

Chit Chat

Volume 55— Issue May 2023

Citizens Care

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*“When you’re a child she walks before
you to set the example.*

*When you’re a teenager she walks
behind you to be there should you fall.
When you’re an adult she walks beside
you so that as two friends you can
enjoy life together.”*



***Be Kind Whenever Possible,
It's always possible!***

— Dalai Lama



I've reached the age where my train of thought often leaves the station without me!

Happy Birthday Residents



- | | |
|-----------------|------|
| 1. Ellen B. | 5/3 |
| 2. Lois S. | 5/3 |
| 3. Betty R. | 5/5 |
| 4. Mark L. | 5/14 |
| 5. Clarissa F. | 5/16 |
| 6. Eileen P. | 5/17 |
| 7. Donnerick W. | 5/17 |
| 8. Lisa A. | 5/19 |
| 9. Margaret S. | 5/20 |
| 10. Carol M. | 5/22 |
| 11. Richard J. | 5/30 |

Staff May Birthdays

- | | | |
|------------------|--------------|----------|
| 1. Susan P. | EVS | May 4th |
| 2. Antoinette P. | Nursing | May 12th |
| 3. Laura M. | Nursing | May 15th |
| 4. Dondrea M. | Nur. Admin. | May 17th |
| 5. Kelly A. | Nursing | May 18th |
| 6. Joseph J. | Maintenance | May 21st |
| 7. Siny B. | Nursing | May 28th |
| 8. Tiffany L. | Nursing | May 28th |
| 9. Erica W. | Nurs. Admin. | May 29th |
| 10. Emily T. | Nursing | May 31st |

Staff Anniversaries

- | | | | |
|-----------------|--------------|------|---------|
| 1. Thomas B. | Medical Dir. | 5/2 | 12 yrs. |
| 2. Troy P. | EVS | 5/25 | 12 yrs. |
| 3. Hi S. | Medical Dir. | 5/12 | 12 yrs. |
| 4. Frances F. | Nursing | 5/9 | 10 yrs. |
| 5. Ann J. | Nursing | 5/27 | 8 yrs. |
| 6. Kriska B. | Nursing | 5/4 | 7 yrs. |
| 7. Mary M. | Nursing | 5/10 | 2 yrs. |
| 8. Josephine J. | Nursing | 5/16 | 1 yr. |

Don't get all weird about growing older. Our age is merely the number of years the world has had to enjoy us!

Board Members

Wendell G. Baxter

John P. Correrri, Jr.

Anna Mae Roberts

Patricia Scott-Badeker

James Welch

Kimberly Zavrotny

Administrator
Ed Walter

Department Directors

Activities
Jocelyn Silver, ADC

Business Operations
Shaun Thornton

Dietary
Darrick DeBoard Sr.
CDM, CFPP

Environmental Services
And Laundry
Theresa Gebhardt

Facility Operations
Joseph Jones

Human Resources
Diana George

Medical Director

H.S. Sim

Nursing
Cassie Evering, RN

Risk Management
Renata Truant

Social Work
Diane Bruso

Volunteer / Public
Relations
Janet McDonald

Sonny Says

A lot of folks ask me how I meet the people I write about. I really just look about and they are there in my field of vision. I don't search because they are close to me. It is hard to understand, that is why I've said that God puts them in my life. Smack dab in front of me. I'm the kind of guy who stumbles through life , with nothing planned. Just living for the moment, accepting what comes along. I am just putting one foot in front of the other. I give thanks for the things God gives me. I am thankful and grateful. I try to have an open heart and mind to what ever comes along. God has put them in my life. I'm disappointed now and then but as soon as I think for a bit and ask forgiveness, my whole life changes. We have the tools we were promised by Jesus to help us through life.



Happy Mother's Day to all of the beautiful Mother's here at Citizens

**Have a wonderful month,
Sonny**

Vaccinations Are Still Your Best Defense Against COVID 19

If you are not up to date with your vaccinations this is your opportunity to become fully vaccinated. We are having a clinic on Tuesday May24th 10:00am to 12:00pm. If you would like to receive the vaccine please ask your nurse the next time you see her to place your name on the list. If you are not sure you need the booster, she/he can help you with that as well.

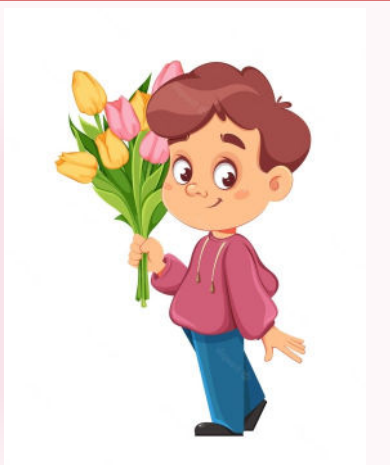
Chit Chat Egg Hunt Game!

So, out of all the guesses made only two people won the Easter egg hunt contest for residents and staff. We had some wild guesses but the correct answer was 85 eggs throughout the whole Chit Chat. Our two winners were both staff members. Diana G. and Dawn I. Each of our winners received a Chocolate Lindt Bunny. Congratulations ladies!



Top 10 Momisms

1. *Why??? Because I said so, that's why!*
2. *I'm going to give you until the count of three!
One.....*
3. *It's all fun and games until someone gets hurt*
4. *I don't know is **Not** the answer!*
5. *I would never have talked to my mother like that.*
6. *I am not running a taxi service!*
7. *If everyone jumped off a cliff would you jump too?*
8. *Someday your face is going to freeze like that!*
9. *This hurts me more than it hurts you!*
10. *Bobby, Suzy, Joe, Fido... whatever your name is....come here!*



Harbor View won the Easter egg hunt and enjoyed a pizza party with their residents on April 26th. Congratulations Harbor View!



*Please plan to join in the fun on
May 5th at 12:00 pm at the
Cinco de Mayo Party in the CR*

*Darrick is making a Taco Bake, we
will play "Pin the Tail" on the Donkey, A
Photo Booth will be available with props to take
pictures for the Chit Chat and there will be a
Pinata to break open. This party is
going to be a lot of fun. You don't want to miss it!*



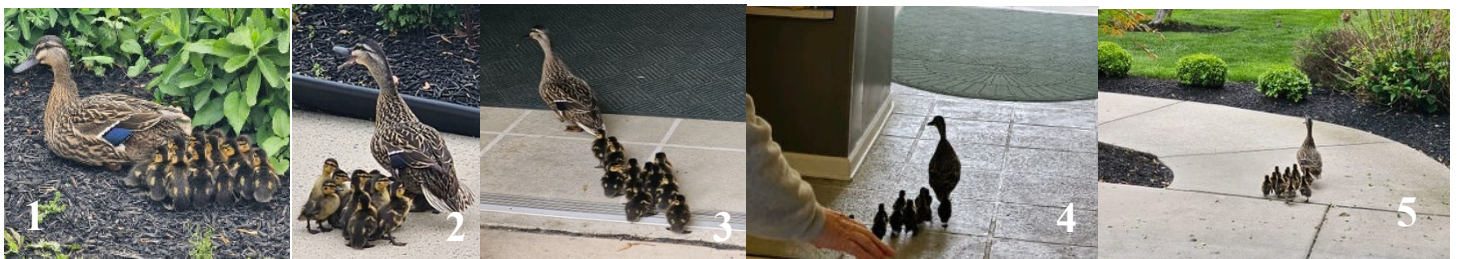
The Chit Chat Staff Editor, Jocelyn Silver, ADC
Additional Support, Janet McDonald

Welcome New Volunteers!



Please take time to welcome this duo when you see them coming down the hall. The “Hooman” is Heather and the new star of the show is Meeko. They join Diane and Rosie visiting our residents on all the units in the evening and weekends. Please take a moment to say thank you to our pet visitors as they make their way through the halls.

Pictured to the left, center are Heather and Meeko, in pink is Dottie loving on Meeko and lastly Maggie is enjoying a visit from Meeko that brought her to tears because Meeko reminded her of her own special pet she loved dearly. Thank you Heather and Meeko for choosing CCRC to visit!



“Born Free” Citizens Style

Right on time for Mother’s Day we had our first set of baby ducks leave the courtyard. As you can see in the #1 picture she and her babies were comfy cozy in the courtyard. With nothing to eat we needed to politely evict them and seeing moms face in picture #2 she wasn’t quite ready to move. But then the CCRC Duck Wranglers gently persuaded her to keep moving into the building and through the foyer. Pictures #3 and #4. Then we say good bye to our little brood in picture #5 as they make their way down to the river. Thanks to our Duck Wranglers, Pam, Dwight, Julie, Jocie, Renata and Act. Julie. We wish our little friends farewell and all the best. Momma Duck, it’s up to you now!

**Kindness begins with the understanding
that we all struggle!**

**Sometimes it takes only one act of kindness
And caring to change a person's life.**

---Jackie Chan

Congratulations Hannah!

We are happy to celebrate with Hannah for passing the Harford Community College CNA course and becoming eligible to sit for the state GNA test. We are proud of your accomplishment and happy to have you with us. Some of the staff joined in with the celebration by providing a cake. Welcome to the CCRC family Hannah.



Lucky Winners for the In-Service Drawings

There were four lucky winners that won the drawing from our Ombudsman Sharon Miller. It was very kind of her to pull two winners each day she was here just for showing up to her "Residents Rights" in-service. The lucky winners were Dwight J., Katina C., Kassandra W., and Tiffany R. they each won a \$25. 00 gift Card. Thank you Sharon for coming and sharing the Residents Rights information with us.

Movie Line Up for May



- 1st, 6:30 pm, Titanic** — Nothing can rival the epic spectacle and breathtaking grandeur of Titanic. The love story that sailed into hearts all over the world.
- 2nd, 2:30 pm, Earth** — An epic story of adventure, starring some of the most magnificent and courageous creatures alive, awaits you in **Earth**.
- 3rd, 6:30 pm, Dear Prudence** — What happens when a TV advice expert vacationing in Wyoming sets out to solve a murder? Watch **Dear Prudence** to see.
- 4th, 2:30 pm, Safari** — Experience nature's jarring feast of beauty, tension and triumph like never before.
- 5th, 6:30 pm, Emma** — Jane Austen's comedy about finding your equal and earning your happy ending is reimagined in this delicious new film adaptation of **Emma**.
- 6th, 4:00 pm, Crazy Rich Asians** — Rachel and Nick go to his best friends wedding in Singapore and meet Nick's family. It's clear that family is crazier than love.
- 7th, 4:00 pm, Meet Me In St. Louis** — Judy Garland stars in a timeless tale of family, captured with warmth and emotion. This is a musical you don't want to miss.
- 8th, 6:30 pm, Jungle Cruise** — Join the cast of this adventure for a rollicking thrill ride down the Amazon river.
- 9th, 2:30 pm, America's National Parks** — Watch about Yosemite and Olympic. Presenting some of the most breathtaking landscapes in the world.
- 10th, 6:30 pm, HATARI** — starring John Wayne, Join these highly skilled professional game hunters in Africa. Only they don't use bullets.
- 11th, 2:30 pm, Engineering Egypt** — Monumental in scale and sophisticated in design, the engineering triumphs of the Egyptians still inspire awe to this day.
- 12th, 6:30pm, HOLIDAY** — Enjoy this enchanting ode to nonconformists and pie in the sky dreamer everywhere, as well as what it means to truly live well.
- 13th, 4:00 pm, Disney's "Frozen"** — Disney animations presents a chilly twist on one of the most humorous and heartwarming stories ever told.
- 14th, 4:00 pm, "CATS"** — A musical extravaganza written by Andrew Lloyd Weber.
- 15th, 6:30 pm, The Birdcage** — This is an updated comedy from a French Play
- 16th, 2:30 pm, The Life of a Twig Eater, The Moose** — From baby thru first year.
- 17th, 6:30 pm, The Beach House** — Sometimes you find love right where you left it.
- 18th, 2:30 pm, The Great British Baking Show** — Learn to bake with the best.
- 19th, 6:30 pm, Mrs. Harris Goes to Paris** — Mrs. Harris, a housecleaner, has her heart set on an original Christian Dior Gown. Watch what she goes thru to get it.
- 20th, 4:00 pm, Marrying Mr. Darcy** — Plans go awry, when marrying the rich.
- 21st, 4:00 pm, Sleepless in Seattle** — Comedy, about two people drawn together.
- 22nd, 6:30 pm, Shag, the movie** — A warm hearted romantic comedy in 1963
- 23rd, 2:30 pm, Blue Planet** — Hypnotic, majestic television at the top of it's game.
- 24th, 6:30 pm, The Never Ending Story** — Brilliant the most fascinating family story since ET.
- 25th, 2:30 pm, We'll Meet Again** — Events that changed the world and people who changed each other.
- 26th, 6:30 pm, Pottersville** — Being mistaken for Bigfoot, turns out to be a problem.
- 27th, 4:00 pm, The Croods (A New Age)** — A prehistoric animation comedy.
- 28th, 4:00 pm, Seven Brides for Seven Brothers** — A musical roaring with vitality.
- 29th, 6:30 pm, Alice** , New twist on Alice in Wonderland.
- 30th, 2:30 pm, The Life of Birds** — Enjoy the beauty of our winged friends.
- 31st, 6:30pm, Under The Tuscan Sun** — Second Chances are Possible



CCRC Celebrates National Nursing Home Week !

Cultivating Kindness In So Many Ways!!!

Come join in the celebration as CCRC puts together a week of fun and food to celebrate our awesome staff and residents.

Monday May 15th, National Pizza and Chocolate Chip Day. The staff will receive pizza and cookies in the cafeteria and residents get cookies for their afternoon snack.

Tuesday May 16th, T-shirt Tuesday (everybody wear their Nursing Home shirt). Residents enjoy a cook out with all the fixings. Live entertainment by Bobby Bassett, staff is visited by Carol Vann to work her magic with Healing Touch. Carol has a very relaxing and calming demeanor that she is able to pass on through Healing Touch. Come down and say Hello to Carol in the relaxation room outside of the therapy room.

(Carol was our DON for 11years!)

Wednesday May 17th, Fast Eddie's, staff Luncheon in the courtyard (weather permitting) also another afternoon with Carol Vann.

Thursday May 18th Residents are Rolling and Strolling at 10:45 am (weather permitting). Dough Slingers Funnel Cakes for staff in the parking lot.

Friday May 19th, Specialty Coffees in the cafeteria beginning at 7:00 am to 10:00 am. Then again from 3:45 pm to 5:00 pm for evening shift.

Egg and Spoon Race and other courtyard games beginning at 2:00 pm in the courtyard. Then at 2:30 pm the Egg Drop contest begins, look for rule sheets just outside the Activity office.

All week long we will play Bingo over the loud speaker and have themed basket raffles. Look for the "Wall of Kindness" in the dining room where residents, family members and co-workers can leave encouraging messages for staff.



Volunteer News



*The most wonderful places to be in this world are:
In someone's thoughts, someone's prayers, and in
someone's heart!*

Thank you to

Young at Heart for their monetary donation for resident Bingo. Theresa Gebhardt, Diane Bruso, Ruth Gebhardt and Barbara Morrison for gift shop donations. Betty Walter for sorting and organizing greeting cards for gift shop. Curtis Epps for providing church services each Wednesday and spiritual room visits for those that can't leave their rooms. Rick and Tina Ashman for donations of TY collectibles to the gift shop and the beautiful card and candy for Bay Lane staff at Easter. Dianne and Rosie for the pet visits to the units and resident during the month of April. Volunteers Barbara Bryant and George Dorbert for all your assistance with the resident activities, one on one room visits and everything else you do while at Citizens

The Return of Junior Volunteers

CCRC is now accepting applications for the Junior Volunteer Program for 14-18 years of age. Applicants must be COVID vaccinated and must submit copy of card. Once accepted individuals must complete a scheduled orientation at the facility. Junior volunteers will be provided a schedule for days & times.

Beauty Shop/Salon Services

When requesting services please call Barbara, our beautician at #2162 or Janet McDonald at 410-942-2112. Gift certificates for Mother's Day, birthday or just because can be purchased at the Business Office.

Volunteer Opportunities

Volunteers continue to be needed to assist the activity department staff. Volunteers must be registered and must complete a background check and meet all COVID 19 protocols. Orientation is provided.

Gift Shop Attendant:

Days and Hours are flexible to meet your schedule.

For more information or questions about volunteer opportunities and services or COVID 19 protocols contact Janet McDonald at 410-939-2112.

Two little old ladies were attending a rather long church service. One leaned over and whispered to her companion "my butt is going to sleep." "I know" replied her companion "I heard it snoring three times!"

***AH KINDNESS, what a simple way to tell another struggling soul
that there is love to be found in the world.***

A.A. Malee

Up Coming Events You Won't Want to Miss in May

May

- 1st 6:00 pm Dianne and Rosie do room visits in the evening***
- 4th 10:45 am Rolling and Strolling to the park. Space is limited.***
- 5th 12:00 pm Cinco de Maya Party and Luncheon***
- 10th 2:00 pm Silver Reader Van Books will be picked up earlier in the week. If you have any requests please make someone in activities aware.***
- 11th 10:45 am Gourmet Galley Luncheon***
- 12th 2:00 pm Catholic Mass***
- 13th 10:00 am to 12:00 pm Heather and Meeko Pet Visits throughout***
- 14th HAPPY MOTHER'S DAY!***
- 15th 6:00 pm Dianne and Rosie do room visits in the evening***
- 16th 12:00 pm First Cook-Out of the Season in the Courtyard.***
- 18th 10:45 am Rolling and Strolling to the park. Space is limited.***
- 19th 2:30 pm The Egg Drop Contest for the staff. Come and Watch the fun!***
- 23rd 2:30 pm Spring Painting Craft activity in CR***
- 25th 10:45 am Gourmet Galley Luncheon***
- 26th 2:30 pm Resident Council Meeting. Bring all your good ideas.***
- 29th MEMORIAL DAY, Coffee and Donut Holes in the AM***



Telephone Assurance Program
(T.A.P.) is a free service provided by
Citizens Care and Rehabilitation
Center and a volunteer who makes the
daily person to person telephone calls to
individuals who live alone or have
medical problems but wish to remain at
home. A volunteer with T.A.P. checks on
the well-being of the participant daily.
T.A.P. operates seven days a week, 9:00
am-11:00 am. All information received
by T.A.P. is kept confidential. If inter-
ested in this free service in Harford
County
contact Janet McDonald at
410-942-2112.

**Citizens Care and
Rehabilitation Center
is on Facebook!**



Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.