

*Citizens Care*  
*Address: 415 Market*  
*St. Havre de Grace,*  
*MD 21078*

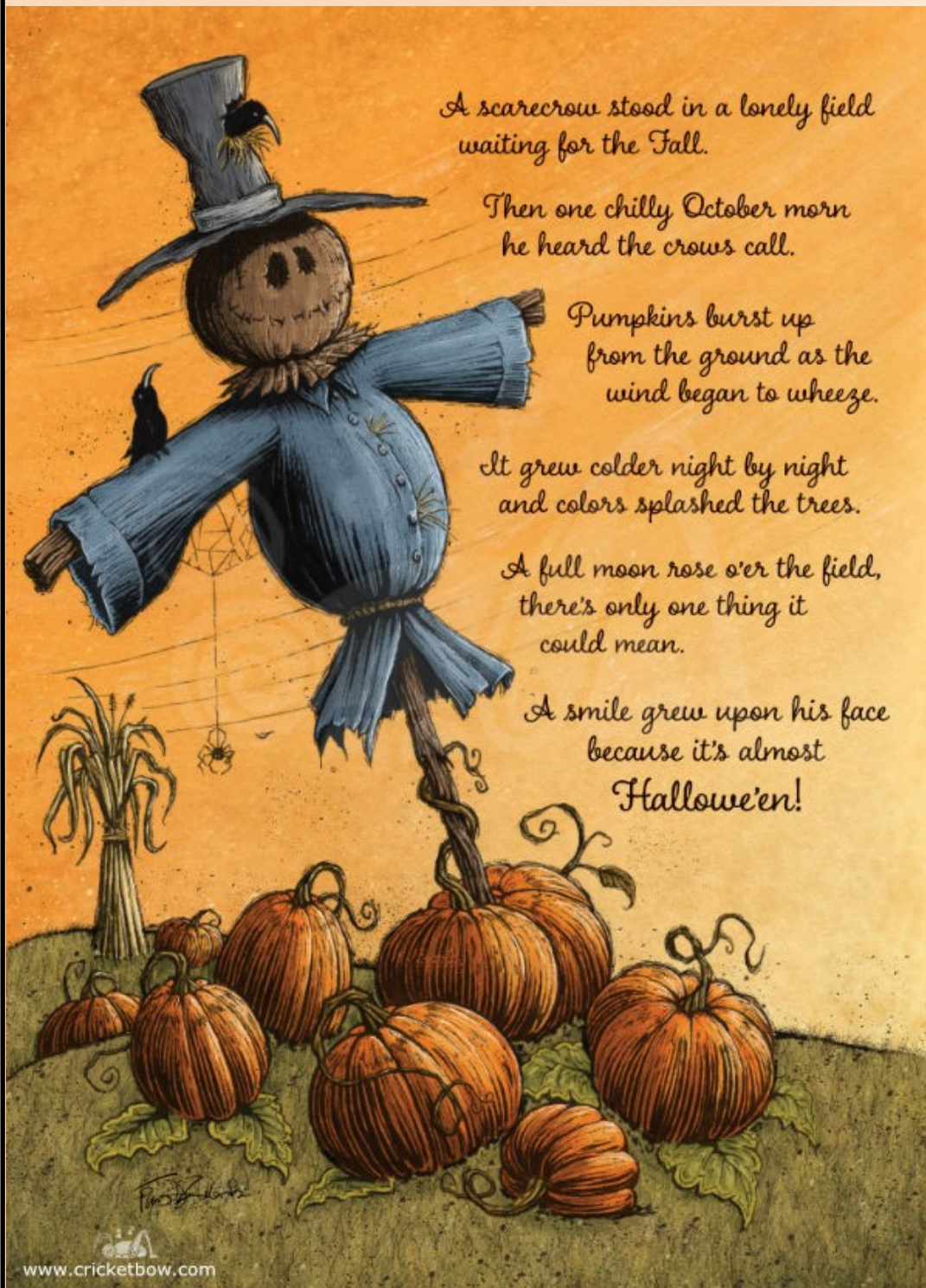
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*this issue:*

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# Chit Chat

Volume 60— Issue October 2023



*A scarecrow stood in a lonely field  
waiting for the Fall.*

*Then one chilly October morn  
he heard the crows call.*

*Pumpkins burst up  
from the ground as the  
wind began to wheeze.*

*It grew colder night by night  
and colors splashed the trees.*

*A full moon rose o'er the field,  
there's only one thing it  
could mean.*

*A smile grew upon his face  
because it's almost  
Hallowe'en!*



## Happy October- Birthday Residents



1. Chris B.	October 12th
2. Michael B	October 28th
3. Marceline B.	October 1st
4. Vicki A-M.	October 6th
5. Linda W.	October 4th

## Staff Birthdays

1. Patricia M.	Dietary	10/2
2. Urzhola E.	Dietary	10/3
3. Ramona E.	Nursing	10/10
4. Taylor R.	Nursing	10/15
5. Allen B.	Dietary	10/17
6. Dahlia C.	Nursing	10/19
7. Marylyn Z.	Dietary	10/19
8. Julie J.	Other Administration	10/20
9. Christopher L.	Dietary	10/20
10. Candace G.	Nursing	10/25
11. Josette T.	Dietary	10/29
12. Leslie S.	Dietary	10/29
13. Brandy B.	Nursing	10/31

## Staff Anniversaries

1. Darrick D.	Dietary	10/4	35 years
2. Linda W.	Nursing	10/21	32 years
3. Theresa G.	EVS	10/10	29 years
4. Kimberly M.	Nursing	10/23	23 years
5. Theresa M.	Nursing	10/15	11 years
6. Josette T.	Dietary	10/15	10 years
7. Dahlia C.	Nursing	10/16	10 years
8. Candace G.	Nursing	10/12	7 years
9. Candace B.	Nursing	10/10	5 years
10. Brianna H.	Nursing	10/19	5 years
11. Irene T.	Nursing	10/31	5 years
12. Anna B.	Nursing	10/5	1 year
13. Taylor A.	Other Admin.	10/5	1 year

### A Witch Joke

Why did the Witch tell the nurse that she needed to see a Doctor? She said "she was having a dizzy spell".

### Board Members

Patricia Scott-Badeker

Wendell G. Baxter

Jacob Bennett

John P. Corrieri, Jr.

Shobita DuBois

Carol Lienhard

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

### Administrator

Ed Walter

### Department Directors

#### Activities

Jocelyn Silver, ADC

#### Dietary

Darrick DeBoard Sr.  
CDM, CFPP

### Environmental Services

#### And Laundry

Theresa Gebhardt

### Facility Operations

Joseph Jones

### Human Resources

Diana George

### Medical Director

H.S. Sim

#### Nursing

Cassie Evering, RN

### Risk Management

Renata Truant, RN

#### Social Work

Diane Brusio,

### Volunteers / Public Relations

Janet McDonald



## Sonny Says



I just had my 85th birthday. That was an eye opener. I watch the news daily. I was just thinking how horrible the news has become. Anything that can go wrong does go wrong. I said a quick prayer to my God for help. Then I started thinking that I am always praying for help. My God takes very good care of me. All I have to do is ask him. Till next month my friends.

Sonny



*November 9, 2023, 5pm — 7pm*

*New Beginnings!*

*Join us for our NEW BEGINNINGS OPEN HOUSE for a chance to see Citizens Care at it's best. Enjoy appetizers and take a tour with our staff to check out what's new at Citizens. Get to know our community partners with Amedisys and Option Group.*

*We can't wait to show you how Citizens is transforming care in the community! Please kindly RSVP to Nancy Bennett 410-942-2136 by November 3rd.*

Family, Friends and  
Community Partners  
Welcome

Come and Enjoy  
Light Fare and  
Delicious Appetizers

Meet our new  
Administration!

See What's New at  
Citizens!

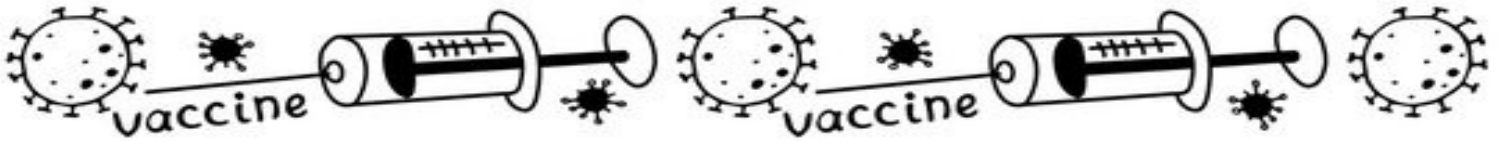
Transforming Care  
for the Citizens  
Community

*Nancy Bennett  
410-942-2136  
415 Market St.  
Havre de Grace MD*

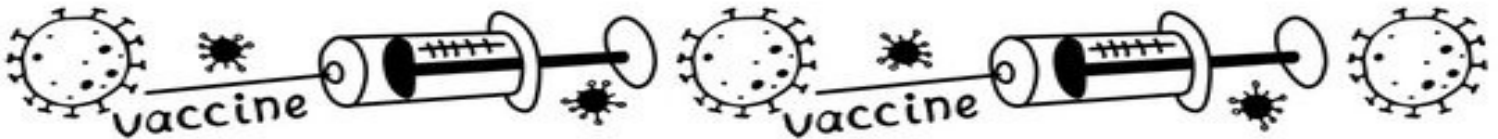
*November 9th, 2023*



## *Citizens is Offering Vaccines to Keep You Healthy*



**It's Fall Ya'll and time for us to get our vaccines. In October on 10/9 and 10/18 we have the opportunity to be vaccinated for the following: Flu, Shingles, COVID 19, Pneumonia and RSV. Getting these vaccines not only protect you but they protect your family, and the residents we care for every day. So choose the vaccines you need and sign up in the nursing office by 10/4. "Let's All Do The Right Thing" and protect each other by getting vaccinated! Go Citizens Team!**



## **Christmas Décor Already? What's Going On?**

**Have you seen the big basket of Cheer as you Come in through the front door? Well, Resident Council is having their annual Christmas Drive. All proceeds go to provide a Merry Christmas for our residents in the way of Christmas gifts. Tickets can be purchased at the Security desk and prices are as follows:**

- 1 ticket for \$3.00**
- 3 tickets for \$8.00 and**
- 6 tickets for \$15.00**

**Won't you help by buying tickets today?**



Wanted:



In Need Of:

The Activity department is building 4 scarecrows, one for each dayroom.

We need your old, used, even torn 4- medium sized overalls 4- medium flannel shirts and 4 cream colored or brown t-shirts. We also need 20 old towels and lots and lots of grocery store bags. If you have any of these items to donate to us so we don't have to purchase them that would be really nice. Please drop all donations at the Activity Office.

Thanks for your help!

## Autumn

The following creative residents wrote a story for all of you to remember the season of Autumn. Karen, Hattie, Beverly, Winn, Ruby, Carole, Helen, Barbara, Linda, Fred and Chris. They hope you enjoy reading about their Fall memories.

*Thinking about early Fall I remember that we have many tasks that go along with the season. When the leaves fall it was always our job to rake them into a big pile. I remember jumping into the pile of leaves before we burned them and boy was that fun. We made a parade of the children around the smoking pile of leaves. I always had fun when I would go to the parade. Bushes also needed trimming and then we had to rake the trimmed pieces up and throw them away.*

*I remember when I was young I had to clean out the fireplace with a shovel and broom, that was a dirty job. We had a wood stove and it was my job to cut and split the wood to keep the house warm in the colder months. We never had to worry about the power going out during a storm. To stay warm all we needed was the wood I cut. Something we did have to worry about was making sure the hot water heater was turned off when we were done using it or it could blow up house and all. In the fall I taught my girls to make S'mores they were quite a treat. Cooking was fun when we were young. I remember making pumpkin pies. Ruby remembers eating them. I remember making Mince Meat tarts and eating them with a proper pot of tea. They were a lot of fun to make.*

*Another fun thing we did was to go on hay rides, We would get a gang of kids together and the neighbor farmer would take us for a ride while we ate apples along the route. It was such fun we would laugh and sing as we all sat and played in the hay. A kiss or two may have been stolen by some of the bigger kids. I remember admiring the splendor of the trees taking in the awe of all the colors God had painted across his canvas.*

*I remember my Father saying that this was the best Harvest we ever had and that all winter we would eat the dried fruit that Mother put up.*

*My mother would put up a hay bale on the front porch with some gourds, pumpkins and a scarecrow. We also bought Mums on a chilly autumn day for the decorations. When it rained it made us feel cold and it was hard to finish our chores. Mowing was put off because of the early snow that would come*

*These are just some of our memories of Autumn. We do hope you enjoyed them!*



**Witch Joke...** What happened to the Witch who rode her broom when she was angry?  
She flew off the handle.

Two Poems by: Resident William Rigler on BL

*The Halloween Parade*

Leather wings that flutter,  
Yellow bones that rattle,  
Band instruments of ghosts,  
The Lupine howls as boasts,  
Are the sounds that you hear  
when Halloween is near.  
Midnight is the parade

*Nocturnal Request*

The sun has gone down.  
let's get out of hear.  
I need a strong drink  
That's better than beer.  
Excuse my long fangs,  
you've nothing to fear.  
Have you washed your neck  
and behind your ear?



# Autumn

WORD SEARCH

E	A	X	W	A	L	R	S	T	S	T	
T	K	W	Q	U	E	E	F	G	C	N	Y
F	B	O	O	T	S	F	A	E	I	D	L
H	A	E	A	R	C	I	L	S	K	A	I
M	F	E	O	E	A	P	L	S	C	S	E
A	W	H	H	E	P	U	M	P	K	I	N
S	I	H	K	A	R	B	E	T	P	R	D
E	A	A	N	E	Y	N	M	R	O	A	C
O	R	J	X	K	V	S	N	C	G	R	Q
H	L	E	A	F	S	C	A	R	F	I	O



SCARF  
TREE  
ACORN  
HAY

APPLE  
FALL  
PUMPKIN  
SWEATER

BOOTS  
RAKE  
PIE  
LEAF

# Movie Line Up for October



## October

**4th— 6:30 pm A Walk in the Woods — A man challenges himself to hike the Appalachian Trail 2,190 miles of America’s most spectacular and unspoiled countryside.**

**5th— 2:30 pm Rhythm of the Dance, The National Dance Company of Ireland.**

**6th— 6:30 pm The Secret of Skeleton Island, Three young people solving crimes, discovering secrets is all in a days work with these 3 detectives.**

**7th— 4:00 pm The Way We Were, Striesand and Redford make memories last forever.**

**8th— 4:00 pm The Sound of Music, Julie Andrews at her finest.**

**9th— 6:30 pm Puss N’ Boots, The Last Wish. Animated adventure**

**10th—2:30 pm The Hummingbird Effect**

**11th—6:30 pm Z00, Tom a 12 year old who, along with his misfit friends, fight to save “Buster” the baby elephant during the German air raid bombing of Belfast in 1941**

**12th—2:30 pm Puerto Rico, Treasure Island. Discover Puerto Rico’s Hidden Treasures.**

**13th—6:30 pm SPARKLE, A trio of talented sister find out just how hard the music business is.**

**14th—4:00 pm Nine Lives—Cat lovers young and old will eat this up like catnip.**

**15th— 4:00 pm Nancy Drew Mystery and the Hidden Staircase**

**16th—6:30 pm Wyatt Earps Revenge, True Story of the lawman avenging the vicious murder of his beloved Dora.**

**17th—2:30 pm Hidden Volcano Abyss**

**18th— 6:30 pm Mack and Rita, This story celebrates being true to yourself at any age.**

**19th—2:30 pm Into the Grand Canyon, A National Geographic, story of two men traveling 750 miles throughout the canyon to better understand this revered landscape.**

**20th—6:30 pm My Sisters Keeper, What keeps a family together. An 11 yr. old discovers she was born to help keep her leukemia-stricken older sister alive by being a blood donor.**

**21st—4:00 pm Today’s Special, A comedy with a culinary flavor.**

**22nd—4:00 pm We Are Marshall, A true story, It’s game day (football) and it’s time to play till the whistle blows.**

**23rd—6:30 pm Aliens Ate My Homework, A family comedy about a 6th grader meeting Aliens and the trouble they all get into.**

**24th—2:30 pm Deep Blue, an oceanic documentary**

**25th—6:30 pm To Sir With Love, Sidney Poitier at his very best.**

**26th—2:30 pm Wild Yellowstone, National Geographic most extraordinary places.**

**27th—6:30 pm Last Call Normandy, Living History at it’s best.**

**28th—4:00 pm Still Mine, A true story proving that Love is the ultimate triumph.**

**29th—4:00 pm Funny Girl, Academy Award Winner, One of the best musicals ever.**

**30th—6:30 pm The Curse of Cactus Jack, A scary-fun adventure for the whole family.**

**31st—2:30 pm The Story of Cats, What makes the family feline unique?**





## ATTENTION ALL RESIDENTS AND STAFF,

Do you like to dress up for Halloween? Well here is your chance. Ask your family members to bring in a costume that you can easily get in and out of without any problems. Wear a silly hat, or ears and paws. If they bring it for you I'm sure the staff will help put it on you when you get ready for your day. A lot of make up is not necessary. Just something easy.

Staff, we look forward to seeing you dressed up as well. Please don't wear anything gory or scary that may alarm some of our residents. Prizes will be given out to both resident and staff. They will not be competing against each other. Categories are as follows: for the most realistic, the funniest, and the best homemade costume. It's a day to dress up and have fun.



# Happy Halloween!



### *Havre de Haunts* *Who doesn't like a good ghost story?*

*Well if you do, don't miss out on this opportunity to hear some of the best Ghost stories told by renowned story teller Lisa Lopez. She will come in full costume and share stories of lost souls of long ago. There will even be a time for discussion and maybe time to share some of your spooky stories too.*

*The Chit Chat Staff*

*Editor, Jocelyn Silver, ADC,*

*Additional Support, Janet McDonald*





# Volunteer News

Truly Great Volunteers are hard to find,  
Difficult to replace and Impossible to forget!

## Thank You To...

Thank you to our Volunteers for assisting and making rolling and strolling possible: Dan Feldman, Tom Dove, Don Osmon and George Dorbert, Sr. Thank you to volunteer George Dorbert Sr. for playing checkers and room visits with our residents weekly. Even family members visiting are getting in on the fun with checkers. Thank You Young at Heart for your monetary donations to the resident bingo games.

## Volunteer Opportunities

Volunteers continue to be needed to assist the activity department staff. Looking for individuals interested in working on the Memory Care Unit interacting with residents one on one, reading dancing exercising, tossing around a beach ball. Just to name a few. Training on the unit provided. Must submit an application, background check and COVID 19 vaccination card. Other opportunities include: a Gift Shop Attendant, TAP Program Caller and Resident Medical Appointment Attendant.

Interested in joining our team  
call Janet McDonald at 410-942-2112 for more information  
on all volunteer opportunities.  
Come Join Our Team and Make a Difference!



## SUPPORT OUR TEAM for the Walk to End Alzheimer's!

Citizens Care Center is walking to raise awareness,  
and funds for Alzheimer's care, support and research.



## GET INVOLVED!

- ★ WALK
- ★ DONATE
- ★ FUNDRAISE

October 7th at  
Ripken Stadium  
9:00 am Registration  
10:00 am Opening Ceremonies  
Walk Directly After!  
For more information Call  
Janet Mc Donald at  
410-942-2112





# How do ghosts do their makeup before going out trick or treating? They use vanishing cream!

## Up Coming Events You Won't Want to Miss in October

### October

4th 5:00 pm—Cowboy Cookout and Campfire for making S'mores

6th All Day Long—Orange and Black Day celebrating the Orioles

7th All Day Long—World Smile Day, Put on your happy face.

9th All Day Long—Fire Prevention Day!

11th 12:00 pm —Oktoberfest and Birthday Party Luncheon

13th 2:30 pm M & M's Day Everyone who comes to Pokeno gets a packet of M&M's

17th 2:30 pm Resident Council Meeting

18th 11:00 am Silver Reader Van

26th 2:30 pm Havre de Haunts with renowned story teller Lisa Lopez

31st 12:30 pm Halloween Party and Luncheon and at 3:30 pm Julie presents the "Origins of Halloween"



### Imagination is a wonderful thing...

Can you imagine your self sitting here with your best friend having a hot beverage and snuggling under a warm cozy blanket. Sounds like a lovely day doesn't it?

### Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am.

All

information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112.

**Citizens Care and Rehabilitation Center is on Facebook!**



### Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.



What is a Vampires favorite candy?  
A Sucker!

