939-5500*  
*Fax # 410-939-3471*

*Points of interest in*  
*this issue:*

- **Front page news...**
- **pg. 2 Birthdays and other special dates**
- **pg. 3 Valentine Word Search**
- **Pg. 4 Leap Year and Shrove Tues. Facts**
- **g. 5 CCRC Happenings**
- **pg. 6 Changes Happening to Hospital Stays**
- **pg. 7 Movie Line Up**
- **pg. 8 Resident Council, Cookie Fund Raiser**
- **pg. 9 Volunteer News**
- **Pg. 10 Special Events**

# Chit Chat

Volume 64— Issue February 2024



HAPPY CHINESE NEW YEAR



Valentines Day Tea  
2:30 pm and the  
Origins of  
Valentines Day  
February 14th

## Happy Birthday, February Residents



1. Laura S.	2/4
2. Evaline H.	2/11
3. Karen W.	2/12
4. June Y.	2/16
5. William P.	2/20
6. Timothy B.	2/21
7. Bonnie L.	2/23
8. Allan C.	2/28

### Welcome To New Staff That Joined Our Team In January

**Kim H., Jahashia H. Lisbeth O., Ronda S., Josephine A., Brook H., Stephanie J., Jennifer M. and Carlotta L.**

### *Staff Birthdays*

1. Mihaela B.	Nursing	2/3
2. Margaret W.	Nursing	2/4
3. Taylor A.	Other Administration	2/4
4. Janet M.	Other Administration	2/5
5. Gloria E.	Dietary	2/6
6. Mary M.	Nursing	2/7
7. Regina S.	Dietary	2/14
8. Ellen S.	Security	2/16
9. Darrick D. (DJ)	Other Administration	2/18
10. Christie K.	Dietary	2/20
11. Sherry J.	Security	2/22
12. Jamie J.	Nursing	2/22
13. Charles S.	Dietary	2/22
14. Theresa G.	Environmental Services	2/24
15. Alexander H.	Dietary	2/26
16. Laura G.	Nursing	2/28
17. Marthalyne K.	Nursing	2/28

### *Staff Anniversaries*

1. Sylvia S.	Nursing	2/26	33 yrs.
2. Catherine K.	Nursing	2/4	18 yrs.
3. Agatha M.	Nursing	2/1	13 yrs.
4. Bonface N.	Nursing	2/1	13 yrs.
5. Diana U.	Nursing	2/22	12 yrs.
6. Shaleigh B.	Nursing	2/28	10 yrs.
7. Pamela R.	Activities	2/10	10 yrs.
8. Ruth C.	Nursing	2/6	5 yrs.
9. Tiffany L.	Nursing	2/17	3 yrs.
10. Shannon L.	Nursing	2/7	1 yr.
11. Renata T.	Quality Assurance	2/13	1 yr.

### Board Members

*Patricia Scott-Badeker*

*Wendell G. Baxter*

*Jacob Bennett*

*John P. Correr, Jr.*

*Shobita DuBois*

*Carol Lienhard*

*Rodney Swam*

*Cathy Vincenti*

*Andrew Young*

*Kimberly Zavrotny*

Administrator

*Ed Walter*

Department Directors

Activities

*Jocelyn Silver, ADC*

Director of Admissions

*Nancy Bennett*

Dietary

*Darrick DeBoard Sr.  
CDM, CFPP*

Environmental Services

And Laundry

*Theresa Gebhardt*

Facility Operations

*Robert Watson*

Human Resources

*Diana George*

Medical Director

*H.S. Sim*

Nursing

*Cassie Evering, RN*

Director of Business

Operations

*Keith Streett*

Risk Management

*Renata Truant, RN*

Social Work

*Diane Brusio*

Volunteers / Public

Relations

*Janet McDonald*

**Silly Valentine Joke .....**  
**Why did the Skeleton break up with her boyfriend just**  
**before Valentine's Day? Her heart just wasn't in it!**

# Valentine's Day

word search

V	A	L	E	N	T	R	O	M	A	N	E	A	S	K
E	C	H	U	G	I	F	L	O	W	E	R	S	E	I
M	H	E	C	I	M	I	O	R	E	S	O	K	V	N
F	O	L	E	F	W	R	V	S	T	O	M	E	O	L
S	C	A	M	T	R	A	E	H	V	C	A	N	D	Y
W	O	F	E	B	R	U	P	I	C	U	N	L	O	V
E	F	T	C	G	I	F	V	C	A	N	C	R	E	P
S	L	E	U	S	T	R	A	E	H	T	E	E	W	S
D	O	U	P	S	W	E	L	P	N	E	L	A	V	E
R	W	Q	C	E	N	C	E	I	R	R	S	S	I	K
A	E	U	A	S	I	E	N	N	O	E	D	O	V	A
C	H	O	C	O	L	A	T	E	M	D	I	P	U	C
E	O	B	A	R	E	L	I	F	E	B	R	I	R	P
T	R	F	L	O	W	E	N	D	O	V	I	N	O	U
H	Y	R	A	U	R	B	E	F	K	I	S	K	S	C

## word bank

**BOUQUET**  
**CANDY**  
**CARDS**  
**CHOCOLATE**  
**CUPCAKES**






**CUPID**  
**DOVES**  
**FEBRUARY**  
**FLOWERS**  
**GIFT**



**HUG**  
**HEART**  
**KISS**  
**LOVE**  
**PINK**





**RED**  
**ROMANCE**  
**ROSES**  
**SWEETHEARTS**  
**VALENTINE**







## 2024 is a Leap Year, That means 366 days this year!

Some of you may already know that this year “2024” is a Leap Year. Well you may ask what does that mean to everybody? It means everyone gets an extra day this year. That’s right 2024 will have 366 days in it. Also if you are born on this day your Birthday will forever be on February 28th or March 1st except for every 4 years when your Birthday lands on your actual day the 29th of February. Unfortunately you still age the same as everyone else, you just don’t get to celebrate your birthday on the actual date but once every four years. There is also a superstition that says on Feb. 29th ladies can ask the man of their dreams to marry them. That’s right, go ahead ladies and break tradition by asking your guy to marry you! Hope he says yes!



### *So, What is Shrove Tuesday, Pancake Day or Fat Tuesday?*



Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time of fasting and on Shrove Tuesday, Christians went to confession and were “shriven” (absolved from their sins). A bell would be rung to call people to confession. This came to be called the “Pancake Bell” and is still rung to this day.

Shrove Tuesday always falls 47 days before Easter Sunday, so the date varies from year to year and falls between February 13th and March 28, in 2024 Shrove Tuesday will fall on February 13th.

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients.

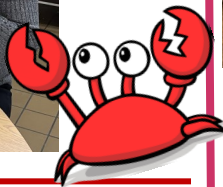
A pancake is a thin, flat cake, made of batter and fried in a frying pan. A traditional English pancake is very thin and is served immediately. Golden syrup and butter are usually the toppings used for pancakes.

# January was anything but slow for CCRC, 2024 started out with many events.

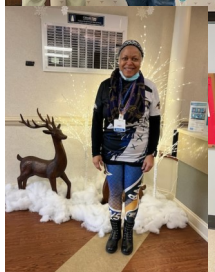
Caring for our residents in the snow never tasted so good! Thank you Darrick for that delicious pot of crab soup!



Nursing Skills fair had a little for everyone. Thank you Renata and the rest of the team for a great learning experience!



There was no lack of cheering the Raven's on in the Playoffs from the CCRC Staff. Oh Well maybe next year. GO RAVENS!



Welcome! Nursing Assistant Students And their Instructor Carla! We wish you all the best for a great class. Hope you all love working here.

# Changes will be Happening In Our Area As Harford Memorial Hospital Prepares To Close It's Doors For Good. Check out the services below for the new University of Maryland Upper Chesapeake Medical Center in Aberdeen

We are all wondering what a hospital stay may look like once HMH closes it's doors. Changes are definitely going to be happening once our facility is sending all of our Emergencies to Aberdeen.

But with both medical and state of the art technology, they will be delivering advanced, wide-ranging care at both the Aberdeen and Bel Air Campuses.

Please note that all Emergency Room services at HMH end on February 6th and transfer on that date to the new center in Aberdeen.

## UM Upper Chesapeake Medical Center Aberdeen

660 McHenry Road

(located on nearly 60 acres)

*Increasing convenience and access to important health care services.*

### Health and Wellness Center

- 93,000 square feet
- Physician practices and support services including:
  - Cardiology
  - Endocrinology
  - Hematology/oncology
  - Infusion services
  - Orthopedics
  - Physical therapy
  - Primary care
  - Wound care
  - Laboratory services
  - Imaging

### Medical Center

- 130,000 square feet
- Maryland's first acute-ready stroke facility with ability to evaluate, stabilize and treat people with stroke symptoms
- Full-scale emergency services
- Adult observation/short stay rooms
- Behavioral health pavilion
- Outpatient behavioral health treatment areas designed to keep patients comfortable and safe
- Helipad for air transfers


### Designed With Healthcare in Mind

- Select emergency department rooms are designed to geriatric standards with padded floors, larger fonts on signs, warm colors, brighter lighting and located directly adjacent to the nurses' station
- Modern telehealth system in each patient room for better monitoring and specialty care consultation
- Exterior courtyards for each behavioral health 'neighborhood'
- Large conference rooms available for community use
- LED lighting with automatic dimming controls

### A better state of care.

Please note ER Services at Harford Memorial end on 2/6 and transfer to the new center in Aberdeen.

[umuch.org/better](http://umuch.org/better)

 UNIVERSITY of MARYLAND MEDICAL SYSTEM

UM UPPER CHESAPEAKE HEALTH

# Movie Line Up for February



*Please Note the Change from Wednesday night to Tuesday Night!!!*

## February

2nd 6:30 pm Movie, Inkheart , Wildly entertaining? A Joyride. When Mo reads a story the characters literally leap off the page. Literally. He must somehow use his special power to weave a tale to make the interlopers go back to their world.

3rd 4:00 pm Movie, Doctor Strange, From Marvel Studios comes Doctor Strange, the world famous neurosurgeon who life changes after an accident damages his hands.

4th 4:00 pm Movie, Camelot, The musical starring Richard Harris, Vanessa Redgrave and Franco Nero David. A must see again for those who love the story and music.

5th 6:30 pm Movie, Mr. Holmes, See the worlds most famous detective as you've never seen him before.

6h 6:30 pm Movie, The American Buffalo, A story of resilience and spirit of a people.

9th 6:30 pm Movie, Mister Roberts, A classic, manned by a crew of Hollywood legends.

10th 4:00 pm Movie, Megan Leavey, Based on the true story of a Marine's Best Friend.

11th 4:00 pm Movie, Grease, Go back to high school with Pink Lady Sandy and leader of the bad boys T-Birds, Danny.

12th 6:30 pm Movie, And So it Goes, The Charmer of the year. A MasterClass in acting with Michael Douglas and Diane Keaton giving captivating performances.

13th 6:30 pm Movie, The House with the Clock in it's Walls. Fantastic events occur in unexpected places.

16th 6:30 pm Fun with Dick and Jane, Giving big business a run for their money.

17th 4:00 pm Movie, Indiana Jones and the Dial of Destiny. An entertaining film fit for the whole family

18th 4:00 pm, Movie, Just Getting Started, Two friends team up to try and keep the third friend from getting killed. Chivalry meets rivalry.

19th 6:30 pm, Disney's Mars Needs Moms, A thrilling journey that's pure, crazy fun.

20th 6:30 pm, Movie, The Mystery of Britannic, A historical docudrama that reveals unique Scenery on the terrible fate of the sister ship of the famous Titanic.

23rd 6:30 pm, Movie, Elvis in Double Trouble, Elvis finds love larceny and fun on the double.

24th 4:00 pm, Movie, The Son, Trying to help a troubled teen and keep up the rigors of life.

25th 4:00 pm, Movie, Shall We Dance?, In there 7th movie, Fred Astaire and Ginger Rogers croon, swoon and sway to the music of George and Ira Gershwin.

26th 6:30 pm, Movie, The Waltons' Homecoming, Commemorate the 50th anniversary of the movie that launched the long-running series. The Walton's face struggles.

27th 6:30 pm, Movie, Disney's The Woods, starring Meryl Streep and Johnny Depp. This is a musical saga with an all star cast, this spell binding adventure is everything you could ever wish for.

**Attention All Family and Staff Members**

The resident council is holding a Valentine Day Cookie sale for you to purchase for that special someone in your life. We will be making Cowboy Cookies this year. These are the delicious cookies we made for our western dinner last Fall. We hope you will remember how good they were. We will deliver the cookies to the units for the residents only and below you will find a form to fill out to order yours today. You can pick your cookies up on either February 13th or 14th. The cost for these special treats will be 12 large cookies for \$7.50. Please have your order form to Activities no later than Monday, February 12th. Thank you for your participation in this fundraiser.



***Valentine Cookie Order Form***

***Your Name*** \_\_\_\_\_ ***Pick up Date: 13th or 14th***

*(Circle one)*

***Resident's Name*** \_\_\_\_\_ ***and Room***

***#*** \_\_\_\_\_ *(for delivery only)* All deliveries will be made on 2/14

***Number of Bags of Cookies being ordered #*** \_\_\_\_\_

***\$7.50 Each.... Total owed \$*** \_\_\_\_\_

***Paid : Yes or No***  
*(Circle One)*

*The Chit Chat Staff*  
*Editor, Jocelyn Silver, ADC,*  
*Additional Support, Janet McDonald*





# Volunteer News



## Thank You To...

Thank you to Ed Walter, Theresa Gehardt, Diane Brusco and Dawn Eliadis for gift shop donations.

Thank you to Young At Heart for your continued monetary donations each month for our resident bingo.

Thank you to those family members who always attend scheduled activities with their loved ones and help out during the programs.

The members of Soroptomist International of HdG for supplying bird seed for our feathered friends.

Thank you to our volunteer Diane who provides one on one pet visits with Rosie. Diane and Rosie visit every other Monday night. Thank you both for your commitment to our residents.

## A Word About Bringing In The Family Pet

All visiting pets must provide a Maryland Visiting Pet Program Certificate of Examination. These forms can be obtained at the main entrance security desk. A vet must fill this out and before the pet can be brought in to visit.

The pet must be on a leash at all times.

## Volunteer Opportunities

### Gift Shop Attendant

Monday-Friday you pick your own days and hours.

Interested in joining our team training and orientation is provided. Background check and COVID vaccination card required.

call Janet McDonald at 410-942-2112 for more information

on all volunteer opportunities.

**Come Join Our Team and Make a Difference!**

### Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have

medical problems but wish to remain at home.

A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All

information received by T.A.P. is kept confidential. If interested in this free service in

Harford County  
contact Janet McDonald at  
410-942-2112.



## *Valentine Superstitions*



1. To be awakened by a kiss on Valentine's Day is considered lucky.

2. On Valentine's Day, the first guy's name you read in the paper or hear on the TV or radio will be the name of the man you will marry.

3. If you see a squirrel on Valentine's Day, you will marry a cheapskate who will hoard all your money.

## Activities you don't want to miss during February

### February

2nd is Ground Hog Day will the Ground Hog see his shadow? 2:30 pm Also Human Whack a Mole in the CR.

8th at 12:30 pm We will be Celebrating the Birthday Party and Chinese New Year.

9th at 2:00 pm Catholic Mass with Father

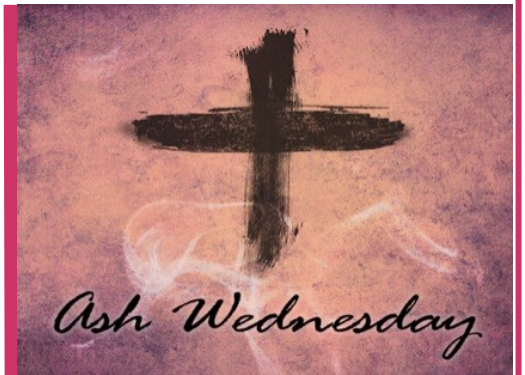
13th For Breakfast all regular diets will receive pancakes and at 12:30 Mardi Gras Party and Luncheon in the C.R.

14th is Ash Wednesday. St. Patrick Ladies will be coming in to give Ashes throughout the day. At 3:00 pm there will be a Valentine Tea with Petit Fours and other goodies. Also Julie will be offering information on the Origins of Valentines Day and Valentine Candy.

19th is Presidents Day

23rd We'll have Happy Hour with everybody's favorite, Mr. Charisma himself, Cameron Roberts.

29th Extra Day, It's Leap Year



**The ladies from St. Patrick church will be offering Ashes for anyone who would like to receive them on February 14th throughout the day. Thank you St. Patrick.**

**Citizens Care and Rehabilitation Center is on Facebook!**



### Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.

### **Silly Jokes**

**Marriage is like a deck of cards, at first all you need is two hearts and a diamond. By the end, you'll wish you had a club and a spade.**

**Dear Mother in Law I don't need you to teach me how to handle my children. I'm living with one of yours and he needs a lot of improvement.**