Citizens Care Address: 415 Market St. Havre de Grace, MD 21078 Phone: 410-939-5500 Fax # 410-939-3471

Points of interest in this issue:

- Front page ... The Beach Poem
- pg. 2 Birthdays and other special dates
- pg. 3 Sonny Says
- pg. 4 Dog Days of Summer Puzzle
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- pg. 6 What you Missed in Pictures
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Chit Chat Volume 58- Issue August 2023



The Beach

Come to the beach Where the sea is blue And little white waves Come running at you.

A wave comes splashing Up over your toes. You just stand still and away it goes.

We'll build a castle Down by the sea And look for shells If you'll just come with me.

Author: Unknown





Happy Birthday (August) Residents

	Smile. It's your birthday.
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	、
1. Beverly B.	8/28
2. Dorothy G.	8/24
3. Marion H.	8/21
4. Virginia I.	8/31 I
5. Kathy S.	8/12
6. Christine W.	8/21
7. Linda P.	8/4
8. Denise R.	8/5
9. George Ann W.	8/27
10.Kenneth S.	8/16
11. Michael K.	8/30
12. Beverly S.	8/14

Staff Birthdays

1. Nancy A.	Nursing	Aug 8
2. Cindy Q.	Accounting Admin	Aug 12
3. Hope D.	Nursing	Aug 14
4. Stephanie F.	Nursing	Aug 16
5. Sharon W.	Nursing	Aug 17
6. Nelson A.	Nursing	Aug 17
7. Frank L.	Dietary	Aug 18
8. Ronnika H.	Nursing	Aug 20
9. Tika S.	Nursing	Aug 21
10. Mia M.	Nursing	Aug 23
11. Dwight J.	Activities	Aug 25
12. Cierra R.	Nursing	Aug 26
13. Renata T.	Quality Assurance	Aug 29
	-	-

Staff Anniversaries

1. Janice A.	Nursing	8/18	43 years
2. Jocelyn S.	Activities	8/5	38 years
3. Janel B.	EVS	8/14	28 years
4. Tika S.	Nursing	8/23	19 years
5. Jin L.	Nursing	8/20	15 years
6. Siny B.	Nursing	8/11	13 years
7. Nancy A.	Nursing	8/25	9 years
8. Nohelia B.	EVS	8/3	8 years
9. Wanda L.	Nursing	8/12	8 years
10. Darrick (DJ) D.	Other Admin.	8/15	8 years
11. Ronnika H.	Nursing	8/23	6 years
12. April B.	Nursing	8/15	5 years
13. Jamie J	Nursing	8/28	4 years
14. Dwight J.	Activities	8/28	4 years
15. Nelson A.	Dietary	8/24	1 year

<u>Board Members</u> Patricia Scott-Badeker Wendell G. Baxter Jacob Bennett John P. Correri, Jr. Shobita DuBois Carol Lienhard Cathy Vincenti Andrew Young Kimberly Zavrotny

Administrator

Ed Walter

<u>Department</u> <u>Directors</u>

Activities Jocelyn Silver, ADC

<u>Dietary</u> Darrick DeBoard Sr. CDM, CFPP

<u>Environmental Services</u> <u>And Laundry</u> Theresa Gebhardt

Facility Operations Joseph Jones

Human Resources Diana George

Medical Director

H.S. Sim

<u>Nursing</u> Cassie Evering, RN

<u>Risk Management</u> Renata Truant

> <u>Social Work</u> Diane Bruso

<u>Volunteers / Public</u> <u>Relations</u> Janet McDonald



Sonny Says

Page 3

Hello Again Everyone,

Well I have a deep desire to tell you a story about my grand children before I came to Citizens. Those little

darlings make my heart glad. Just thinking of them can make my day turn from dark and cloudy to bright and sunny. With butterflies flying around and song birds singing their hearts out. Well one such wonderful such day I happened to have all three of them and they wanted McDonalds for lunch. Of course, after a Happy Meal with large drinks they all need to go to the restroom. Usually my daughter is with us, but not this day. I was there without my daughter. I asked a woman to look after my granddaughter till I finished with the boys. She agreed to help. When we finally got in and the youngest was too short to reach the urinal I picked him up turned him sideways and he was already going when I hear behind me in a very small voice, "What are you guys doing?" from my little granddaughter. What's a grandfather to do? So much for the help of a stranger. Till next month, Sonny

July was one of the hottest months on record. But thank goodness our Ice cream truck didn't wind up like the one pictured on the right!

<u>The Chit Chat Staff Editor,</u> Jocelyn Silver, ADC, <u>Additional Support,</u> Janet McDonald



Dog Days of Summer

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BBQair conditionbeachdog daysgardeningheatwavehot dogice creampopsiclepotted plantsrefrigeratorshortsswimming pooltshirtwater

Joke

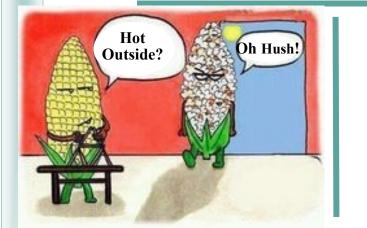
Walking past a veterinary clinic, a woman noticed a small boy and his dog waiting outside. 'Are you here to see Dr Meyer?' she asked. 'Yes,' the boy said. 'I'm having my dog put in neutral.'

Feeding the Birds is a very important job here at Citizens

Mamie B. takes her job of caring for our feathered friends very seriously. She makes sure that the bird feeders are filled every day so our residents can watch all the winged antics that go on outside the doors on BL. We are fortunate to have Mamie as our bird caretaker. We have also been Blessed with our good friends the Soroptimists International of HdG for providing the Bird Seed. Thank you Soroptimists for donating the seed and Kate Mc Owen for delivering it.

The hours of enjoyment given to our residents is priceless as they go to the door and take turns watching the feeders. We have our own bird watching club on Bay Lane.





Attention all Staff!



Your N95 respirator only protects you if it fits properly

If you haven't gotten N-95 Fit Tested, your next opportunity is on August 9th. This is not an option it is mandatory yearly. Thank you

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A Dog Days of Summer Joke

Three boys see a fire engine with a dog riding on it go by and begin to discuss what the dogs job is.

'Crowd control?' says one boy. No, 'he's the mascot.' says the second boy. The third boy nods and says: "You are both wrong,

He finds the fire hydrant!".



It you didn't come to activities in July this is what you missed. Fun, Fun, Fun!

You Scream I Scream



We All Scream for Ice Cream











Birthday Party













Rolling and Strolling









Chis and his buddy Dwight playing evening Bingo

Movie Line Up for August



1st 2:30 pm. Documentary, Space Men: Cap. Kittinger went up in a helium balloon into the clouds, at nearly 20 miles above the earth he took a step out of his gondola, hurtling at over 400 miles an hour towards earth. You'll have to watch to see the outcome. 2nd 6:30 pm. Movie, Almost Heroes: One of the years funniest comedies bout two goofs on the Frontier headed West. 3rd 2:30 pm Documentary, Baseball: 1970 to 1994, America is seeing many changes *4th 6:30 pm, Movie, Think Like a Dog:* Family comedy about a boy and his dog. 5th 4:00 pm, Movie, Tin Cup: Golf Pro can't resist and impossible challenge. 6th 4:00 pm, Movie, The Book of Love: A film that will captivate your spirit, mind and mostly your heart. An introverted widower, take up a friendship with a troubled teen. 7th 6:30 pm, Movie, 1408, A story by Stephen King 1408 is a roller coaster head trip. 8th 2:30 pm, Documentary, National Geographic's Most Incredible Photos. 9th 6:30 pm , Freaky Friday: An extremely funny and heartwarming comedy. 10th 2:30 pm, Documentary, Great American Scenic Railroads. 11th 6:30 pm, Movie, Saving Lincoln: A true story of an epic friendship. 12th 4:00 pm, Movie, 5HARKNADO: Like National Treasure but with Sharks. 13th 4:00 pm, Movie, Storm Boy: A boy strikes up an unusual friendship with 3 pelicans. 14th 6:30 pm, Movie, Disney's George of the Jungle: Comedy for the whole family. 15th 2:30 pm, Documentary, Kingdom of the Mummies, National Geographic 16th 6:30 pm, Movie, The Art of Racing in the Rain, A heartwarming tale narrated by a witty and philosophical dog named Enzo. Helps his owners navigate life with fresh Perspective on friendship, family and unconditional love. A must see for dog lovers. 17th 2:30 pm Documentary, Why Sharks Attack. 18th 6:30 pm, Movie, Hitchcock: Hitchcock trying to make the movie Psycho 19th 4:00 pm, Movie, Betty White the Champion for Animals.: Betty loves all the animals 20th 4:00 pm, Movie, The Last Pride: The story of Hank Williams 21st 6:30 pm, Movie, Miss Potter: Based on the life of Beatrix Potter. 22nd 2:30 pm, Documentary, Colony: The Endangered World of Bees. 23rd 6:30 pm, Pure Country the 2nd Gift: Fame led her away, Faith will bring her home. 24th 2:30 pm, The Incredible Journey of Butterflies 25th 6:30 pm, Movie, Land: A woman's search for meaning in a vast and harsh land. 26th 4:00 pm, Movie, King Richard: Richard Williams, father of legendary tennis champions Venus and Serena Williams, shows how family and perseverance can achieve the impossible and impact the world 27th 4:00 pm, Movie, Disney's Aladdin: with Will Smith as the Genie 28th 6:30 pm Movie, Moms day Away: An unsatisfied Mom soon realizes that without her family, the thrills and successes of life don't mean much. 29th 2:30 pm, Documentary, Discoveries of Ireland, Music and Dance, A rich Culture 30th 6:30 pm, Movie, 47 Meters Down: This is a scary shark movie. 31st 2:30 pm, Documentary, Wild Life of North America



August 9th is International Co-worker's Day. Be extra nice and helpful to your co-workers on this day!

Bowling is Back







As seen in these pictures Ruby, Kenny, Harlequin and Doris were all enjoying a bowling game. Thank you Julie in activities for having this game offered on your weekend to work.

Sherry VanKlei was recognized for her 15 years of dedicated service to the facility. Pictured below are her supervisor Darrick DeBoard and facility Administrator Ed Walter with Sherry in the middle.



Carry In food from La-Cucina

La Cucina is one of Havre de Grace's delicious restaurants with an Italian flair. They make delicious subs, pizza's, salads and many other Italian dishes for your enjoyment. Activity staff will be dropping by asking if you would like a menu. Please be prepared to give your order on Monday August 28th 2023. Your Activity staff will be coming around to gather your orders on that day.

Remember you must be able to pay for your own meal!

Did you hear about the Italian Chef who died.... He pasta way! What do Italians say about pasta... Every Penne counts!



Volunteer News



Don't ever question the worth of volunteers, Noah's Ark was built by volunteers, the Titanic was built by professionals.

Thank you to

Diane B., Theresa G., Ed W., Marilee Moore, for gift shop donations. Thank you to the Young at Heart members and Guild Volunteers Auxiliary for Monetary donations supporting resident bingo.

Thank you to our Board Member Carol for the beautiful vase of flowers. They were placed on Bay Lane for the enjoyment of all the residents on that unit. Thank you to the Soroptimist International of Havre de Grace for the generous donation of birdseed for the residents birdfeeders.

Lost and Found

Found Headband on a food tray. Pearl like stones and white. Contact: Janet McDonald in the Volunteer Office.

Beauty Shop/Salon Services

When requesting services please call Barbara, our beautician at #2162 or Janet McDonald at 410-942-2112. Gift certificates for birthdays or just because can be purchased at the Business Office.

Volunteer Opportunities

Volunteers continue to be needed to assist the activity department staff. Volunteers must be registered and must complete a background check and meet all COVID 19 protocols. Orientation is provided. Call Janet McDonald at 410-942-2112 for more information on all volunteer opportunities.

<u>Gift Shop Attendant:</u> Days and Hours are flexible to meet your schedule.



Come join in the fun on August 3rd. At 2:30 pm as we celebrate the Havre de Grace Concord Point Lighthouse by exploring this historic building in our home town. We'll talk about how the place that it was erected on was chosen. Then, defended by our local town hero during the war of 1812. Enjoy a lighthouse cookie and a cup of coffee or tea afterwards.



Up Coming Events You Won't Want to Miss in August

August 3rd 2:30 pm, Havre de Grace Lighthouse History and Lighthouse Cookie Making 4th 2:30 pm, National Watermelon Day come to Pokeno and enjoy some Watermelon 7th National Lighthouse Day 9th National Happiness Day, What makes you happy? 10th 10:45 am, Gourmet Galley 11th 2:00 pm Catholic Mass 15th 2:30 pm Relaxing Meditation 18th 3:00 Happy Hour with Bobby Bassett playing and singing. 21st National Senior Citizens Day—Everyday is Senior Citizens Day at CCRC. 24th 10:45 am Gourmet Galley Day, National Peach Pie Day 28th National Dog Day, before Bingo come and watch Brody show off. 29th 2:30 pm Drum Circle

<u>Telephone Assurance Program</u> (T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am.

information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112.





<u>Notice</u> We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.