Citizens Care Address: 415 Market St. Havre de Grace, MD 21078

Phone: 410-939-5500 Fax # 410-939-3471

Points of interest in this issue:

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Chit Chat

Volume 51 & 52 — Issue January/February 2023

Santa Visited Our Residents



Stephanie and Hope trying to convince Santa good all year!



Dondrea sporting her elf outfit with Santa



Brittany giving her Christmas

wishes to Santa

Denise,

our "ELF"

showing off her

ugly Xmas

Resident Council News!

Santa came to visit, and keeping it green he brought his battery operated sleigh to run up and down our halls. Our own Joe J. the Maintenance Supervisor was the mastermind behind the homemade hybrid. Then if that wasn't enough Joe stepped up and played Santa so our elves could pass out the gifts that Resident Council so generously purchased for each resident. Thank you to all the council members who unanimously voted yes to make this happen. Pam the Asst. Act. Dir. portrayed Mrs. Claus and Denise was the elf helping to pass out all of the gifts. Thank you all who helped wrapping the gifts. It took "team work" to pull off this big celebration. Thank you to everyone!

Smile...it is the key that fits everybody's heart!



Happy Be-lated—Birthday Residents



Clinton C.	1/1
Lily G.	1/3
David F.	1/11
Thelma D.	1/13
Jean P.	1/15
Carolyn M.	1/15
Vivian F.	1/20

Staff January Birthdays

1. Mary D .	Jan. 2	Nursing
2. Wanda L.	Jan. 2	Nursing
3. Irene T.	Jan. 3	Nursing
4. Brianna H.	Jan. 5	Nursing
5. Dora A.	Jan. 13	Nursing
6. Shanel G.	Jan. 13	Nursing
7. Hi S.	Jan. 14	Med. Dir.
8. Joyce K.	Jan 15	Nursing
9. Holly W.	Jan 16	Nursing
10. Cynthia A.	Jan 22	Acct. Admin.
11. Donna S.	Jan25	Security
12. Dawn E.	Jan 26	Accounting

Staff Anniversaries

1. Brenda J.	Nursing	1/11	28 yrs.
2. Alexander H.	Dietary	1/12	19 yrs.
3. Marylyn Z.	Dietary	1/3	18 yrs.
4. Diana G.	Other Admin.	1/23	15 yrs.
5. Katelin B.	Nursing	1/27	7 yrs.
6. Shantell C.	Nursing	1/3	5 yrs.
7. Rosemary A.	Nursing	1/3	5 yrs.
8. Shelia K.	Nursing	1/17	4 yrs.
9. Mamie B.	EVS	1/8	3 yrs.
10.Shanel G.	Nursing	1/12	2 yrs.

A smile is the facelift that is in everybody's price range!

At Your Service

Board of Directors Chairperson T. Joyce Jordan

Members

Wendell G. Baxter Curtis Beulah John P. Correri, Jr.

Anna Mae Roberts
Patricia Scott-Badeker
James Welch
Kimberly Zavrotny

Administrator Ed Walter

Department Directors

<u>Activities</u> Jocelyn Silver, ADC

Business Operations Shaun Thornton

<u>Dietary</u> Darrick DeBoard Sr. CDM, CFPP

Environmental Services
And Laundry
Theresa Gebhardt

Facility Operations
Joseph Jones

<u>Human Resources</u> Diana George

Medical Director H.S. Sim

Nursing Cassie Evering, RN

> Social Work Diane Bruso

Volunteer / Public <u>Relations</u> Janet McDonald

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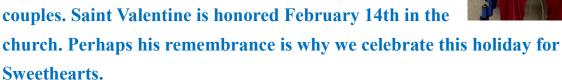
Happy New Year!!! Looks like we gave each other COVID. I was not feeling to poorly but the solitary rooms were a bit depressing. The room was painted blue. If you didn't care for the color blue You were out of luck because you were stuck with 24/7. I am accustomed to all the wonderful

technology in my room including my large screen TV. So needless to say I was very anxious to return to Harbor View to get back to everything that makes my life easier. I think having to spend Christmas in a blue room in isolation was the worst. The staff was good to us and were up beat. Thank you to all the staff for making the best of a bad situation.

One thing I really loved was the remote control with the speaker in the handle. That was great. Thank you all for being my friends in 2022! Let us pray that 2023 is a great year. I will remember everyone in my daily prayers. Sonny

Valentine's Day is a day in which we come together with the special people in our life. We show our love by giving flowers, candy or cards.

The real origin of Valentine's Day is uncertain. Many people trace the origin of Valentine's Day to Saint Valentine. He was known for marrying many young couples. Saint Valentine is honored February 14th in the



Regardless the origin of the day, many people celebrate the day by buying special gifts for their sweetheart. Some of the simplest gifts may show the most love.

In my life, the Valentine's Day that stands out the most is the year I was given a handwritten heartfelt letter. To this day it remains my most treasured gift.

However you choose to honor your special day. I hope you have many happy memories. Kathleen

M S. W R U B E L R E M I N I C E S



Please Welcome...



Brittney Harrison... Is our new Assistant Director of Nursing and comes to us with nursing and managerial experience. She has two handsome boys one 10 and one 15. Brittney is from Philadelphia and an Eagles fan so we know who she is rooting for to win the Super Bowl.



Ed Walter... is the new Administrator at Citizens. He comes to us from Lorien of Bel Air. He has had many years experience being an Administrator. A "fun fact" about Ed is that his first job as a teenager was at Citizens in the kitchen. It was there that he decided to go to school to become an Administrator. Ed and his wife have three children. We are glad that Ed decided to come full circle and join the Citizens team again.





Shaun Thornton has accepted the position of Director of Operations. He comes to us with a financial background in a hospital setting. Shaun has two children one boy and one girl. He and his wife and children reside in North East MD. Shaun says that he is grateful for his drive to work of 15 to 20 minutes. His drive was over an hour one way for the job he just left.

When you see any of these people in the hallway take a moment to say hello and introduce your selves. We are glad they have chosen Citizens to work and we welcome them into our work family.

Congratulations January 2023 Employees Being Recognized for Years of Service

From Left to Right...
Diana G.
Celebrating 15 years
Rosemary A.
Celebrating 5 years.
Shantell C.
Celebrating 5 years



The Chit Chat Staff Editor, Jocelyn Silver, ADC

Additional Support, Janet McDonald

The Legend Retires After 47 Years

On January 20th we gave our Administrator Pete a send off we hope he will remember. Here are just a few of the highlights in pictures.



Happy Retirement Pete,

Never underestimate the difference you made and the lives you touched during your time as Administrator at Citizens Care and Rehabilitation Center. Enjoy the next chapter in your life!!!



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Speeches were given by Darrick, Cassie and Jocie



Pete opening his gifts given by the management team.

Pete, and his management team from left to right. Darrick, Diana, Chairwoman Joyce, Cassie, Janet, Diane, Jocie and on the front row Theresa, Pete and Julie





Joyce and Janet getting ready to enjoy the delicious Luncheon given by the Guild.

Saying Good Bye to a Good Friend and Boss!



Upper Row, Right to Left—Pam, Denise, Nohelia, Sylvia, Vol. Curtis, Lower Row, Bonface, Dondrea, Erica, Brittany, Christi, Catherine and Irene. Of course Pete is in all the pictures sporting his "The Legend has Retired" T-shirt. Thank you Pete for all you have done for your staff and the facility.









January 20th will forever be Pete Panos Day!





Happy February Birthday Residents

Laura S.	2/4
Judith A.	2/8
Yolanda G.	2/10
Evaline H.	2/11
Karen W.	2/12
June Y.	2/16
Savannah Mc.	2/18
Irene R.	2/21
Alan C.	2/28

Staff February Birthdays

	or war y bearing	
Taylor A.	Other Admin.	2/4
Peggy W.	Nursing	2/4
Janet M.	Other Admin.	2/5
Gloria E.	Dietary	2/6
Mary M.	Nursing	2/7
Christine F.	Nursing	2/11
Regina S.	Dietary	2/14
DJ D.	Other Admin.	2/18
Christie K.	Dietary	2/20
Jaimie J.	Nursing	2/22
Sherry J.	Security	2/22
Charlie S.	Dietary	2/22
Theresa G.	EVS	2/24
Alex H.	Dietary	2/26
Laura G.	Nursing	2/28
Marthalyn K.	Nursing	2/28



Staff Anniversaries

JJ			
Sylvia S.	Nur.	2/26	32 yrs.
Catherine K.	Nur.	2/4	17 yrs.
Agatha M.	Nur.	2/1	12 yrs.
Bonface N.	Nur.	2/1	12 yrs.
Diana U.	Nur.	2/22	11 yrs.
Shaleigh B.	Nur.	2/28	9 yrs.
Pamela R.	Act.	2/10	9 yrs.
Ruth C.	Nur.	2/6	4 yrs.
Tiffany L.	Nur.	2/17	2 yrs.
-			



Attention all Residents and Staff

Valentines Day Parties On Each Unit Tuesday February 14th.



Residents and Staff are both invited to share in the fun. Refreshments will be Served!

Movie Line Up for February



<u>February</u>

1st at 6:30 pm, <u>The Green Book</u>... A film inspired by true friendship that transcended race. A world class Black pianist, on a concert tour from Manhattan to the deep south, They must rely on "The Green Book" to guide them.

2nd at 2:30 pm, *Moonshot*... Relive the breathtaking story of Apollo 11.

3rd at 6:30 pm, <u>*Dr. No...*</u>OO7 is back in the film that launched the James Bond Saga. Watch as 007 battles Dr. No a genius bent on destroying the space program.

4th at 4:00 pm, *Top Hat*, starring Fred Astaire and Ginger Rogers.

5th at 4:00 pm, *Pickle People...* It's not Grandma's Money they are after it's her Pickle recipe. Watch this comedy about the lengths her grandson will go to get it.

6th at 6:30 pm, <u>Madagascar 3</u>... a hilarious animated movie about zoo animals. 7th at 2:30 pm, World's Toughest Fixes, Documentary about some of the most daunting repair jobs imaginable.

8th at 6:30 pm, Show Dogs... watch as this unlikely group of pampered pooches go undercover with a real K-9 officer and a detective. The world's most excusive dog show will never be the same.

9th at 2:30 pm, Submarine... The most advanced attack submarine in history.

10th at 6:30 pm, *Iron Man 3...* Does the man make the suit or does the suit make the man. Some how Iron Man must protect those that he loves.

11th at 4:00 pm, *Instant Family...* an adorable family comedy for everyone.

12th at 4:00 pm, <u>GI Blues...</u> starring Elvis. A singing GI that can't wait to get home to open his own night club.

13th at 6:30 pm, *Flicka 2...* A beloved family adventure continues!

14th at 2:30 pm, The Brooklyn Bridge, learn about this granite and steel structure.

15th at 6:30 pm, <u>Puss in Boots...</u> funny cat, lover, fighter and outlaw in big boots.

16th at 2:30 pm, <u>Cat and Dog Tales...</u> the difference between cats and dogs.

17th at 6:30 pm, Paris Can Wait... A delicious romantic Bon Bon!

18th at 4:00 pm, *The Reckoning...* A young woman finds herself enjoying her Affluent life in the secular world after being shunned by her Amish township.

19th at 4:00 pm, <u>Milton's Secret...</u> Milton learns from his Grandfather who comes to visit he learns the true secret of happiness by living life in the now.

20th at 6:30 pm, Million Dollar Arm... Based on a true story about baseball.

21st 2:30 pm, *Visions of Nature...* Wilderness Video allows the camera to tell it's through panoramic color video with complementary music and nature sounds.

22nd at 6:30 pm, *The Lost City...* Sandra Bullock and Channing Tatum have dynamite chemistry in this laugh out loud comedy.

23rd at 2:30 pm, *The Speed of Life...* Observe and appreciate some of the most stunning feats of nature.

24th 6:30 pm, Pride, shows how an ordinary man can do something extraordinary.

25th 4:00 pm, *Love at Sea...* Event Planner and Cruise Director have a hard time seeing eye to eye.

26th 4:00 pm, *God Bless the Broken Road...* this story of a young widow raising a child on her own shows the importance of friends and family in their lives.

27th 6:30 pm, *Madame...* A charming romantic comedy with a twist.

28th 2:30 pm, *Operation Bridge Rescue...* Rebuilding the Blenheim Bridge.



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These employees were recognized in 2022 for Years of Service!

45 Years... Janet our Director of Volunteer Services has held many positions since she began her career at CCRC. She is an integral part of Citizens and we are glad she chose us as her life long career!



Fun Fact...

Denice and Janice were students together in the same Nursing Assistant Class at Citizens 30 years ago. Both ladies have grown and excelled at CCRC.

Congratulations to each and everyone of our shining stars!























10 Years... Diana, Josette, & Irene (not pic.)

15 Years... Chris, Dondrea & Dora (not pic.)













5 Years... Charlie, Kaitlyn, Ronnika, Sherry & Cierra (not pic.)

Did you know...all snowflakes have six sides or arms to them and... that no two snowflakes are the same!



Volunteer News



Have you brought a smile to someone's face today? Why not try it and feel the difference in your own life!

Thank you to Young at Heart for their monetary donation for resident Bingo and Diana G. for gift shop donations.

Welcome to our new additions to the volunteer/activity department:

<u>Marie M.</u> Marie will be volunteering on Tidewater Cove 10am-2pm on Thursdays and Fridays helping with activities and hospitality.

<u>Dianne B.</u> and Rosie: Dianne will be visiting with her dog Rosie on Bay Lane and Harborview units every other week 6pm—8pm Mon. or Tues. Dianne and Rosie went through orientation and of course Rosie was a big hit with the residents.

Kamau N. Kamau will be starting off with our volunteer Curtis E. and assisting him with room visits, prayer and church services helping to serve our residents.

Barbara P. Welcome St. Patrick volunteers. They come to us from St. Patrick Catholic church in Havre de Grace. Barbara will be doing room visits, prayer services, communion and assisting our activity staff with special activities and parties. It is so good to have this group back serving our residents spiritual needs.

Volunteer Opportunities

Volunteers continue to be needed to assist the activity department staff. Volunteers must be registered and must complete a background check and meet all COVID 19 protocols. Orientation is provided.

Gift Shop Attendant: Days and Hours are flexible to meet your schedule. For more information or questions about opportunities, volunteer services or COVID 19 protocols contact

Janet McDonald at 410-939-2112.

The History of Ground Hog Day

On February 2, 1887, Groundhog Day, featuring a rodent meteorologist, is celebrated for the first time at Gobbler's Knob in Punxsutawney, Pennsylvania. According to tradition, if a groundhog comes out of its hole on this day and sees its shadow, it gets scared and runs back into its burrow, predicting six more weeks of winter weather; no shadow means an early spring.

Groundhog Day has its roots in the ancient Christian tradition of <u>Candlemas</u>, when clergy would bless and distribute candles needed for winter. The candles represented how long and cold the winter would be. Germans expanded on this concept by selecting an animal—the hedgehog—as a means of predicting weather. Once they same to America. Corman settler

predicting weather. Once they came to America, German settlers in Pennsylvania continued the tradition, although they switched from hedgehogs to groundhogs, which were plentiful in the Keystone State.



A simple smile. That's the start of opening your heart and being compassionate to others!



Remembering Mr. Robert "Bob" Greene

It is with great sadness that we say good bye to Mr. Bob Greene. He was a kind man and such an asset to both Citizens Care Center and to the city of Havre de Grace.

We will miss him and the contributions he made to help make Citizens a better place to live for all its residents. Rest in Peace dear friend.

Harford County Library, is coming back Wednesday, February 15th
All books will be picked up the day before.

Telephone Assurance Program
(T.A.P.) is a free service provided
by Citizens Care and Rehabilitation

Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact

Janet McDonald at 410-942-2112.

Citizens Care and Rehabilitation Center is on Facebook!





<u>Notice</u>

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.