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*Points of interest
in this issue:*

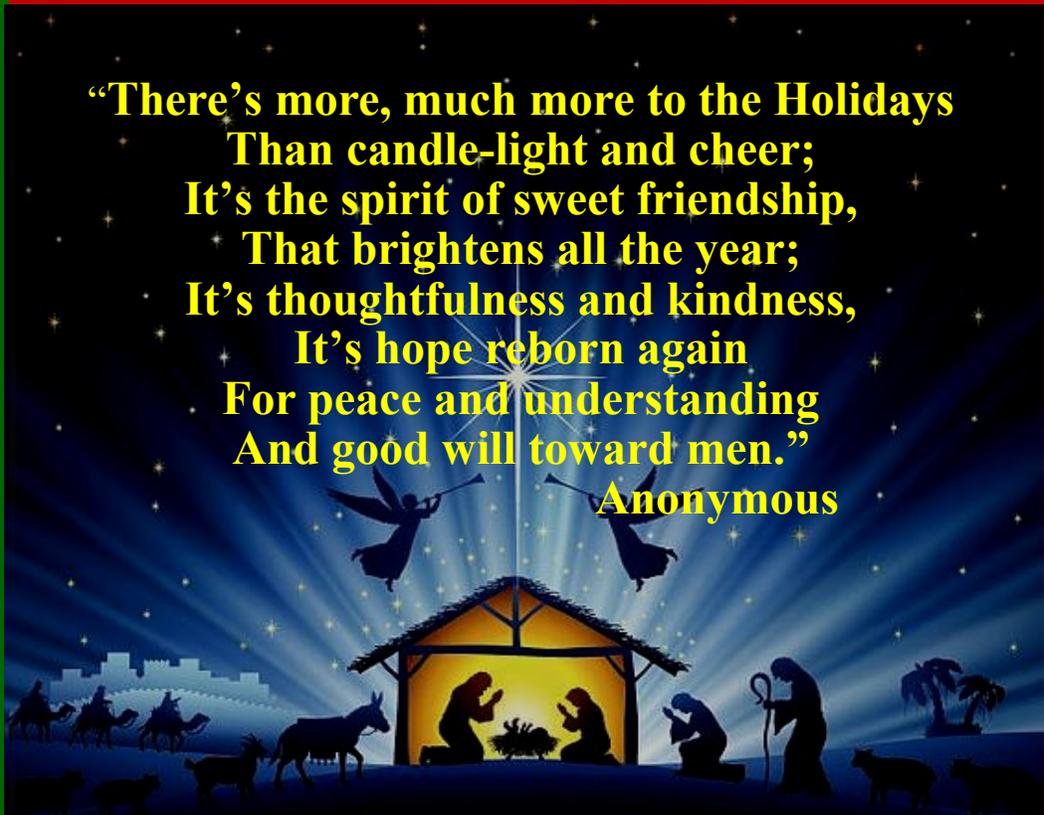
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Chit Chat

Volume 50— Issue December 2022

**“There’s more, much more to the Holidays
Than candle-light and cheer;
It’s the spirit of sweet friendship,
That brightens all the year;
It’s thoughtfulness and kindness,
It’s hope reborn again
For peace and understanding
And good will toward men.”**

Anonymous



Merry Christmas

**HAPPY
Hanukkah**

*May God
bless your
family and
friends with
health, wealth
and happiness.*



Whatever holiday you may be
celebrating, may your time with your families
and friends be joyful.
Happy Holidays Everyone!

Happy Birthday Residents



<i>Catherine N.</i>	<i>Dec. 2nd</i>
<i>Virginia J.</i>	<i>Dec. 4th</i>
<i>Willie J.</i>	<i>Dec. 5th</i>
<i>Mable W.</i>	<i>Dec. 5th</i>
<i>Virginia P.</i>	<i>Dec. 13th</i>
<i>Mary B.</i>	<i>Dec. 16th</i>
<i>Rebekah L.</i>	<i>Dec. 25th</i>

Staff Birthdays

<i>1. Kimberly M.</i>	<i>Dietary</i>	<i>December 3</i>
<i>1. Jin L.</i>	<i>Nursing</i>	<i>December 6</i>
<i>2. Bethany O.</i>	<i>EVS</i>	<i>December 8</i>
<i>3. Diana U.</i>	<i>Nursing</i>	<i>December 9</i>
<i>4. Anna B.</i>	<i>Nursing</i>	<i>December 10</i>
<i>5. Marie J.</i>	<i>Nursing</i>	<i>December 10</i>
<i>6. Jocelyn S.</i>	<i>Activities</i>	<i>December 11</i>
<i>7. Janice A.</i>	<i>Nursing</i>	<i>December 15</i>
<i>8. Sylvia S.</i>	<i>Nursing</i>	<i>December 19</i>
<i>9. Angela G.</i>	<i>Nursing</i>	<i>December 24</i>
<i>10. Sherry V.</i>	<i>Dietary</i>	<i>December 24</i>
<i>11. Hyein K.</i>	<i>Dietary</i>	<i>December 30</i>
<i>12. Hezron N.</i>	<i>Nursing</i>	<i>December 31</i>

Staff Anniversaries

<i>1. Beatrice J.</i>	<i>Nursing</i>	<i>Dec. 13th</i>	<i>23 yrs.</i>
<i>2. Erica W.</i>	<i>Nursing Admin.</i>	<i>Dec. 27th</i>	<i>23 yrs.</i>
<i>3. Sharon W.</i>	<i>Nursing</i>	<i>Dec. 10th</i>	<i>21 yrs.</i>
<i>4. Margaret W.</i>	<i>Nursing</i>	<i>Dec. 27th</i>	<i>18 yrs.</i>
<i>5. Katina C.</i>	<i>EVS</i>	<i>Dec. 5th</i>	<i>11 yrs.</i>
<i>6. Raymond E.</i>	<i>Maintenance</i>	<i>Dec. 4th</i>	<i>9 yrs.</i>
<i>7. Dawn E.</i>	<i>Accounting</i>	<i>Dec. 10th</i>	<i>8 yrs.</i>
<i>8. Holly W.</i>	<i>Nursing</i>	<i>Dec. 30th</i>	<i>7 yrs.</i>
<i>9. Mia M.</i>	<i>Nursing</i>	<i>Dec. 18th</i>	<i>4 yrs.</i>
<i>10. Chris A.</i>	<i>Accounting</i>	<i>Dec. 19th</i>	<i>4 yrs.</i>
<i>11. Stephanie F.</i>	<i>Nursing</i>	<i>Dec. 7th</i>	<i>1 yr.</i>
<i>12. Denise R.</i>	<i>Nursing</i>	<i>Dec. 29th</i>	<i>1 yr.</i>

Aging is just another word for living!

It's important to have a twinkle in your wrinkle!

At Your Service

Board of Directors
Chairperson
T. Joyce Jordan

Members

Wendell G. Baxter
Curtis Beulah
John P. Correr, Jr.
Bob Greene

Anna Mae Roberts

Patricia Scott-Badeker

James Welch

Kimberly Zavrotny

Administrator

Peter A. Panos

Department Directors

Activities

Jocelyn Silver, ADC

Business Operations

Cindy Quimby

Dietary

Darrick DeBoard Sr.
CDM, CFPP

Environmental Services

And Laundry

Theresa Gebhardt

Facility Operations

Joseph Jones

Human Resources

Diana George

Medical Director

H.S. Sim

Nursing

Cassie Evering, RN

Risk Management

B J Magness, RN

Social Work

Diane Bruso

Volunteer / Public

Relations

Janet McDonald



Wow, another year almost past. My Lord's birthday is here again.

I want to tell you about a GNA I met this past year. She tells me all about her 5 year old grandson and the things they do together. I am so jealous of her relationship with him.

God has blessed me with five great grand children. But, with COVID and other life problems, I've only seen one great grand child. When my grand children were little I would baby sit them. They loved going to the small petting zoos. It was so good being with them and seeing the experience from a child's eyes. When I lived with my daughter and the children, my life was complete. Unfortunately I have not seen them since I moved to Citizens in Havre de Grace. Life just gets in the way.

Now back to my friend and her grandson. She beams when she tells me about him. She loves going to all his different activities. I feel so good when she shares the stories about their time together and the fun things they do. Listening to her fills my heart with joy. I can close my eyes and see in my mind the fun they are having together. She really makes my day. The look on her face is priceless. Her expression starts to change as soon as she mentions him. This holiday season I wish for all of you to have a friend that will share the joy of life with you. I thank God everyday for my life. Here is hoping you a heart full of love for 2023.

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Holiday Trivia

Answers

1. How many days is Hanukkah celebrated?
2. What was the miracle Hanukkah represents?
3. What is the reason Christmas is celebrated?
4. What year was Kwanzaa first celebrated?
5. How many children were at the first Kwanzaa celebration?
6. Who were Jesus's parents?

1. 8
2. The oil lasting
3. 8 days.
4. It celebrates
4. Jesus' birthday
4. 1966
5. 7
6. Joseph and Mary

Holiday lights should be festive, while at the same time NOT encouraging airplanes to land in your driveway!

Other Celebrations during the Holiday Season

History Behind Hanukkah

Hanukkah celebrates the rededication of the second temple in Jerusalem.

Legend says that when a leader outlawed Judaism back then, a group of followers revolted. It became known as the Maccabean Revolt. The

rededication of the second

where the holiday gets its

Hanukkah means

burn a candelabra for

rededicate their temple.

burn the candle for one



Temple in Jerusalem. That's

name. In Hebrew,

"dedication". They needed to

eight days straight in order to

They only had enough oil to

night. But miraculously, the

oil lasted 8 days, long enough for them to reclaim the temple. And that is why

Hanukkah is celebrated for 8 days in remembrance of the 8 day oil miracle.

History of Kwanzaa

Kwanzaa was created in the 1960's and the first celebration was 1966. Maulana Karenga, a Black nationalist who later became a college professor, created Kwanzaa as a way of uniting and empowering the African American community. Having modeled his holiday on traditional African harvest festivals, he took the name "Kwanzaa" from the Swahili phrase "matunda ya kwanza," which means "first Fruits." The extra "a" was added He said, "simply to accommodate seven children at the first Kwanzaa celebration" in 1966, each of whom wanted a letter to represent their name.



The Chit Chat Staff Editor, Jocelyn Silver, ADC
Additional Support, Janet McDonald

Opening The Doors at Citizens

As the doors are slowly opening and more people are allowed in the facility you will begin to see more entertainment and Church services on the calendar. Here we have our own Curtis E. in the dining room preaching the Baptist Believers service. Thank you Curtis.



A few residents from Bay Lane enjoyed pumpkin pie making and lunch in the Chesapeake Room for the first time since COVID. We hope that more residents from the other units will come to the dining room to eat. Look for the times on the calendar.

Resident Council Raffle, a Huge Success... Thank You!

Resident Council Raffle winners were selected by our own Karen W. on Bay Lane. Two family members had a Happier Thanksgiving due to their winnings. Resident Council did well by surpassing their goal of \$3000.00. Special thanks go to all those who purchased tickets and gave donations. The resident's Christmas morning will be brighter .



I am not an early bird, I am not a night owl... I am some form of a permanently exhausted pigeon!

Citizens Celebrates the Holiday Season



The Holiday season is celebrated all over the world and here at Citizens Care Center it is no different. We are opening up our dining room to those families who would like to come and spend Christmas with their loved ones. Children (under the age of 18) are also welcome to come and spend the holiday season with their grand-parents. Please call Jocelyn Silver for your reservations at 410-942-2126, seating is limited but we will try to accommodate as many as we can even if we have to plan meals in shifts.

All food, serving utensils, beverages, paper products and cutlery must be provided by the family. Citizens will provide the room, decorations, tables and chairs and ice for your celebration. We hope to hear from you in the near future to plan your family celebration.

History of Christmas and the way we Celebrate it...

Christmas is celebrated on December 25 and is both a sacred and religious holiday and a worldwide cultural and commercial phenomenon. Christians celebrate Christmas Day as the anniversary of the birth of Jesus. Popular customs include exchanging gifts, decorating Christmas trees, attending church, sharing meals with family and friends and, of course, waiting for Santa Claus to arrive. December 25—Christmas Day—has been a federal holiday in the United States since 1870.

Santa arrived on the scene in 1822, when an Episcopal minister Clement C. Moore wrote a Christmas poem called “An Account of a Visit from St. Nicholas,” more popularly known today by it’s first line: “’Twas The Night Before Christmas.” The poem depicted Santa Claus as a jolly man who flies from home to home on a sled driven by reindeer and delivers toys to all children.



Movie Line Up for December

December

- 1st, 2:30 pm — Docudrama, Britannica. The Titanic's sister ship.
- 2nd, 6:30 pm — Willow. A timeless fantasy tale with a small hero
- 3rd, 4:00 pm — Sweet Nothing In My Ear. Is an operation for a deaf child worth the risks. Two parents have to decide.
- 4th, 4:00 pm — The Christmas Candle. Can a candle touched by an angel grant someone a Christmas wish? Watch and see.
- 5th, 6:30 pm— Disney's Wrinkle in Time. This film follows a girl's epic adventure and brave journey home. Fantasy.
- 6th, 2:30 pm — Musical documentary, Celtic Thunder, the Legacy.
- 7th, 6:30 pm — Robin Hood, In an age of oppression and shameless tyranny, an outlaw becomes the unlikely hero that saves a nation.
- 8th, 2:30 pm — Documentary, Apollo Eight's Daring Moon Mission.
- 9th, 6:30 pm — The Post. A true story is about holding up Civil liberties.
- 10th, 4:00 pm — Miracle on 34th St. starring Natalie Wood
- 11th, 4:00 pm — Unbroken Path to Redemption. A true story.
- 12th, 6:30 pm — A Christmas Carol, 1938 version
- 13th, 2:30 pm — Documentary, Holocaust survivor Ella Blumenthal, in I Am Here. At 98 she reveals incredible survival as never before told.
- 14th, 6:30 pm — One Special Night. Two strangers take refuge in a little cabin during a stormy winter night and the sparks fly.
- 15th, 2:30 pm — Documentary, Last B-24 in 1944 she went down in 2010 this is the story of discovery and identification of the remains.
- 16th, 6:30 pm — A Xmas Story, The little boy wants a bee bee gun for Xmas and everyone tells the boy he will get hurt with it. Comedy
- 17th, 4:00 pm — Dog Days, Romantic comedy
- 18th, 4:00 pm — Disney's The Nutcracker, in the Four Realms
- 19th, 6:30 pm — Producers, This film delivers belly laughs and fun.
- 20th, 2:30 pm — Documentary, I'm Just Me, Life of Charlie Pride,
- 21st, 6:30 pm — Christmas in Connecticut, Barbara Stanwyck stars.
- 22nd, 2:30 pm — Documentary, They Survived Together, a family escapes.
- 23rd, 6:30 pm — A Dog For Christmas, It's the season of miracles.
- 24th, 4:00 pm — It's a Wonderful Life, starring Jimmy Stewart
- 25th, 4:00 pm — Bingo Crosby's White Christmas
- 26th, 6:30 pm — A Walk in the Woods, profound w/beautiful scenery.
- 27th, 2:30 pm — Documentary, The Richmond Rosies, builders of ships.
- 28th, 6:30 pm — The Unsinkable Molly Brown, stars Debbie Reynolds
- 29th, 2:30 pm — Documentary, Rivers of Life, Amazon, Nile & Mississippi
- 30th, 6:30 pm — Forever My Girl, Country music star leaves his girl at the alter, can he find his way back?
- 31st, 4:00 pm — Madame, Clever satirical..., comedy with a twist

Surprising Facts

About your City, Havre de Grace, MD

Ice Harvesting on the Susquehanna

The irregularities of temperature made the timing of the ice gathering an uncertain activity. The ice had to be about six inches thick to support the weight of a mule or horse. Occasionally a sustained period of cold weather did not occur to produce this condition. Also the ice might have frozen to a desired thickness but could be covered with snow that had to be removed first. This could be done with a horse pulling a snow plow guided by a man with another individual leading the animal. Using an ice axe that had a long blade, a hole was chopped through the ice and a whip saw was inserted cutting the ice into blocks about two feet by two feet. With ice 8 inches thick this would produce a block equaling 2.67 cubic feet and weighing about 150 lbs. that was a manageable weight. The blocks would be stored underground with straw for insulation to keep it from melting throughout the year. Then they would deliver the ice blocks year round to the homes of the people with ice boxes. Aren't you glad you had a refrigerator in your house that didn't need ice? Maybe you remember some of your Moms and Dads having an ice box. Maybe it was your job as youngster to empty the pan that caught the dripping water under the icebox. Those were the good old days!

This article came from Heavy Industries of Yesteryear, Harford County's Rural Heritage by: Jack L. Shagena, Jr. and Henry C. Peden, Jr.



Care begins with
compassion.



Volunteer News

“You make a living by what you get. You make a life by what you give.”

Thanks

Thank you to Theresa Gebhardt, Diane Brusco, Dawn Eliadis and Mamie Baldwin for donations to the gift shop that helps to pay for the Bingo Quarters. Also Tina and Rick Ashmun for stuffed animals as prizes and gifts to our residents.

Because of the donations to the Citizens Gift Shop and the Young at Heart donations we are able to keep up with the monetary bingo prizes given each week. Citizens is grateful for these friends that continue to give so freely.

Volunteer Opportunities

Volunteers are needed to assist the activity department staff with resident bingo, 2:30 pm. on designated week days.

Volunteers must be registered and must complete a background check and meet all COVID 19 protocols. Orientation is provided.

Gift Shop Attendant: Days and Hours are flexible to meet your schedule. For more information or questions about opportunities, volunteer services or COVID 19 protocols contact

Janet McDonald at 410-939-2112.

The Spirit Of The Holidays Is Giving

Pam Richardson donated a Holiday Grinch Wreath to our resident Betty on Bay Lane. The Grinch is one of her favorite things about the Holidays because she remembers reading the Dr. Seuss book to her grandchildren. Thank you Pam for bringing back such a happy memory to this resident. Our family is alive and well here.



The intelligent way to be selfish is to work for the wellbeing of others.
You always gain more than you give!



Wrinkles mean you laughed a lot, Gray hair means you cared and Scars mean you lived life fully!

Special Activities in December

On Friday December 2nd at 1:00 pm HV and 1:30 pm BL a new activity is being presented by our Catholic friends. Advent service in each dayroom. This will continue all month each Friday.

On Friday December 2nd look for "Cowboy Joe" to come and be with you on the units. Doing Magic Tricks and Making Balloon Animals.

On December 5th at 2:30 pm on HV and 3:45 pm on BL, activity staff will fill out Christmas Cards for your loved ones and friends. You must have the addresses available to be copied.

Look to the 13th and the 19th for making Gingerbread Houses in the dayrooms.

On Friday the 16th at 3:00 pm in the Chesapeake Room, carolers, poem readers and story tellers will entertain you.



Harford County Library, is coming back Wednesday, December 14th. All books will be picked up the day before.

Telephone Assurance Program
(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112.

Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.

❄️ LET IT
Snow! ❄️
SOMEWHERE ELSE