

# Chit Chat

Volume 56— Issue June 2023

*Citizens Care*

*Address: 415 Market  
St. Havre de Grace,  
MD 21078*

*Phone: 410-939-5500*

*Fax # 410-939-3471*

*Points of interest in  
this issue:*

- **Front page ... A  
Father's Day  
Poem**
- **Birthdays and  
other special  
dates pg. 2**
- **Sonny Says  
pg. 3**
- **Remembering**
- **BJ Magness pg. 4**
- **Facility News,  
taking our masks  
off**
- **Lucky Winners  
pg. 6**
- **Movie Line Up  
pg. 7**
- **Celebrating**
- **National Nursing  
Home Week pg. 8**
- **Volunteer News  
pg. 9**
- **Back cover news  
And up coming  
news pg. 10**

## DAD



*He never looks for praises,  
He's never one to boast,  
He just goes on working quietly  
For the ones he loves the most.*

*His dreams are seldom spoken,  
His wants are very few,  
And most of the time his worries  
Go unspoken, too.*

*He's there, a firm foundation,  
Through all our storms of life,  
A sturdy hand to hold onto  
In stressful times of life.*

*A true friend we can turn to when times  
are good or bad,  
One of our greatest Blessings,  
The man that we call Dad.*

*Enjoy the Corny Dad Jokes in this issue!*

*My Gran reached a hundred yesterday!  
That's the last time I get in a car with her when  
she's late for bingo!*



*Oh my Gosh, I'm rich! Silver in the hair, Gold in the teeth, Crystals in the kidney, Sugar in the blood, Lead in the butt, Iron in the arteries and an inexhaustible supply of natural gas! I never thought I would accumulate such wealth!*

## Happy Birthday Residents (June)



- |                 |      |
|-----------------|------|
| 1. Mary M.      | 6/06 |
| 2. Harlequin B. | 6/07 |
| 3. Pauline L.   | 6/26 |
| 4. Ronald J.    | 6/26 |
| 5. Louis Z.     | 6/26 |
| 6. Janice W.    | 6/28 |
| 7. Eleanor E.   | 6/29 |
| 8. Betty G.     | 6/29 |

## Staff Birthdays

- |                 |         |      |
|-----------------|---------|------|
| 1. Carrie H.    | Nursing | 6/4  |
| 2. Katina C.    | EVS     | 6/5  |
| 3. Hannah M.    | Nursing | 6/5  |
| 4. Rebecca M.   | Laundry | 6/8  |
| 5. Casandra E.  | Nursing | 6/8  |
| 6. Rosemary A.  | Nursing | 6/10 |
| 7. Sonya S.     | Nursing | 6/12 |
| 8. Joann C.     | EVS     | 6/13 |
| 9. Orzic H.     | Nursing | 6/13 |
| 10. Candace B.  | Nursing | 6/25 |
| 11. Katelin B.  | Nursing | 6/25 |
| 12. Brittany E. | Nursing | 6/27 |
| 13. Brenda G.   | Nursing | 6/27 |
| 14. Nohelia B.  | EVS     | 6/30 |

## Staff Anniversaries

- |                |                |           |         |
|----------------|----------------|-----------|---------|
| 1. Frank L.    | Dietary        | 6/16/1981 | 42 yrs. |
| 2. David H.    | Other Admin.   | 6/17/1993 | 30 yrs. |
| 3. Anna H.     | Nursing        | 6/16/1997 | 26 yrs. |
| 4. Tina W.     | Nursing        | 6/21/2001 | 22 yrs. |
| 5. Mary S.     | Dietary        | 6/2/2003  | 20 yrs. |
| 6. Angela G.   | Nursing        | 6/23/2006 | 17 yrs. |
| 7. Sheree J.   | Accounting     | 6/12/2006 | 17 yrs. |
| 8. Dondrea M.  | Nursing Admin. | 6/11/2007 | 16 yrs. |
| 9. Dora A.     | Nursing        | 6/11/2007 | 16 yrs. |
| 10. Rebecca M. | Laundry        | 6/27/2011 | 12 yrs. |
| 11. Ashley P.  | Nursing        | 6/29/2016 | 7 yrs.  |
| 12. Leslie S.  | Dietary        | 6/20/2018 | 5 yrs.  |

## Board Members

*Patricia Scott-Badeker*

*Wendell G. Baxter*

*Jacob Bennett*

*John P. Correrri, Jr.*

*Shobita DuBois*

*Cathy Vincenti*

*Kimberly Zavrotny*

## Administrator

*Ed Walter*

## Department Directors

### Activities

*Jocelyn Silver, ADC*

### Dietary

*Darrick DeBoard Sr.  
CDM, CFPP*

## Environmental Services

### And Laundry

*Theresa Gebhardt*

## Facility Operations

*Joseph Jones*

## Human Resources

*Diana George*

## Medical Director

*H.S. Sim*

### Nursing

*Cassie Evering, RN*

## Risk Management

*Renata Truant*

### Social Work

*Diane Bruso*

## Volunteers / Public Relations

*Janet McDonald*



## Sonny Says

Just the other day I received a new cup. WOW, it was a beauty, thick black covering, enough covering to give the grip a nonslip surface to hold on to. The cup was filled with ice at my bed time (8pm) and at breakfast there it was, a full cup of ice and the cup did not drip and get water all over my things. That feature all by its lonesome is enough to justify purchasing them for everybody in the facility. But that's not all. They save clean up time, time to get ice water for residents as the cups keep the drink hot or cold for hours.

The cups are easily cleaned in a large dishwashing machine and recycled back to the residents. The cups are very hard to break, turn over or slide. You can see why I am excited about having the cups for each resident.

If you agree with me let some one know and hopefully we will all have these miracle cups at our bedsides.

Any questions or comments just send me a note and I will try to get the answers for you.

Till next month,  
Sonny

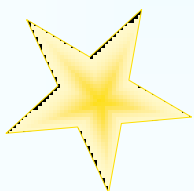
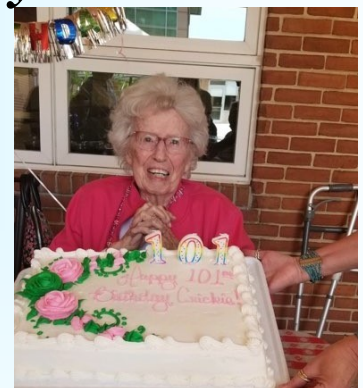


### *Special days to celebrate in May*

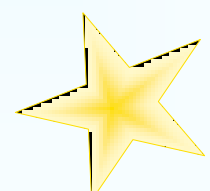


**Six lovely ladies celebrate being mother's on Mother's Day!**

Can you believe this young lady turned 101 in May? Happy Birthday Cricket!



*Dad Jokes... Why did the drum go to bed?  
It was beat!  
What do you call a rude cow?  
Beef Jerky*



## Remembering BJ Magness



It truly is with a heavy heart that we say good bye to our dear friend and co-worker BJ Magness who held the title of Director of Risk Management, Nursing Educator and Employee Health. BJ worked at Citizens for 21 years and during that time she became a presence in our facility that all could count on. If she was asked to do something she would drop what she was doing and answer your question or find the answer immediately. She was given the nick name of “BJ now” by her friend Denise.

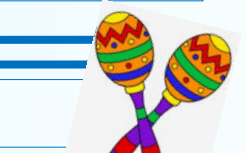
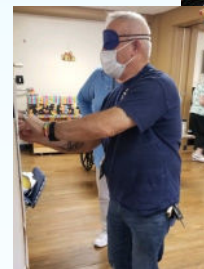
As an educator she told it like it was and did not let her students get away with a thing. She would say listen “This is not rocket science people” or “if you don’t want to do the job right here is an application to Mc Donald’s for you to go flip burgers”, but here at CCRC we do things the “right way” If you do things the “right way” you never have to look over your shoulder, because you know the task was done correctly. BJ’s students would come back years later and tell her how grateful they were for the education she gave them. Many of her students went on to become nurses and she was told by many that it all started with the great beginning they were given in her class. We are grateful for BJ’s fortitude and stubbornness to have things done correctly for the benefit of the residents and staff. This writer can honestly say that she could be a little snarky at times but it was only because she loved Citizens so much and always wanted Citizens to be the very best. We were truly fortunate to have her on our side. Good Bye BJ, you are missed!



### *Pictures from the Cinco de Mayo Party!*

As you can see our residents had a wonderful time at the Cinco de Mayo Party. There was original Mexican food made by our own Darrick in the kitchen. We had a great time playing with the props and taking advantage of the Photo Shop area. Then we played Pin the Tail on the donkey ours game had the tail and a smile to pin on.

Fun was had by everyone.



# We took our Masks off in May!

There were a lot of happy staff members and residents that were able to get “rid” of those awful masks.



**In May we were able to say good-bye to wearing our masks everyday. Some of the residents were in Bingo when they found out we could take them off and their reaction was the same. They flung them off just the same as staff members. However, there are still some people that feel more comfortable wearing the masks. That is perfectly okay! It is your right to continue wearing the masks if you want to. We have all been through a lot in the last 3 years and it will take everybody awhile to become accustomed to the new normal.**

**We do have to adhere to the State and Federal guidelines though and they say that if we go back into outbreak again we must wear our masks. Also if the positivity rate goes up in our community we must put them back on. But, for now enjoy the freedom if you want to by being mask free.**

**Dad Joke... Why did the cookie go to the Dr.?  
It was feeling crummy!**

**Dad Joke... did you hear about the farmer who drove his sheep through the middle of town and got a ticket? He made a ewe turn.**

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***Lucky Winners for the Raffles  
and competitions this week.  
During National Nursing Home Week.  
Congratulations to :***

**Baskets**

***Dinner and a Movie: Nancy A. GNA (donated by the Guild)***

***Havre de Grace Fun Night : Charlie S. Dietary (donated by local HdG businesses)***

***Bath and Body Works: Heather A. Rehab***

***Wine and Spirits: Hope D. for (Jordan) GNA (donated by Renile S. and Select Rehab)***

***Yankee Candle: Denise Q, Med. Records***

**Gift Cards**

***Sherry Johnson from our Security team was our dayshift winner of a gift card to All American Steak House, (donated by Freedom Financial Credit Union)***

***Our evening and night shift staff were eligible for Target Gift cards donated by Remedi Pharmacy. The winners of those cards were: Brenda J., GNA, April B., GNA Beatrice J., GNA Tika S., GNA and Candace B., Hostess***

**Bingo**

***23 staff members won cash prizes for winning Bingo***

**Egg Drop Contest**

***Congratulations to our EVS team as they won the always fun and popular Egg Drop contest. Lunch will be served to them on June 12th.***

***Thank you to everyone who helped with all the activities this week. Special thanks to Jocie and her team, along with Darrick and his team for the contributions that both departments made to National Nursing Home Week.***

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# Movie Line Up for June



## June

**1st 2:30 pm ...Documentary, *Silent Wings, The American Glider Pilots of WWII***

**2nd 6:30 pm...*Smokey and the Bandit, The hard-driving, fast talking, star studded Smokey and the Bandit comedy part 2***

**3rd 4:00 pm...*Smokey and the Bandit, part 3***

**4th 4:00 pm...*The Reason, When a mysterious man appears on a small town, unexplained miracles start to happen.***

**5th 6:30 pm...*Ralph Breaks the Internet, From Disney Animation, a hilarious adventure. Going into the internet may have consequences for Ralph and his friend.***

**6th 2:30 pm...*Documentary, Unlikely Animal Friends. Animals strike up unusual friendships that seemingly go against all their instincts***

**7th 6:30 pm...*Ray Donovan (The Movie) Ray gets the send-off he deserves***

**8th 2:30 pm...*James May's 20 Century, Engage your Mind / Expand your World***

**9th 6:30 pm...*The Second Best Exotic Marigold Hotel, Check in again for more love and laughter as a new arrival in this fascinating hotel.***

**10th 4:00 pm... *Project Almanac, A brilliant high school student and his friends discover blueprints for a machine that can send them back in time.***

**11th 4:00 pm... *Resistance Fighter, (based on a true story) Commemorating the anniversary of the Warsaw Uprising.***

**12th 6:30 pm...*Steel Magnolias, Sometimes laughter is a matter of life and death.***

**13th 2:30 pm...*The Amish, This is a story of how the Amish community responded to the horror of 10 school children being shot and 5 dying in their schoolhouse.***

**14th 6:30 pm...*Transformers (The last Knight), Sifi, The Transformers save earth.***

**15th 2:30 pm ...*Animal Reunions, Wild Animals that have set free only to reunite years later in the wild with kindness, exuberance and love.***

**16th 6:30 pm...*M. Brooks, SILENT MOVIE, The only sound you'll hear is laughter***

**17th 4:00 pm ...*Mission Impossible 3 The action has never been hotter before.***

**18th 4:00 pm ...*The Miracle Season (A true story) Triumphant Volleyball players.***

**19th 6:30 pm...*Moonstruck with Cher and Nicholas Cage at their romantic best.***

**20th 2:30 pm...*Inventions That Shook The World, the 1930's and 1940's.***

**21st 6:30 pm... *Mighty Oak, A bands come back after the lead singers death.***

**22nd 2:30 pm...*Documentary, Baseballs best blunders.***

**23rd 6:30 pm...*Snake Eyes, GI Joe Origins, Best GI Joe movie yet.***

**24th 4:00 pm....*SILKWOOD, The true story that inflamed a nation about one woman's struggle against a huge corporation.***

**25th 4:00 pm...*Disney's Treasure Planet, animated, Buckle up for thrills and excitement as a classic story of friendship, courage and self discovery gets a twist.***

**26th 6:30 pm...*Turn Around Jake, Guy loses everything, but finds true love in his home town then discovers a family secret that forces him to make a decision.***

**27th 2:30 pm...*Documentary, Life of Birds 2***

**28th 6:30 pm...*Jim Henson's, Turkey Hollow, filled with whimsical creatures helping a family gain balance in "the woods" during Thanksgiving.***

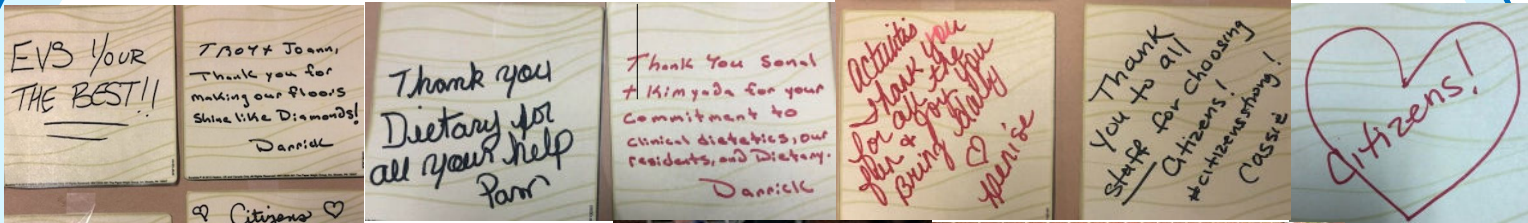
**29th 2:30 pm *Documentary, Mike Rowes, Dirty Jobs follow Mike as he finds the dirtiest jobs in the US and then tries to do them.***

**30th 6:30 pm...*Need for Speed, follow this high octane car race across America.***



# CCRC Celebrates National Nursing Home Week !

## Cultivating Kindness In So Many Ways!!!



Kaitlyn, Janice A. Ronnika  
Thanks for always giving your all for our residents!  
Grace

♡ Citizens ♡  
Thank You for a Great Nursing Home Week! See Annual Report!  
Dawn

Funnel Cakes from Dough Slingers,



Residents enjoyed a picnic with live entertainment.



3 Brave Men on the Roof



The residents cheered on their units during the egg drop contest.



Those crafty Activities people-thought they would be funny and fly a drone with their egg "The Red Baron" Of course they were disqualified by breaking almost every rule there was. But they had fun doing it. Thanks Dwight for being our pilot.



A happy basket winner!



It was a wonderful week for both staff and residents. The residents had cookies on cookie day made by the Activity staff. The staff was honored with a cook out from Fast Eddie's catering. EVS won the Egg drop contest. Prizes were given out to all shifts. It was just an over all good time. Thank you Administration for providing such a nice week for everyone!







# Volunteer News

The greatest gift you can give someone is your time, your attention, your love and you're your concern.



## Thank you to

...the Havre de Grace Chamber of Commerce for their donation of small bouquets from the downtown Bloom Walk for our residents for Mother's Day. Thank you Tarin from the chamber for making this happen.

Young at Heart for their monetary donation for resident Bingo. Theresa & Erin Gebhardt, Mamie Baldwin, Reba Grove and Judy DeCarlo for gift shop donations. Volunteers Barbara Bryant and George Dorbert for all your assistance with the resident activities, one on one room visits and everything else you do while at Citizens. Thank you Curtis Epps for providing transportation for one of our Volunteers while Janet was away.

## The Return of Junior Volunteers

CCRC is now accepting applications for the Junior Volunteer Program for 14-18 years of age. Applicants must be COVID vaccinated and must submit copy of card. Once accepted individuals must complete a scheduled orientation at the facility. Junior volunteers will be provided a schedule for days & times.

## Beauty Shop/Salon Services

When requesting services please call Barbara, our beautician at #2162 or Janet McDonald at 410-942-2112. Gift certificates for Father's Day, birthday or just because can be purchased at the Business Office.

## Volunteer Opportunities

Volunteers continue to be needed to assist the activity department staff. Volunteers must be registered and must complete a background check and meet all COVID 19 protocols. Orientation is provided.

## Gift Shop Attendant:

Days and Hours are flexible to meet your schedule.

For more information or questions about volunteer opportunities and services or COVID 19 protocols contact Janet McDonald at 410-939-2112.

## Dad Joke

My Landlord texted me and said we needed to meet and talk about how high my heating bill is. I replied sure, "My door is always open" .

## Dad Joke

Why did the man name his dogs Rolex and Timex?

Because they are watch dogs —

### Up Coming Events You Won't Want to Miss in June

#### June

2nd Donut making and eating for Donut Day

4th, 11th, 18th, 25th, A Different Church each Sunday, service starts at 2:00 pm

5th Exercise in the Chesapeake Room at 11:00 am

9th Exercise in the Chesapeake Room at 11:00 am

10th Pet Visits by Heather and Meeko

12th Pet Visits by Dianne and Rosie

13th Cook-out in honor of Flag Day and Bingo on HV at 6:30 pm (NEW)

15th Bingo on BL at 6:30 pm (NEW)

16th Happy Hour with live entertainment "Bobby Bassett"

18th Father's Day

19th Father's Day virtual Fishing Trip Exercise, everyone is welcome. 11:00 am

20th Flower Painting Crafts in Chesapeake Room at 2:30

21st 11:00 am Silver Reader Van, 10:00 am Heather and Meeko pet visits

23rd 2:30 pm Resident Council Meeting, all are welcome to participate

29th Rolling and Strolling to the lighthouse 10:45 am

#### Telephone Assurance Program (T.A.P.) is a free service provided by Citizens Care and Rehabilitation

Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have

medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am.

All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112.

#### **Citizens Care and Rehabilitation Center is on Facebook!**



#### Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.

## Dad Joke

Why were people excited about the invention of the shovel ?

Because it was groundbreaking —